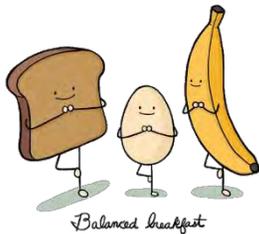

What Makes a Meal?

This program allows us to serve all members of the community that are under 18 and under.



Meal Pattern Requirements

Breakfast & Lunch

Breakfast (3 components required)

- 1 cup fluid milk
- ½ c juice, fruit, vegetable
- 1 grain

Lunch (4 components required)

- 1 cup fluid milk
- ¾ c juice/fruit, vegetable
- 1 grain
- 1 protein

Contact Information

Thank you for your support and cooperation. We look forward to ending the school year on a positive note. Please don't hesitate to contact us with any questions.

Lindsay Webb
Food Service Director
webb-lindsay@aramark.com

Autumn Funderburg
Assistant Food Service Director
funderburg-autumn@aramark.com

Food Service Office
(708) 583-5463

For menu options, nutritional information, and updates, check out our SchoolDish website at epcusd.schooldish.com

Guide to Food Service

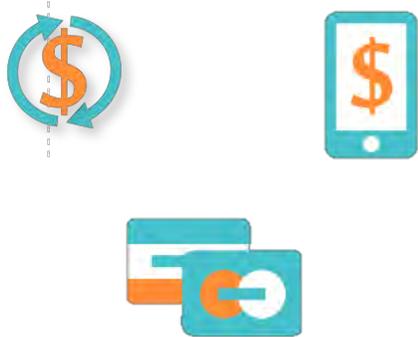
Spring 2021

A complete overview of what to expect for the fourth quarter.

As your food service provider, Aramark is proud to be in partnership with EPCUSD #401. We are striving to make your students' breakfast and lunch an enjoyable and nutritious experience. This brochure will guide you through the food service policies and procedures at Elmwood Park CUSD.



Payment



Under current SFSP guidelines, **no payment** for breakfast and lunch is required.

If you would like to add money to your student's account, please make an account with MySchoolBucks.

Cash & check deposits will resume with the start of the 2021-22 school year.

Free Meals

The USDA has provided a waiver that allows us flexibilities to serve the Summer Food Service Program (SFSP) meal patterns. This program will extend until June 30th, 2021. **ALL** students in the building are eligible for free breakfast and lunch regardless of eligibility during a regular school year.

What does this mean?

This means that your student will receive a **FREE** lunch daily upon returning to school should the student choose to eat lunch; breakfast bags will be distributed weekly for the following week's meals as students will not be eating breakfast on site. Breakfast packs will include 5 days' worth of meals and are free of charge.

Curbside service and to-go meal packs will be on a school-by-school basis as all schedules and sites are different. We will send out more information regarding this program when we have that information. No registration is required for onsite, curbside, or to-go meal packs.*

*The home delivery program requires registration online at epcusd.schooldish.com

FAQ

What is SFSP and how does it differ from a normal year?

This program allows us to serve all members of the community that are under 18 years of age at no cost to the student. Under SFSP guidelines, this is a straight serve provision meaning students are required to take all items offered to make a meal. Under our programming in a regular year, we operate under "Offer Verses Serve" provisions which allows students to make food choices from a selection of food items on the cafeteria serving line.

How does food service determine the portion size served in each meal?

When menu planning takes place, the USDA requires that all planned meals meet the nutritional requirements for the highest grade level served in a building. SFSP guidelines are more about componentry than weekly nutritional requirements, meaning all components must be taken to complete the meal.