

## September<sup>2021</sup>

## Elm Middle School Lunch Menu

**MONDAY** 

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## **Available Daily**

Sunbutter & Jelly Sandwich 1% White or Fat Free Chocolate Milk

## **Breakfast for Lunch**

Thursday September 9th

Special News...

6

No School 7

Pizza Bagel Bites Chicken Ranch Wrap

Red Pepper Strips Seasoned Green Peas Seasoned Potato Wedges

> Orange Craisins Milk Variety

8

Chicken Nuggets Fluffy Biscuit Fruit & Yogurt Platter +

Seasoned Green Beans Seasoned Mashed Potatoes Tater Tots

> Apple Milk Variety

9

Pancakes w/ Maple Syrup Chicken Sausage Patties Buffalo Chicken Ranch Wrap

> Tossed Salad Baked Beans Sweet Potato Fries

Orange Wedges Milk Variety 10

Toasted Pizza Melt Soft Pretzel w/ Cheese Sauce

> Baby Carrots Sweet Golden Corn Tater Tots

> > Apple Juice Milk Variety

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Find us at:

Elmwood Park Dining

13

Chicken Patty

Baby Carrots Tater Tots

Warm Cinnamon Apples Fruit Juice Milk Variety 14

Corn Dog Chicken Ranch Wrap

Red Pepper Strips Seasoned Green Peas Seasoned Potato Wedges

> Orange Craisins Milk Variety

15

Chicken Tenders Soft Pretzel Rod Fruit & Yogurt Platter +

Seasoned Green Beans Seasoned Mashed Potatoes Tater Tots

> Apple Milk Variety

16

Grilled Cheese + Tomato Soup & Saltine Crackers Buffalo Chicken Ranch Wrap

> Tossed Salad Baked Beans Sweet Potato Fries

Orange Wedges Milk Variety 17

24

Bosco Sticks +
Pizza Sauce
Soft Pretzel w/ Cheese Sauce +

Baby Carrots Sweet Golden Corn Tater Tots

> Apple Juice Milk Variety

Visit our Food Services Page

Find us at:

Epcusd.schooldish.com

20

Chicken Nuggets
Fluffy Biscuit
Egg Chef Salad w/ Cheez-Its +

Baby Carrots Sweet Golden Corn Tater Tots

> Fruit Juice Milk Variety

21

Beef & Cheese Nachos C.Ham & Cheese Sandwich

Tossed Salad Kickin' Pinto Beans Seasoned Potato Wedges

Strawberry Applesauce Milk Variety 22

Cheeseburger Fruit & Yogurt Platter +

Baby Carrots Seasoned Green Beans Tater Tots

> Diced Pears Milk Variety

23

Hot Dog Turkey & Cheese Sub

Red Pepper Strips Baked Beans Sweet Potato Fries

> Banana Milk Variety

Italian Cheesy Pull Aparts Soft Pretzel w/ Cheese Sauce

> Baby Carrots Sweet Golden Corn Tater Tots

> > Apple Juice Milk Variety

Mini Corn Dogs Chicken Salad Platter w/ Flatbread Wedges

Baby Carrots Sweet Golden Corn Tater Tots

> Apple Juice Milk Variety

Menus are subject to change without notice.

27

Confetti Pancakes w/ Maple Syrup Chicken Sausage Patties

> Baby Carrots Tater Tots

Warm Cinnamon Apples Fruit Juice Milk Variety 28

Deep Dish Galaxy Cheese Pizza

Chicken Ranch Wrap

Red Pepper Strips Seasoned Green Peas Seasoned Potato Wedges

> Orange Craisins Milk Variety

29

Chicken Patty Fruit & Yogurt Platter +

Seasoned Green Beans Seasoned Mashed Potatoes Tater Tots

> Diced Peaches Milk Variety

30

Cheese Pizza Bagel Bites + C.Ham and Cheese Sandwich

> Tossed Salad Baked Beans Sweet Potato Fries

> > Banana Milk Variety

Apple Juice

**Questions?** 

Please contact the food service director at 708-583-5463 or visit our food service page on the district website **Lunch Price** 

All lunches are free regardless of income eligibility for the 2021-202 school year!

Ala Carte Milk: \$0.50



This institution is an equal opportunity provider.