

Elementary Breakfast

September 2021

Mini Cinni Roll

Orange Wedges Apple Juice Milk Strawberry Splash Pancakes Maple Syrup

> Apple Fruit Juice Milk

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Chocolate Muffin String Cheese

Strawberry Applesauce Orange Juice Milk 2

Egg & Cheese Bagel

Banana Fruit Juice Milk 3 Donut Friday

Whole Grain Cinnamon Sugar Donut Holes

Watermelon Craisins Apple Juice Milk

6 Labor Day

No School 7

31

Chocolate Crescent Roll

Apple Fruit Juice Milk 8

Blueberry Muffin Cheddar Cheese Cubes

Original Applesauce Orange Juice Milk 9

Strawberry Pop Tart Danimals Yogurt

> Banana Fruit Juice Milk

10 Donut Friday

Whole Grain Donut

Strawberry Craisins Apple Juice Milk

13 Scooby's Birthday

Scooby Snack Yogurt Parfait

Orange Wedges Apple Juice Milk 14

Banana Muffin Danimals Yogurt

> Apple Fruit Juice Milk

15

Egg & Cheese Biscuit

Original Applesauce Orange Juice Milk 16

Golden Grahams Cereal Hardboiled Egg

> Banana Fruit Juice Milk

17

Super Bakery Best-Ever Banana Bread

Strawberry Craisins Apple Juice Milk

20

Warm Cherry Frudel

Orange Wedges Apple Juice Milk 21

Sausage, Egg & Cheese

Apple Fruit Juice Milk 22

Berry French Toast Maple Syrup

Strawberry Applesauce Orange Juice Milk 23

Fudge Pop Tart Danimals Yogurt

> Banana Fruit Juice Milk

24 Donut Friday

Whole Grain Powdered Sugar Donut

Watermelon Craisins Apple Juice Milk

27

Strawberry Crunch Bagel

Orange Wedges Apple Juice 28

Confetti Pancakes Maple Syrup

> Apple Fruit Juice Milk

29

Chocolate Muffin String Cheese

Original Applesauce Orange Juice Milk 30

Egg & Cheese Bagel

Banana Fruit Juice Milk Nov

Super Bakery Chocolate Loaf

> Strawberry Craisins Apple Juice Milk

Breakfast Price

Breakfast is free for all students through June 30th, 2022!

Ala Carte Milk: \$0.50

Questions?

Please contact the food service director at 708-583-5463 or visit our food service page at epcusd.schooldish.com

Whole Grains Month

Did you know that people who eat whole grains as part of a healthy diet have a reduced risk of some chronic diseases? At least half of all grains eaten should be whole grains.

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