



Elementary Lunch

September 2021

<p>30</p> <p>Chicken Tenders Pillsbury Biscuit Muffin Snack Pack</p> <p>Mashed Potatoes Baby Carrots Fruit Juice Milk</p>	<p>31</p> <p>Hot Dog C.Ham & Cheese SDW</p> <p>Baked Beans Crinkle Fries Apple Milk</p>	<p>1</p> <p><i>Lucky Tray Day</i></p> <p>French Toast Sticks w/ Syrup Chicken Sausage Patties M-Y-O Flatbread Pizza</p> <p>Steamed Green Beans Sweet Golden Corn Orange Craisins Milk</p>	<p>2</p> <p>Cheeseburger C.Ham & Cheese SDW</p> <p>Tater Tots Side Salad Banana Milk</p>	<p>3</p> <p>Italian Cheese Dunkers Pizza Sauce Muffin Snack Pack</p> <p>Sweet Golden Corn Celery Sticks Fruit Juice Milk</p>
<p>6</p> <p>Labor Day</p> <p><i>No School</i></p>	<p>7</p> <p>Grilled Cheese Tomato Soup C.Ham & Cheese SDW</p> <p>Baked Beans Apple Milk</p>	<p>8</p> <p><i>Lucky Tray Day</i></p> <p>Chicken Nuggets Soft Pretzel Rod M-Y-O Flatbread Pizza</p> <p>Steamed Green Beans Sweet Golden Corn Strawberry Applesauce Milk</p>	<p>9</p> <p>Mini Pancakes w/ Syrup Cheddar Cheese Omelet C.Ham & Cheese SDW</p> <p>Tater Tots Side Salad Banana Milk</p>	<p>10</p> <p>Fiesta Friday</p> <p>Beef & Cheese Nachos Muffin Snack Pack</p> <p>Sweet Golden Corn Kickin' Pinto Beans Fruit Juice Milk</p>
<p>13</p> <p>Scooby's Birthday</p> <p>Corn Dog Muffin Snack Pack</p>  <p>Tater Tots Baby Carrots Rosy Applesauce Milk Mini Rice Krispie</p>	<p>14</p> <p>Max Snax Pizza Sticks Pizza Sauce C.Ham & Cheese SDW</p> <p>Baked Beans Orange Glazed Carrots Apple Milk</p>	<p>15</p> <p><i>Lucky Tray Day</i></p> <p>Hot Dog M-Y-O Flatbread Pizza</p> <p>Steamed Green Beans Sweet Golden Corn Fruit Juice Milk</p>	<p>16</p> <p>Pizza Bagel Bites C.Ham & Cheese SDW</p> <p>Tater Tots Side Salad Apple Juice Milk</p>	<p>17</p> <p>Cheesy Pull Aparts Muffin Snack Pack</p> <p>Sweet Golden Corn Celery Sticks Fruit Juice Milk</p>
<p>20</p> <p>BBQ Pork Riblet Muffin Snack Pack</p> <p>Tater Tots Baby Carrots Fruit Juice Milk</p>	<p>21</p> <p>Chicken Patty C.Ham & Cheese SDW</p> <p>Baked Beans Crinkle Fries Apple Milk</p>	<p>22</p> <p><i>Lucky Tray Day</i></p> <p>Confetti Pancakes w/ Syrup <small>Chicken sausage Patties</small> M-Y-O Flatbread Pizza</p> <p>Steamed Green Beans Sweet Golden Corn Orange Wedges Milk</p>	<p>23</p> <p>Mac & Cheese C.Ham & Cheese SDW</p> <p>Tater Tots Side Salad Apple Juice Milk</p>	<p>24</p> <p>Cheese Pizza Muffin Snack Pack</p> <p>Sweet Golden Corn Celery Sticks Watermelon Cubes Milk</p> 
<p>27</p> <p>Max Snax Pizza Sticks Pizza Sauce Muffin Snack Pack</p> <p>Tater Tots Baby Carrots Fruit Juice Milk</p>	<p>28</p> <p>Taco Tuesday</p> <p>Beef Tacos C.Ham & Cheese SDW</p> <p>Kickin' Pinto Beans Sweet Golden Corn Apple Milk</p>	<p>29</p> <p><i>Lucky Tray Day</i></p> <p>Chicken Nugget <small>Soft Pretzel Rod</small> M-Y-O Flatbread Pizza</p> <p>Mashed Potatoes Steamed Green Beans Fruit Juice Milk</p>	<p>30</p> <p>Corn Dog C.Ham & Cheese SDW</p> <p>Tater Tots Side Salad Apple Juice Milk</p>	<p>1</p> <p>Chicken Patty Muffin Snack Pack</p> <p>Sweet Golden Corn Celery Sticks Fruit Juice Milk</p>

Breakfast Price
Breakfast is free for all students through June 30th, 2022!
Ala Carte Milk: \$0.50

Questions?
Please contact the food service director at 708-583-5463 or visit our food service page at epcusd.schooldish.com

Whole Grains Month
Did you know that people who eat whole grains as part of a healthy diet have a reduced risk of some chronic diseases? At least half of all grains eaten should be whole grains.

