



October

2021

Elm Middle School Lunch Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|--|
| <p>National School Lunch Week</p> <p>October 11th- October 15th</p> | | | | <p>World Vegetarian Day</p> <p>1 Cheese Pizza + Mozzarella Sticks w/ Pizza Sauce +</p> <p>Muffin Snack Pack +</p> <p>Side Salad Seasoned Corn Tomato Wedges</p> <p>Applesauce Watermelon Craisins Fruit Juice</p> |
| <p>4 Pepperoni Pizza Mini Corn Dogs ▲</p> <p>Egg Chef Salad w/ Goldfish & Pretzel Rod +</p> <p>Tater Tots Fresh Broccoli Florets Cucumber Slices</p> <p>Apple Orange Apple Juice</p> | <p>5 Cheeseburger Pancakes & Cheddar Omelet w/ Syrup +</p> <p>Tuna Salad Platter w/ Saltines</p> <p>Potato Wedges Warm Cinnamon Apples Green Pepper Strips</p> <p>Applesauce Watermelon Craisins Fruit Juice</p> | <p>6 Chicken Tenders w/ Pretzel Rod Hot Dog ▲</p> <p>M-Y-O Flatbread Pizza Kit +</p> <p>French Fries Baked Beans Celery Sticks</p> <p>Plum Orange Apple Juice</p> | <p>7 Chicken Patty Mac & Cheese & Cheesy Toast +</p> <p>Chicken Salad Platter w/ FB Wedges</p> <p>Side Salad Seasoned Green Beans Baby Carrots</p> <p>Apple Banana Fruit Juice</p> | <p>8 Cheese Pizza + Corndog ▲</p> <p>Muffin Snack Pack +</p> <p>Tater Tots Zesty Orange Carrots Cucumber Slices</p> <p>Pear Banana Apple Juice</p> |
| <p>11 Columbus Day</p> <p>No School</p> | <p>12 Blueberry Waffles + & C.Sausage ▲ w/ Syrup Cheeseburger</p> <p>Tuna Salad Platter w/ Saltines</p> <p>Side Salad Warm Cinnamon Apples Green Pepper Strips</p> <p>Applesauce Watermelon Craisins Fruit Juice</p> | <p>13 Bosco Sticks w/ Pizza Sauce + Mini Corn Dogs ▲</p> <p>M-Y-O Flatbread Pizza Kit +</p> <p>French Fries Baked Beans Celery Sticks</p> <p>Plum Orange Apple Juice</p> | <p>14 BBQ Pork Riblet SDW Grilled Cheese Melt +</p> <p>Chicken Salad Platter w/ FB Wedges</p> <p>Side Salad Seasoned Green Beans Baby Carrots</p> <p>Apple Banana Fruit Juice</p> | <p>15 Chicken Patty Chicken Nuggets w/ Pretzel Rod</p> <p>Muffin Snack Pack +</p> <p>Tater Tots Zesty Orange Carrots Cucumber Slices</p> <p>Pear Banana Apple Juice</p> |
| <p>18 Corn Dog ▲ Mac & Cheese w/ Cheesy Toast +</p> <p>Egg Chef Salad w/ Goldfish & Pretzel Rod +</p> <p>Tater Tots Fresh Broccoli Florets Cucumber Slices</p> <p>Apple Orange Apple Juice</p> | <p>19 Pepperoni Pizza Cheese Pizza +</p> <p>Tuna Salad Platter w/ Saltines</p> <p>Side Salad Seasoned Corn Green Pepper Strips</p> <p>Rosy Applesauce Watermelon Craisins Fruit Juice</p> | <p>20 Mozzarella Sticks w/ Pizza Sauce + French Toast Sticks + & C.Sausage w/ Syrup</p> <p>M-Y-O Flatbread Pizza Kit +</p> <p>French Fries Warm Cinnamon Apples Celery Sticks</p> <p>Plum Orange Apple Juice</p> | <p>21 Beef & Cheese Nachos Cheese Quesadilla +</p> <p>Chicken Salad Platter w/ FB Wedges</p> <p>Green Pepper Strips Kickin' Pinto Beans Baby Carrots</p> <p>Apple Banana Fruit Juice</p> | <p>22 Cheeseburger Max Snax Pizza Sticks w/ Pizza Sauce +</p> <p>Muffin Snack Pack +</p> <p>Tater Tots Zesty Orange Carrots Cucumber Slices</p> <p>Pear Banana Apple Juice</p> |
| <p>25 Spaghetti & Meat Sauce w/ Breadstick Chicken Patty</p> <p>Egg Chef Salad w/ Goldfish & Pretzel Rod +</p> <p>Tater Tots Fresh Broccoli Florets Cucumber Slices</p> <p>Apple Orange Apple Juice</p> | <p>26 Taco Tuesday</p> <p>Beef Tacos Chicken Tacos Taco Sauce</p> <p>Tuna Salad Platter w/ Saltines</p> <p>Seasoned Refried Beans Seasoned Corn Tomato Wedges</p> <p>Applesauce Watermelon Craisins Fruit Juice</p> | <p>27 Italian Cheese Dunkers w/ Pizza Sauce +</p> <p>Popcorn Chicken w/ Pretzel Rod</p> <p>M-Y-O Flatbread Pizza Kit +</p> <p>French Fries Baked Beans Celery Sticks</p> <p>Plum Orange Apple Juice</p> | <p>28 Confetti Pancakes & Omelet w/ Syrup + Grilled Cheese Melt +</p> <p>Chicken Salad Platter w/ FB Wedges</p> <p>Green Pepper Strips Warm Cinnamon Apples Baby Carrots</p> <p>Apple Banana Fruit Juice</p> | <p>29 Cheese Pizza + Corndog ▲</p> <p>Muffin Snack Pack +</p> <p>Tater Tots Zesty Orange Carrots Cucumber Slices</p> <p>Pear Banana Grape Juice Chocolate Chip Cookie</p> |

Special News...

World Vegetarian Day

October 1st is named World Vegetarian Day! Join us for vegetarian friendly lunch options including cheese pizza or mozzarella sticks.

Taco Tuesday

Beef or Chicken Tacos

Seasoned beef or chicken layered in a soft tortilla topped with shredded lettuce and cheddar. Add taco sauce for an extra flavor!

Menus are subject to change without notice.

Questions?

Please contact the food service director at 708-583-5463 or visit our food service page on the district website

Lunch Price

Lunch is free for the 2021-2022 school year!



This institution is an equal opportunity provider.