



Elmwood Park High School Lunch Menu October 2021

<p>27</p> <p>Meatball Pizza Sub</p> <p>Celery Sticks Tater Tots Orange Apple Juice Milk Variety</p>	<p>28</p> <p>Chicken Nuggets Soft Pretzel Rod</p> <p>Seasoned Mashed Potatoes Seasoned Potato Wedges Flavored Applesauce Orange Milk Variety</p>	<p>29</p> <p>Italian Cheesy Pull Apart Pizza Sauce</p> <p>Baby Carrots Tater Tots Apple Orange Milk Variety</p>	<p>30</p> <p>Breaded Mozzarella Sticks w/ Dipping Sauce</p> <p>Side Salad Sweet Potato Fries Watermelon Craisins Fruit Juice Milk Variety</p>	<p>1</p> <p>Cheese Pizza +</p> <p>Side Salad Seasoned Corn Tomato Wedges Applesauce Watermelon Craisins Fruit Juice</p>
<p>4</p> <p>Pepperoni Pizza Mini Corn Dogs ▲</p> <p>Egg Chef Salad w/ Goldfish & Pretzel Rod +</p> <p>Tater Tots Fresh Broccoli Florets Cucumber Slices Apple Orange Apple Juice</p>	<p>5</p> <p>Pancakes & Cheddar Omelet w/ Syrup +</p> <p>Tuna Salad Platter w/ Saltines</p> <p>Potato Wedges Warm Cinnamon Apples Green Pepper Strips Applesauce Watermelon Craisins Fruit Juice</p>	<p>6</p> <p>Chicken Tenders w/ Pretzel Rod Hot Dog ▲</p> <p>French Fries Baked Beans Celery Sticks Plum Orange Apple Juice</p>	<p>7</p> <p>Mac & Cheese & Cheesy Toast +</p> <p>Chicken Salad Platter w/ FB Wedges</p> <p>Side Salad Seasoned Green Beans Baby Carrots Apple Banana Fruit Juice</p>	<p>8</p> <p>Cheese Pizza + Corndog ▲</p> <p>Tater Tots Zesty Orange Carrots Cucumber Slices Pear Banana Apple Juice</p>
<p>11</p> <p><i>No School</i></p>	<p>12</p> <p>Blueberry Waffles + & C.Sausage ▲ w/ Syrup</p> <p>Tuna Salad Platter w/ Saltines</p> <p>Side Salad Warm Cinnamon Apples Green Pepper Strips Applesauce Watermelon Craisins Fruit Juice</p>	<p>13</p> <p>Bosco Sticks w/ Pizza Sauce + Mini Corn Dogs ▲</p> <p>French Fries Baked Beans Celery Sticks Plum Orange Apple Juice</p>	<p>14</p> <p>BBQ Pork Riblet SDW Grilled Cheese Melt +</p> <p>Chicken Salad Platter w/ FB Wedges</p> <p>Side Salad Seasoned Green Beans Baby Carrots Apple Banana Fruit Juice</p>	<p>15</p> <p>Chicken Nuggets w/ Pretzel Rod</p> <p>Tater Tots Zesty Orange Carrots Cucumber Slices Pear Banana Apple Juice</p>
<p>18</p> <p>Corn Dog ▲ Mac & Cheese w/ Cheesy Toast +</p> <p>Egg Chef Salad w/ Goldfish & Pretzel Rod +</p> <p>Tater Tots Fresh Broccoli Florets Cucumber Slices Apple Orange Apple Juice</p>	<p>19</p> <p>Pepperoni Pizza Cheese Pizza +</p> <p>Tuna Salad Platter w/ Saltines</p> <p>Side Salad Seasoned Corn Green Pepper Strips Rosy Applesauce Watermelon Craisins Fruit Juice</p>	<p>20</p> <p>Mozzarella Sticks w/ Pizza Sauce + French Toast Sticks + & C.Sausage w/ Syrup</p> <p>French Fries Warm Cinnamon Apples Celery Sticks Plum Orange Apple Juice</p>	<p>21</p> <p>Cheese Quesadilla + Chicken Quesadilla +</p> <p>Chicken Salad Platter w/ FB Wedges</p> <p>Green Pepper Strips Kickin' Pinto Beans Baby Carrots Apple Banana Fruit Juice</p>	<p>22</p> <p>Cheeseburger Max Snax Pizza Sticks w/ Pizza Sauce +</p> <p>Tater Tots Zesty Orange Carrots Cucumber Slices Pear Banana Apple Juice</p>
<p>25</p> <p>Spaghetti & Meat Sauce w/ Breadstick</p> <p>Egg Chef Salad w/ Goldfish & Pretzel Rod +</p> <p>Tater Tots Fresh Broccoli Florets Cucumber Slices Apple Orange Apple Juice</p>	<p>26</p> <p>Beef Tacos Chicken Tacos Taco Sauce</p> <p>Tuna Salad Platter w/ Saltines</p> <p>Seasoned Refried Beans Seasoned Corn Tomato Wedges Applesauce Watermelon Craisins Fruit Juice</p>	<p>27</p> <p>Italian Cheese Dunkers w/ Pizza Sauce + Popcorn Chicken w/ Pretzel Rod</p> <p>French Fries Baked Beans Celery Sticks Plum Orange Apple Juice</p>	<p>28</p> <p>Confetti Pancakes & Omelet w/ Syrup + Grilled Cheese Melt +</p> <p>Chicken Salad Platter w/ FB Wedges</p> <p>Green Pepper Strips Warm Cinnamon Apples Baby Carrots Apple Banana Fruit Juice</p>	<p>29</p> <p>Cheese Pizza + Corndog ▲</p> <p>Tater Tots Zesty Orange Carrots Cucumber Slices Pear Banana Grape Juice</p>

Questions?

Please contact the food service director at 708-583-5463 or visit our food service page on the district website

Lunch Price

Lunch is free for the 2021-2022 school year

▲ Contains no pork
+ Vegetarian

*Menus subject to change without notice