

September 2022

Middle School

BREAKFAST & LUNCH MENU

Served Daily:

- Chicken Patty
- Cheeseburger
 - Nachos
 - Pizza
 - Fresh Deli Sandwiches & Salads

Breakfast is **free** for all students

Lunch Prices: Paid \$3.00 Reduced \$0.40

All Lunches
Must Include
Choice of:
Fruits and/or
Vegetable
And May
Include:
1% Low-Fat
Milk

Powering potential.

MON	TUES	WED	THURS	FRI
			Strawberry Nutri Grain Bar Yogurt	Donut Holes
			Crunchy Beef Tacos Steamed Green Peas Assorted Fresh Fruits & Veggies	Pancakes & Sausage French Fries Assorted Fresh Fruits & Veggies
No School 5	Banana Muffin 6 Goldfish Crackers	Cinnamon Toast Crunch String Cheese	Bagel 8 Graham Crackers	Donut Holes
	Crunchy Chicken Tacos Black Beans Assorted Fresh Fruits & Veggies	Chicken Nuggets & Roll French Fries Assorted Fresh Fruits & Veggies	Chicken Tenders w/ Mac & Cheese Steamed Green Beans Assorted Fresh Fruits & Veggies	Cheese Pizza French Fries Assorted Fresh Fruits & Veggies
Maple Waffles 12	Chocolate Chip Muffin13 Graham Crackers	Golden Grahams 14 Yogurt	Fudge Pop Tart 15 Cheezits	Donut Holes 16
Hot Dog Steamed Corn Assorted Fresh Fruits & Veggies	Turkey & Cheese Melt Refried Beans Assorted Fresh Fruits & Veggies	Grilled Cheese Sandwich French Fries Assorted Fresh Fruits & Veggies	Chicken Penne Alfredo Steamed Green Peas Assorted Fresh Fruits & Veggies	Buffalo Chicken Wrap French Fries Assorted Fresh Fruits & Veggies
Berry French Toast 19	Cocoa Puffl Bar Cheezits	Trix Cereal 21 String Cheese	Blueberry Nutri Grain 22 Bar	Donut Holes 23
Cheeseburger Steamed Corn Assorted Fresh Fruits & Veggies	Chicken Nachos Black Beans Assorted Fresh Fruits & Veggies	Chicken Tenders & Roll French Fries Assorted Fresh Fruits & Veggies	Graham Crackers Spaghetti & Meatballs Steamed Green Beans Assorted Fresh Fruits & Veggies	Pepperoni Pizza French Fries Assorted Fresh Fruits & Veggies
Mini Strawberry Bagels26	Chocolate Chip Muffin ²⁷ Graham Crackers	Cheerios 28 String Cheese	Cocoa Puff Cereal Bar 9 Yogurt	Donut Holes 30
BBQ Chicken Drumstick Steamed Corn Assorted Fresh Fruits & Veggies	Crunchy Beef Tacos Black Beans Assorted Fresh Fruits & Veggies	Popcorn Chicken & Roll French Fries Assorted Fresh Fruits & Veggies	Orange Chicken & Rice Steamed Carrots Assorted Fresh Fruits & Veggies	Bosco Sticks French Fries Assorted Fresh Fruits & Veggies

Menus are subject to change.



Limited Time Offer: Harvest Grain Bowl



This institution is an equal opportunity providers