

OCTOBER 2022

Breakfast is **FREE**
for all students

Lunch Meal Prices
Paid \$2.75
Reduced \$0.40


ACE'S CORNER


Sun Butter & Jelly Sandwich offered at lunch daily

Vegetarian entrees are written in green

All salads can be made vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Blueberry Waffles 03 <hr/> BBQ Rib Sandwich Turkey Chef Salad & Roll <u>Steamed Corn</u> Assorted Fresh Fruits & Veggies	Fudge Pop Tart String Cheese 04 <hr/> Chicken Quesadilla <u>Pizza Pack</u> Refried Beans Assorted Fresh Fruits & Veggies	Cheerios Graham Crackers 05 <hr/> Fish Sticks w/ Mac & Cheese <u>Grilled Cheese</u> French Fries Assorted Fresh Fruits & Veggies	Strawberry Nutri Grain Bar Yogurt 06 <hr/> Beef Chili Mac <u>Pizza Pack</u> Steamed Green Peas Assorted Fresh Fruits & Veggies	Donut Holes 07 <hr/> Pancakes & Sausage <u>Tuna Salad Wrap</u> French Fries Assorted Fresh Fruits & Veggies
No School 10	Banana Muffin Goldfish Crackers 11 <hr/> Crunchy Chicken Tacos <u>Pizza Pack</u> Black Beans Assorted Fresh Fruits & Veggies	Cinnamon Toast Crunch Cereal String Cheese 12 <hr/> Chicken Nuggets & Roll <u>Grilled Cheese Sandwich</u> French Fries Assorted Fresh Fruits & Veggies	Bagel Graham Crackers 13 <hr/> Chicken Tenders w/ Mac & Cheese <u>Muffin Pack</u> <u>Steamed Green Beans</u> Assorted Fresh Fruits & Veggies	Donut Holes 14 <hr/> <u>Cheese Pizza</u> Popcorn Chicken Salad & Roll French Fries Assorted Fresh Fruits & Veggies
Maple Waffles 17 <hr/> Hot Dog Nacho Salad & Roll <u>Steamed Corn</u> Assorted Fresh Fruits & Veggies	Chocolate Chip Muffin Graham Crackers 18 <hr/> Beef Nachos <u>Pizza Pack</u> Refried Beans Assorted Fresh Fruits & Veggies	Golden Graham Cereal Yogurt 19 <hr/> Chicken Patty Sandwich Nacho Salad & Roll <u>French Fries</u> Assorted Fresh Fruits & Veggies	Fudge Pop Tart Cheezits 20 <hr/> Chicken Penne Alfredo <u>Pretzel Pack</u> Steamed Green Peas Assorted Fresh Fruits & Veggies	Donut Holes 21 <hr/> <u>Pizza Max Sticks w/ Marinara</u> Nacho Salad & Roll <u>French Fries</u> Assorted Fresh Fruits & Veggies
Triple Berry French Toast 24 <hr/> Cheeseburger Italian Salad & Roll <u>Steamed Corn</u> Assorted Fresh Fruits & Veggies	Cocoa Puff Cereal Bar Cheezits 25 <hr/> Chicken Nachos <u>Pizza Pack</u> Steamed Broccoli Assorted Fresh Fruits & Veggies	Trix Cereal String Cheese 26 <hr/> Chicken Tenders & Roll <u>Grilled Cheese Sandwich</u> <u>French Fries</u> Assorted Fresh Fruits & Veggies	Blueberry Nutri Grain Bar Graham Crackers 27 <hr/> Spaghetti & Meatballs <u>Muffin Pack</u> Steamed Green Beans Assorted Fresh Fruits & Veggies	Donut Holes 28 <hr/> Pepperoni Pizza Italian Salad & Roll <u>French Fries</u> Assorted Fresh Fruits & Veggies
Mini Strawberry Bagels 31 <hr/> BBQ Chicken Drumstick Chicken Caesar Salad & Roll <u>Steamed Corn</u> Assorted Fresh Fruits & Veggies				