

NOVEMBER 2022

Breakfast is **FREE**
for all students

Lunch Meal Prices
Paid \$2.75
Reduced \$0.40



ACE'S CORNER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Whole Grain Strawberry Pop Tart w/ Reduced Fat String Cheese 01 Fresh Apple or 100% Fruit Juice 1% White Milk OR Skim Chocolate Milk	Whole Grain Cheerios w/ Graham Crackers 02 Unsweetened Applesauce or 100% Fruit Juice 1% White Milk OR Skim Chocolate Milk	Strawberry Nutri Grain Bar w/ Low Fat Yogurt Cup 03 Yellow Banana or 100% Fruit Juice 1% White Milk OR Skim Chocolate Milk	Whole Grain Bagel w/ cup of Sun Butter 04 Raisins or 100% Fruit Juice 1% White Milk OR Skim Chocolate Milk
No School 07	No School 08	Cinnamon Toast Crunch Cereal w/ Reduced Fat String Cheese 09 Fresh Apple or 100% Fruit Juice 1% White Milk OR Skim Chocolate Milk	Banana Muffin w/ Yogurt Cup 10 Yellow Banana or 100% Fruit Juice 1% White Milk OR Skim Chocolate Milk	Mini Whole Grain Maple Waffles 11 Unsweetened Applesauce or 100% Fruit Juice 1% White Milk OR Skim Chocolate Milk
Oatmeal Raisin Benefit Bar 14 Fresh Apple or 100% Fruit Juice 1% White Milk OR Skim Chocolate Milk	Whole Grain Blueberry Muffin w/ Graham Crackers 15 Unsweetened Applesauce or 100% Fruit Juice 1% White Milk OR Skim Chocolate Milk	Golden Graham Cereal w/ Reduced Fat Yogurt 16 Raisins or 100% Fruit Juice 1% White Milk OR Skim Chocolate Milk	Fudge Pop Tart w/ Reduced Fat String Cheese 17 Yellow Banana or 100% Fruit Juice 1% White Milk OR Skim Chocolate Milk	Whole Grain Bagel w/ cup of Sun Butter 18 Raisins or 100% Fruit Juice 1% White Milk OR Skim Chocolate Milk
Triple Berry French Toast 21 Raisins or 100% Fruit Juice 1% White Milk OR Skim Chocolate Milk	Whole Grain Cheerio Cereal Bar w/ Whole Grain Cheez Its 22 Unsweetened Applesauce or 100% Fruit Juice 1% White Milk OR Skim Chocolate Milk	No School 23	No School 24	No School 25 
Mini Strawberry Bagels 28 Fresh Apple or 100% Fruit Juice 1% White Milk OR Skim Chocolate Milk	Whole Grain Strawberry Pop Tart w/ Reduced Fat String Cheese 29 Fresh Apple or 100% Fruit Juice 1% White Milk OR Skim Chocolate Milk	Whole Grain Cheerios w/ Graham Crackers 30 Unsweetened Applesauce or 100% Fruit Juice 1% White Milk OR Skim Chocolate Milk		