

# ELMWOOD EXPRESS

**TEACHING AND LEARNING ARE VISIBLE**

Kevin Seibel, Principal

Kim Martini, Assistant Principal

Jan. 13, 2017

## **PRINCIPALLY SPEAKING**

Welcome to the New Year and the beginning of our third quarter of school! Ninety-three days of learning have occurred and the results of our second quarter learning will be coming home today with your child's report card. I hope they are proud of the work they have accomplished thus far, and that they have set some goals they want to accomplish in this new quarter. I encourage you to continue to have detailed conversations with your child about what they learned in school each day. The answers of "Fine" or "Good" should not be answers acceptable to "How was school today?" Probe your child to see if they can tell you what kind of math work they did today, what kind of things they talked about/learned in science. These types of conversations will help students think about their own learning, and help them understand what and how they learn.

I hope you all had a great and restful Winter Break as we head full steam into the second half of our school year.



## **JUMP ROPE FOR HEART**

Yesterday Elmwood had a kickoff assembly for 1st-4th graders for Jump Rope for Heart. This year 1st-4th only will be participating in the JRFH event during their special's time on February 10th.

5th and 6th students have a chance to participate by purchasing a bracelet or they can purchase the t-shirt on the flyer that was sent home for \$10. T-shirt orders need to be in by January 27th.

Last year as a school we were able to raise just under \$6,000, which helped to save 120 lives!

If you have any questions please email Mr. Paul Uhler at [uhlerp@epcusd401.org](mailto:uhlerp@epcusd401.org).

## **PATT NEWS**

The next PATT meeting is Thursday, Jan. 26 @ 6:30 in the Cafe.

The Fun Fair will Friday, Feb. 3rd from 6:30-8:30 p.m. - If there are any families or family businesses that would like to make a donation to our raffle table at the Fun Fair that would be greatly appreciated!

Please send in your volunteer form if you are able to help that evening.

Thank you for all your support. Any questions please contact Michela Shipinski at 708-845-6446 or email [elmwoodpatt2319@outlook.com](mailto:elmwoodpatt2319@outlook.com)



Like us on Facebook!

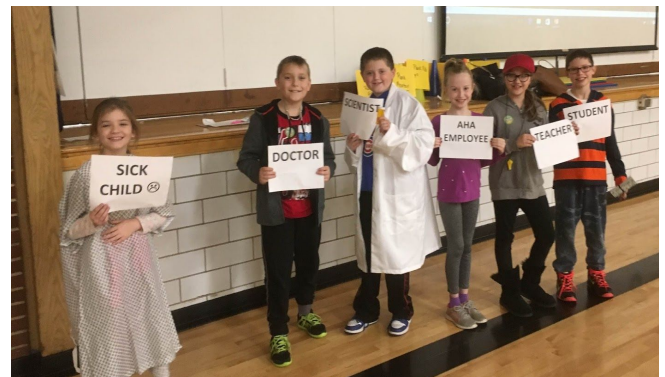
<https://www.facebook.com/Elmwood-Elementary-School-746103715438506/>



Follow us on Twitter!  
[@ElmwoodSchool](https://twitter.com/ElmwoodSchool)



Follow us on Instagram!  
[ElmwoodSchool401](https://www.instagram.com/ElmwoodSchool401)



*Elmwood students participating in the Jump Rope For Heart kick-off Assembly!*

**IT'S A GOOGLE, GOOGLE, GOOGLE, GOOGLE**  
**WORLD: A COMMUNITY SYMPOSIUM**

Want to hear more about the District Technology Initiative? Want to learn about the amazing technology opportunities your students will have in the near future? Please attend our community symposium where you will have the opportunity to ask questions, observe all the amazing features of Google, and socialize with other community members. A light dinner will be provided.

There are multiple events and you only need to attend one.

**Please RSVP by January 29th.**

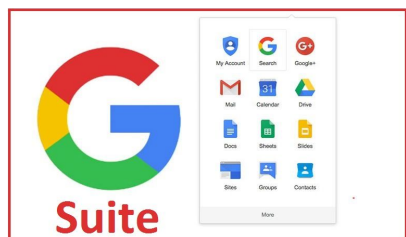
<u>School</u>	<u>When</u>	<u>Where</u>	<u>Time</u>
John Mills School	January 31, 2017	John Mills School	6:00 - 8:00 p.m.
Elmwood School	February 2, 2017	Elmwood School	6:00 - 8:00 p.m.
Elm Middle School and Elmwood Park High School	February 6, 2017	Elmwood Park High School	6:00 - 8:00 p.m.

**How to RSVP:**

1. Fill out our survey at: <https://goo.gl/9tGYDO>
2. Call (708) 583-6401.

Enlace al volante en español: <https://goo.gl/yUIARs>

Polaczenie do ankiety po polsku: <https://goo.gl/oLK8Fs>



**WORDS OF WISDOM**

Happy Friday Panthers and Parents! The theme for the month of January is “ ” This week we focused on making and keeping New Year’s resolutions. A New Year’s resolution is defined as a tradition in which a person resolves to change an undesired trait or behavior. Former President Abraham Lincoln once said, “Always bear in mind that your own resolution to succeed is more important than any other.” Don’t set yourself up for failure in 2017 by vowing to make huge changes that will be hard to keep. Instead follow these seven steps for successfully making a new year’s resolution you can stick to for good.

1. Just pick one thing. If you want to change your life or your lifestyle don’t try to change the whole thing at once. It won’t work. Instead pick one area of your life to change to begin with.
2. Plan ahead. To ensure success you need to research the change you’re making and plan ahead so you have the resources available when you need them.
3. Anticipate problems. There will be problems so make a list of what they’ll be.
4. Pick a start date. You don’t have to make these changes on New Year’s Day. That’s the conventional wisdom, but if you truly want to make changes then pick a day when you know you’ll be well-rested, enthusiastic and surrounded by positive people.
5. Go for it! On the big day go for it 100%. Make a commitment and write it down on a card.
6. Accept failure. If you do fail don’t hate yourself for it. Make a note of the triggers that caused this set back and vow to learn a lesson from them.
7. Plan rewards. Small rewards are great encouragement to keep you going during the hardest first days.

Have a wonderful weekend, and remember to come to school on Tuesday prepared to Be Responsible, Be Respectful, and Be ready for class! With something to think about, this is Ms. Martini. Make it a great weekend – or not. The choice is yours!

***BE RESPONSIBLE, BE RESPECTFUL, BE READY***

