ASH WEDNESDAY
FEBRUARY 14
Masses at 6:30am, 8:30am,
10:00am, 12:00pm and 7:30pm
A day of fasting and abstinence,
but not a holy day of obligation

THURSDAY, FEBRUARY 15
Holy Hour
with Praise & Worship Music
7:00pm in the church

FRIDAY, FEBRUARY 16
A day of abstinence
Early Dismissal 11:30am -
Please don’t park in lots for
Noon Mass or Confession

Stations of the Cross
6:00pm en Español
7:30pm in English

Lenten Fish Fry
5:00pm – 8:00pm
Heller Hall, Door 13

Reflection Question:
Where do you need Jesus to
heal you today?

MISS SCHEDULE:
Saturday Vigil: 5:00pm
Sunday: 7:30am, 9:00am, 10:30am
12:00 noon and 7:00pm
Spanish Mass: 5:00pm
Holy Days: 7:30pm Vigil
6:30am, 8:30am, 12:00 noon and
7:30pm

CONFESSIONS:
Friday: 11:15 - 11:45am
Saturday: 3:30-4:30pm & 7:30-8:00pm
or by appointment

Eucharistic Holy Hour:
Sunday: 5:00pm
Third Thursdays: 7:00pm
First Fridays:
Exposition: 9:00am - 11:45am
Benediction of the
Blessed Sacrament: 11:45am
Stewardship

Next week, we will take up the Collection for the Church in Central and Eastern Europe. This collection supports the Church in over 25 countries that are still struggling to recover in the aftermath of communist rule. Funds from this collection support pastoral care, catechesis, building renovations, and seminary formation.

Your support restores the Church and builds the future in this region. Please prayerfully consider how you can support the collection next week. More information can be found at www.usccb.org/ccee.

CLERGY
Very Rev. Patrick L. Posey, V.F., Pastor
Rev. Phillip M. Cozzi, Parochial Vicar
Rev. Steven Oetjen, Parochial Vicar
Rev. José E. Hoyos, Hispanic Apostolate*
Rev. Ghenghan Mbinkar, In Residence
Rev. Denis Tameh, In Residence
Rev. Gregory Thompson, In Residence
Deacon James A. Fishenden
Deacon Edward Giot

SCHOOL
830 W. Broad Street, Falls Church, Va. 22046
Phone: 703-533-1182; Fax: 703-532-8316
Sister Mary Sue Carwile, IHM, Principal
mainoffice@saintjamesschool.org

RELIGIOUS EDUCATION
703-533-1182 x104
Sister Regina Rosarii McLallen, IHM, Director
religioed@saintjamesschool.org

MINISTRY TO THE SICK
If anyone is confined to home or hospital, please call 703-532-8815 x130
Sister Margaret John Stichter, IHM, Director
visitingministry@stjamescatholic.org

MUSIC MINISTRY
Dan Day, Director
703-532-8815 dday@stjamescatholic.org

YOUTH MINISTRY
Fr. Steven Oetjen
703-532-8815 fatheroetjen@stjamescatholic.org

CONVENT
101 N. Spring Street, Falls Church, Va. 22046
703-532-2388
Sister Mary Sue Carwile, IHM, Superior

*HISPANIC APOSTOLATE
200 N. Glebe Road, Arlington, Va. 22203
703-841-3883

RECTORY OFFICE
905 Park Avenue, Falls Church, Va. 22046
Phone: 703-532-8815; Fax: 703-533-7644
rectory@stjamescatholic.org

Jean Giot, Office Manager
jgiot@stjamescatholic.org
Child protection and safety coordinator

Ginny Beauchamp, Records Manager
gbeauchamp@stjamescatholic.org
Sacramental records, baptisms, registrations, address changes and room reservations

Judy Burke, Receptionist
receptionist@stjamescatholic.org

HOUSE OF MINISTRIES
913 Park Avenue, next door to the rectory
Rich Blickendorfer, Business Manager
703-532-8815 rblickendorfer@stjamescatholic.org

Kara Rider, Accounting Specialist
703-532-8815 krider@stjamescatholic.org

ADVANCEMENT
Christine Kurtzke Hughes, Director
703-532-8815 x131 advancement@stjamescatholic.org
125th Anniversary Campaign, faculty and school support, alumni relations, marketing, planned giving and other charitable donation opportunities

COMMUNICATIONS
Lisa Helene Bacalski, Director
703-532-8815 x133 lhelene@stjamescatholic.org

Bulletin Deadline: Friday at 9:00am
10 days before Sunday publication date
Via website form posted under Events/Bulletin/Bulletin Submissions.
No emails please.
I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation.
— Psalm 32

Ash Wednesday reminds us of our humanity and connection to God. Lent, unlike Advent, another season of waiting, is too often seen as a simply time of deprivation: “I have to give something up.” And yes it is a time when we sacrifice things or habits; but, doing so actually takes us on a path towards gain. A healthier life style. A kinder heart. A richer spiritual life.

It is also the perfect time to reflect on aspects of our daily lives which may be a barrier to these. Where in the fabric of our life are the snags?

To this end, I invite you to join me in prayer and devotion to the image of Mary, Undoer of Knots. Hundreds of years ago this painting was commissioned to honor Mary’s intervention in a marital crisis. During a visit to his local Jesuit, a husband brought the ribbon which was used during his wedding ceremony to bind the couple’s arms thereby symbolically sealing their unbreakable marital bond. The priest held the very old ribbon up to a painting of Mary and as he was untying the knots, the ribbon became dazzling white. In the painting you can see that Our Lady helps us untie those “knots” which burden our hearts and hinder our souls’ journey to God.

Each week we will reflect on this beautiful Lenten theme, asking Mary to intercede on our behalf. Please take a prayer card and bracelet from the baskets at the entrances to accompany you on this spiritual journey.

I pray this Lent your hearts are open to God’s mercy. God bless.

~Fr. Posey

Weekly Reflection
Readings:
Leviticus 13:1-2, 44-46; Psalm 32;
1 Corinthians 10:31-11:1, Mark 1:40-45

http://uscbb.org/bible/readings/021118.cfm

Reflection Question:
Where do you need Jesus to heal you today?

Mary, Undoer of Knots
Pray for us
Mother of fair love,
I look to you.
Take into your hands the ribbon of my life and see the snare of knots that keeps me bound to sin, anxiety, and hopelessness.
I beg you, Mother, by your powerful intercession and long fingers of love and grace, undo the knots in my heart and in my life. Free me to love as Christ loves.

For our complete Lent schedule, see p. 6 or visit www.stjamescatholic.org/lent
Mass Intentions for the Sixth Week in Ordinary Time

Saturday, February 10
5:00 p.m.  +Charles Scellato

Sunday, February 11
7:30 a.m.  +Sidney Carwile
9:00 a.m.  +Maria Vinci
10:30 a.m. +Rose Randolf
Noon    +Henry and Helen Rackowski
2:30 p.m.  +William Alexander Andrewn
7:00 p.m.  People of St. James

Monday, February 12
6:30 a.m.  +Souls in Purgatory
8:30 a.m.  +Emmet Flood
Noon    +Im Sun Fermoile

Tuesday, February 13
6:30 a.m.  +Souls in Purgatory
8:30 a.m.  +Emmette Beauchamp
Noon    +Lynne Sermarini

Wednesday, February 14 (Ash Wednesday)
6:30 a.m.  +Dorothy Carwile
8:30 a.m.  +Thomas T. Coipuram, Sr.
Noon    +Souls in Purgatory
7:30 p.m.  Teresa and +Charles Kopinski

Thursday, February 15
6:30 a.m.  +Stephen H. Pope
8:30 a.m.  +Michael Sullivan
Noon    +Jane and Walter Greer

Friday, February 16
6:30 a.m.  +Cynthia Diane Woodard
8:30 a.m.  +Rene Caballero
Noon    +Kay Maiers

Saturday, February 17
8:30 a.m.  +John Bankert, Jr.
5:00 p.m.  Gratitude to Christ

Sunday, February 18
7:30 a.m.  +Katheryn Cole
9:00 a.m.  +Wayne Lechleiter
10:30 a.m.  Van Holren
Noon    +Luis Guinot
2:30 p.m.  People of St. James
7:00 p.m.  +Robert Joseph Neville

Pray for Those Serving Overseas, Our Disabled Veterans, and Military Retirees

Please pray for those serving in the military and foreign service, especially Justin Berg, James Hoy, Capt. Roger (Trey) DeGeorges III, 1st Lt. Joe Paoletta, USMC, Capt. Albert C. Young, and Michele Petersen. Send names to bulletin@stjamescatholic.org. Let us know when your loved ones return.

This Week’s Saints and Special Observances

Sunday:   Sixth Sunday in Ordinary Time; World Marriage Day; World Day of the Sick
Monday:   Lincoln’s Birthday
Tuesday:  Mardi Gras; Shrove Tuesday
Wednesday: Ash Wednesday; Valentine’s Day; Fast and Abstinence
Friday:   Abstinence; Chinese New Year 4716
Saturday: The Seven Holy Founders of the Servite Order

Today’s Readings

First Reading — The leper will dwell apart, making an abode outside the camp (Leviticus 13:1-2, 44-46).
Psalm — I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation (Psalm 32).
Second Reading — Do everything for the glory of God (1 Corinthians 10:31 — 11:1).
Gospel — The leprosy left him immediately, and he was made clean (Mark 1:40-45).


Readings for the Week

Monday:  Jas 1:1-11; Ps 119:67-68, 71-72, 75-76; Mk 8:11-13
Tuesday: Jas 1:12-18; Ps 94:12-13a, 14-15, 18-19; Mk 8:14-21
Wednesday: Jl 2:12-18; Ps 51:3-6ab, 12-14, 17; 2 Cor 5:20 — 6:2; Mt 6:1-6, 16-18
Thursday: Dt 30:15-20; Ps 1:1-4, 6; Lk 9:22-25
Friday:  Is 58:1-9a; Ps 51:3-6ab, 18-19; Mt 9:14-15
Saturday: Is 58:9b-14; Ps 86:1-6; Lk 5:27-32
Sunday:  Gn 9:8-15; Ps 25:4-9; 1 Pt 3:18-22; Mk 1:12-15

Remember in Your Prayers...

the sick of our parish family:
Maddie Cabatic Ramona Jaeger
Anna Dziubinski Marie Kunec
Virginia Holmes

and the deceased of our parish family:
Dina de Arancibia Timothy Olson
Sean Goss

DO EVERYTHING FOR THE GLORY OF GOD.
1 CORINTHIANS 10:31

February 11, 2018
First Holy Communion Parent Meeting Thursday, February 15
Meet in Heller Hall at 7:30pm to learn more about the sacrament and preparations for First Holy Communion. This meeting is mandatory.

Consider checking out some of the great children’s programming on FORMED.org. It’s free, faithful and fun! Visit www.stjamescatholic.org/formed for suggestions and links to register.

“Be doers of the word, and not just listeners”
— James 1:22

Highlights from Catholic Schools Week
We honored our essay contest winners, Conley Rohall and Madison Cervenak; wore pink, blue or red to raise more than $1600 for breast cancer awareness, St. Jude’s Hospital, and the Red Cross; and decorated our fences for Spirit Day.
Undo the Knots in Your Life

Lent 2018 at St. James

FRIDAYS
Starting February 16
Stations of the Cross
6:00pm Español,
7:30pm English in the church

Lenten Fish Fry Fridays
5:00pm – 8:00pm in Heller Hall

THIRD THURSDAYS
February 15
and March 15
Holy Hour
7:00pm in the church

WEDNESDAYS
Starting February 23
The Light is On
Prayer & Confessions
6:30-8:00pm in the church
www.thelightison.org

Midday Reflections Starting February 14
Daily in your email inbox at 12:00pm
Fr. Posey’s reflections on undoing the knots in our lives every Sunday, plus reflections on the daily readings Monday through Saturday from The Word Among Us. Sign up at www.stjamescatholic.org/lent or http://bit.ly/Reflections2018

CRS Rice Bowl – Encounter Lent
Join our faith community—and nearly 14,000 Catholic communities across the United States—in a life-changing Lenten journey of encounter with CRS Rice Bowl. Pick up your family’s CRS Rice Bowl from the church entrances anytime in February. During the 40 days of Lent, as companions on the journey, we will encounter our neighbor.

The Bracelet Project Returns
Pick up a bracelet from our church vestibule as a visual reminder to bind yourself to Christ, not the knots that tangle up your life.
Make a Date
Mark your calendar and set aside time this Lent to visit the great resources on FORMED.org.

Movie of the Month — Bakhita: From Slave to Saint
St. Josephine Bakhita was bound in slavery and found freedom in God, eventually turning to the courts for justice and dedicating her life to Jesus as a Canossian sister. (We're suggesting a Parish Movie of the Month to help you find entertaining content on FORMED so you can enjoy movie night at home with friends or family and deepen your faith.)

A Lent to Remember
Loosen the knots and smooth out the snags in your life through this wonderful study program designed to help you better understand the depth of God’s mercy available through the Sacrament of Confession.

Register for FREE at www.stjamescatholicva.formed.org and start watching or reading on your favorite device.

40 Days for Life
Please join our Pro-Life Committee for the Lenten 40 Days for Life campaign (www.40daysforlife.com), beginning on Wednesday, February 14, at 351 locations in 25 countries. Our local campaign will be in front of the Falls Church Healthcare Center, 900 South Washington Street. For 40 days and nights, people of faith and conscience will stand in constant, peaceful vigil outside hundreds of abortion facilities … to do the single most important thing we can do: PRAY. Sign up at 40daysforlife.com/local-campaigns/falls-church.

The St. James Pro-Life Committee meets the first Thursday of each month at 7:30pm in the Knecht Conference Room. The next meeting will be on March 1. Email stjameslife@gmail.com for details of our kick off vigil or to join the mailing list.

Every Friday during Lent beginning February 16
5:00pm – 8:00pm in Heller Hall

Betta not miss it!
Around the Diocese

2018 Diocesan Young Adult Retreat Friday, February 23 through Sunday, February 25

All Young Adults (ages 21-39) are invited to the 2018 Diocesan Young Adult Retreat, "Conversing with God," which will be held at San Damiano Spiritual Life Center and led by Fr. Eric de la Pena, OFM Conv. A single occupancy room costs $200, and a double occupancy room costs $150 per person. If you have any questions, please email Brendan Gotta at B.Gotta@arlingtondiocese.org or call 703-841-2549.

Separated? Divorced? Widowed???
Nine Week Rebuilding Program Starts February 25

The Rebuilding Program sponsored by the Diocese of Arlington Office for Family Life helps people of all faiths who are separated, divorced, or widowed and want to move on with their lives. The nine week program starts Sunday, February 25th and meets Sunday evenings 5:30 - 8:00pm at the St. Martin De Porres Center in Alexandria. Topics include adaptation, grief, anger, self-worth, openness, love, and relatedness. For more information email facilitator@copingrebuilding.com, visit us on the web at http://www.copingrebuilding.com or call us at 703-596-2673.

2018 Women's Conference Featuring Diane Foley and Sister Grace Dominic—Saturday, March 10

All women of the Catholic Diocese of Arlington are invited to the 2018 Women's Conference "From Darkness Into Light" on March 10 at St. Joseph Catholic Church in Herndon, VA. Featuring Diane Foley, mother of slain journalist, James Foley, and Sr. Grace Dominic, writer and national speaker. Holy Mass will be celebrated by Bishop Michael Burbidge.

Check-in begins at 7:45am and the event begins at 8:45am. Carpooling is encouraged. To register, visit to www.arlingtondiocese.org/women. Registration is $65. Please register ASAP. Registration for the Men’s Conference is now closed.

Dear Brothers and Sisters in Christ:

It was a great joy in my first year as the Bishop of Arlington to visit many of our parishes and missions and to encounter the various programs and ministries supported by our diocese. These experiences have also allowed me to see the vital impact of the annual Bishop’s Lenten Appeal, which funds over 40 programs and ministries that provide spiritual, educational and pastoral assistance to our families and our neighbors, especially those in need.

I respectfully ask that you consider offering a generous gift to this year’s BLA which will allow us to sustain and to develop these programs in our diocese. In a few moments, your pastor will guide you through the pledging process. Please know of my sincere gratitude for the past gifts that so many of you have given to this vital appeal. With God’s grace and your generosity, we will bring His love and compassion to the countless people who are served through the support of the BLA each year.

Be assured of my prayers for you and your families. May Our Lord Jesus bless you abundantly during this sacred Season of Lent and always.

Sincerely in Christ,

Michael F. Burbidge
Most Reverend Michael F. Burbidge
Bishop of Arlington

YOUTH MINISTRY
AT ST. JAMES

Want to get involved? Visit our website at www.stjamescatholic.org/youth or contact Fr. Oetjen at 703-532-8815 or fatheroetjen@stjamescatholic.org

Stay tuned! WorkCampers are preparing Lenten stones for their fundraiser in March.
“Thank God, I found Gabriel Project. Because of them I was able to have wonderful doctors’ appointments where I was treated with respect and dignity. Because of you all, I have a healthy baby boy! God bless you.”

LIVING in faith + GIVING in gratitude

2017 HIGHLIGHTS:
- Gabriel Project supported 255 mothers with prenatal care and/or monetary and medical assistance.
- 52 healthy babies were born to Gabriel Project Mothers.
- Project Rachel ministered to 150 post-abortion women who sought true healing through the mercy and love of Christ.

2018 Bishop’s Lenten Appeal
CATHOLIC DIOCESE OF ARLINGTON

Please consider donating to the Bishop’s Lenten Appeal at:
https://secure3.arpingtondiocese.org/BLA/BLA/BLA_Home.aspx

To donate online, please have the BLA ID on the BLA envelope mailed to your home handy.
### February Prayer Intention of Pope Francis

That those who have material, political or spiritual power may resist any lure of corruption.

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#### This Week in Our Parish

**Sunday, February 11**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:15am</td>
<td>Baptism Class</td>
<td>School Library — Door 17</td>
</tr>
<tr>
<td>12:00pm</td>
<td>Hispanic RCIA</td>
<td>Knecht Conference Room — Doors 8 &amp; 9</td>
</tr>
<tr>
<td>1:00pm</td>
<td>Hispanic PREP</td>
<td>School — Door 16</td>
</tr>
<tr>
<td>1:30pm</td>
<td>Scripture Study (co-ed)</td>
<td>School Library — Door 17</td>
</tr>
<tr>
<td>4:00pm</td>
<td>Hispanic Prayer Group Emmanuel</td>
<td>Heller Hall — Door 13</td>
</tr>
<tr>
<td>4:30pm</td>
<td>Hispanic Legion of Mary</td>
<td>House of Ministries — 913 Park Avenue</td>
</tr>
<tr>
<td>5:00pm</td>
<td>Holy Hour</td>
<td>Church</td>
</tr>
</tbody>
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**Monday, February 12**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>3:45pm</td>
<td>Teacher Bible Study</td>
<td>School Classroom</td>
</tr>
<tr>
<td>7:00pm</td>
<td>Hogar English &amp; Citizenship Classes</td>
<td>School</td>
</tr>
<tr>
<td>7:30pm</td>
<td>RCIA</td>
<td>Knecht Conference Room — Doors 8 &amp; 9</td>
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**Tuesday, February 13**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
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<tbody>
<tr>
<td>9:00am</td>
<td>Seniors Committee</td>
<td>Knecht Meeting Room — Doors 8 &amp; 9</td>
</tr>
<tr>
<td>4:45pm &amp; 7:00pm</td>
<td>PREP</td>
<td>School — Door 16</td>
</tr>
<tr>
<td>7:00pm</td>
<td>H.S. PREP — Catholicism</td>
<td>School</td>
</tr>
<tr>
<td>7:00pm</td>
<td>40 Days for Life Vigil &amp; Reception</td>
<td>900 S. Washington, then Heller Hall</td>
</tr>
<tr>
<td>7:30pm — 9:00pm</td>
<td>Legion of Mary</td>
<td>House of Ministries — 913 Park Avenue</td>
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**Wednesday, February 14 — Ash Wednesday — see cover for Mass schedule**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>9:15am — 11:00am</td>
<td>Scripture Study — Women</td>
<td>Knecht Conference Room — Doors 8 &amp; 9</td>
</tr>
<tr>
<td>9:15am — 11:00am</td>
<td>Scripture Study — Women</td>
<td>Knecht Meeting Room — Doors 8 &amp; 9</td>
</tr>
<tr>
<td>7:00pm</td>
<td>Hogar English &amp; Citizenship Classes</td>
<td>School</td>
</tr>
<tr>
<td>7:30pm</td>
<td>Charismatic Prayer Group</td>
<td>Knecht Conference Room — Doors 8 &amp; 9</td>
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**Thursday, February 15**

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<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>9:30am — 11:30am</td>
<td>Scripture Study — Co-ed</td>
<td>Knecht Conference Room — Doors 8 &amp; 9</td>
</tr>
<tr>
<td>7:00pm</td>
<td>Holy Hour</td>
<td>Church</td>
</tr>
<tr>
<td>7:30pm</td>
<td>First Communion Parent Meeting</td>
<td>Heller Hall, Door 13</td>
</tr>
<tr>
<td>7:30pm</td>
<td>Young Adult Focus Group</td>
<td>House of Ministries, 913 Park Avenue</td>
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**Friday, February 16 — Early Dismissal at 11:30am. Please do not park in church parking lots for Noon Mass or Confession. Thank you.**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>11:15am — 11:45am</td>
<td>Confessions</td>
<td>Church</td>
</tr>
<tr>
<td>5:00pm</td>
<td>Fish Fry</td>
<td>Heller Hall — Door 13</td>
</tr>
<tr>
<td>6:00pm</td>
<td>Stations of the Cross in Spanish</td>
<td>Church</td>
</tr>
<tr>
<td>7:30pm</td>
<td>St. James Mens Group</td>
<td>House of Ministries — 913 Park Avenue</td>
</tr>
<tr>
<td>7:30pm</td>
<td>Stations of the Cross in English</td>
<td>Church</td>
</tr>
</tbody>
</table>

**Saturday, February 17 — Girl Scout Cookie Sales after Mass**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00am — 1:00pm</td>
<td>Eucharistic Ministers Retreat</td>
<td>Knecht Conference Room, Doors 8 &amp; 9</td>
</tr>
<tr>
<td>3:30pm — 4:30pm</td>
<td>Confessions</td>
<td>Church</td>
</tr>
<tr>
<td>5:30pm — 9:00pm</td>
<td>Hispanic Prayer Group Santiago Apostol</td>
<td>Heller Hall — Door 13</td>
</tr>
<tr>
<td>7:30pm</td>
<td>Confessions</td>
<td>Church</td>
</tr>
</tbody>
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**Looking Ahead to April**

(Yes, April!)

- **Sunday, April 1** — Easter Sunday
- **Wednesday, April 18** — Volunteer Dinner
- **Saturday, April 21** — Auction/Gala

---
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- Speech Therapy • Occupational Therapy
- Respite Care • Live-in/24 Hr. Care
- Medical Social Services • Private Duty Nursing
- Travel Assistance • Home Health Aide
- Personal Care Assistance • Homemaker Services
- Alzheimer’s/Dementia Care • Companion Care

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