THIS WEEK AT ST. JAMES

SUNDAY, FEBRUARY 18
Girl Scout Cookie Sales
Following all Masses
Parish Library
10:00am – 2:00pm
House of Ministries

WEDNESDAY, FEBRUARY 21
THE LIGHT IS ON
6:30pm – 8:00pm
Confessions & prayer in the church

Middle School Night
7:00pm – 8:00pm
Heller Hall, Door 13

FRIDAY, FEBRUARY 23
A day of abstinence
Stations of the Cross
6:00pm en Español
7:30pm in English
Lenten Fish Fry
5:00pm – 8:00pm
Heller Hall, Door 13

Reflection Question:
How is Jesus calling you to repentance this Lent so that you can believe more deeply that the Kingdom of God is here?

MASS SCHEDULE:
Saturday Vigil: 5:00pm
Sunday: 7:30am, 9:00am, 10:30am
12:00 noon and 7:00pm
Spanish Mass: 2:30pm
Daily: 6:30am, 8:30am & 12:00 noon
Saturday: 8:30am
Federal Holidays: 6:30am, 8:30am
Holy Days: 7:30pm Vigil
6:30am, 8:30am, 12:00 noon and
7:30pm

CONFESSIONS:
Friday: 11:15 - 11:45am
Saturday: 3:30-4:30pm & 7:30-8:00pm
or by appointment

Eucharistic Holy Hour:
Sunday: 5:00pm
Third Thursdays: 7:00pm
First Fridays:
Exposition: 9:00am - 11:45am
Benediction of the Blessed Sacrament: 11:45am
Stewardship

This week the second collection will be for the Black and Indian Missions which exist to help diocesan communities build the Church and preach the Gospel of Jesus among the African American, Native American, and Alaska Native people of God.

Every year, it is the amazing generosity of Catholic faithful which supports parish life, catechesis, evangelization, education and the promotion of vocations. Thank you for your support.

CLERGY
Very Rev. Patrick L. Posey, V.F., Pastor
Rev. Phillip M. Cozzi, Parochial Vicar
Rev. Steven Oetjen, Parochial Vicar
Rev. José E. Hoyos, Hispanic Apostolate*
Rev. Ghenghan Mbinkar, In Residence
Rev. Denis Tameh, In Residence
Rev. Gregory Thompson, In Residence
Deacon James A. Fishenden
Deacon Edward Gliot

SCHOOL
830 W. Broad Street, Falls Church, Va. 22046
Phone: 703-533-1182; Fax: 703-532-8316
Sister Mary Sue Carwile, IHM, Principal
mainoffice@saintjamesschool.org

RELIGIOUS EDUCATION
703-533-1182 x104
Sister Regina Rosarii McLallen, IHM, Director
religioused@saintjamesschool.org

MINISTRY TO THE SICK
If anyone is confined to home or hospital, please call 703-532-8815 x130
Sister Margaret John Stichter, IHM, Director
visitingministry@stjamescatholic.org

MUSIC MINISTRY
Dan Day, Director
703-532-8815 dday@stjamescatholic.org

YOUTH MINISTRY
Fr. Steven Oetjen
703-532-8815 fatheroetjen@stjamescatholic.org

CONVENT
101 N. Spring Street, Falls Church, Va. 22046
703-532-2388
Sister Mary Sue Carwile, IHM, Superior

*HISPANIC APOSTOLATE
200 N. Glebe Road, Arlington, Va. 22203
703-841-3883

RECTORY OFFICE
905 Park Avenue, Falls Church, Va. 22046
Phone: 703-532-8815; Fax: 703-533-7644
rectory@stjamescatholic.org

Jean Gliot, Office Manager
jgliot@stjamescatholic.org
Child protection and safety coordinator

Ginny Beauchamp, Records Manager
gbeauchamp@stjamescatholic.org
Sacramental records, baptisms, registrations, address changes and room reservations

Judy Burke, Receptionist
receptionist@stjamescatholic.org

HOUSE OF MINISTRIES
913 Park Avenue, next door to the rectory
Rich Blickendorfer, Business Manager
703-532-8815 rblickendorfer@stjamescatholic.org

Kara Rider, Accounting Specialist
703-532-8815 krider@stjamescatholic.org

ADVANCEMENT
Christine Kurtzke Hughes, Director
703-532-8815 x131 advancement@stjamescatholic.org
125th Anniversary Campaign, faculty and school support, alumni relations, marketing, planned giving and other charitable donation opportunities

COMMUNICATIONS
Lisa Helene Bacalski, Director
703-532-8815 x133 lhelene@stjamescatholic.org

Bulletin Deadline: Friday at 9:00am
10 days before Sunday publication date
Via website form posted under Events/Bulletin/Bulletin Submissions.
No emails please.
Our journey from the dust of Ash Wednesday to the dawn of Easter morning has begun. The time to untie those knots which bind our hearts from giving and receiving God’s love is at hand. How did we get so ensnared? I spoke with someone recently (not in the confessional!) about how they felt the one knot that has prevented them from right relationships is pride. “I must win this argument because I am right! I have better facts! I am older and know better! I am the parent!”

How many times have we missed the opportunity to encounter others as they are and not as we want them to be? To break the ice which has formed in our workplace, our home or our friendships with a simple gesture of love? This same person spoke of how their disappointment, anger and confusion with their child can so easily become a fortress which they think protects them from further hurt. But in reality, it bars God’s mercy from both of them. “I had this internal debate whether to swallow my pride and simply give a hug before they left for school. When resolve finally morphed into action, the front door had already closed. I missed that chance to send them away in the spirit of forgiveness, a forgiveness that is so often given to me.”

If this was easy, we would have perfect harmony in our world. But it is not. Christ emptied Himself completely upon the Cross; but not before asking God if it could be avoided. “But not my will but yours be done.” His is a lesson of selflessness resulting in the greatest gift we have: salvation through forgiveness. Bound not with chains of pride but with the freedom of Christ’s love.

~Fr. Posey

**Weekly Reflection**

**Readings:**
Genesis 9:8-15; Psalm 25;
1 Peter 3:18-22; Mark 1:12-15

[http://usccb.org/bible/readings/021818.cfm](http://usccb.org/bible/readings/021818.cfm)

**Reflection Question:**
How is Jesus calling you to repentance this Lent so that you can believe more deeply that the Kingdom of God is here?

**For our complete Lent schedule, see p. 6 or visit**
[www.stjamescatholic.org/lent](http://www.stjamescatholic.org/lent)

**Mary, Undoer of Knots**

**Pray for us**
Mother of fair love, I look to you.

Take into your hands the ribbon of my life and see the snare of knots that keeps me bound to sin, anxiety, and hopelessness.

I beg you, Mother, by your powerful intercession and long fingers of love and grace, undo the knots in my heart and in my life. Free me to love as Christ loves.

**Ponder the Theme:** What are the knots in your life or challenges in relationships that prevent you from connecting with God?
Mass Intentions for the First Week of Lent

Saturday, February 17
5:00 p.m.   Gratitude to Christ

Sunday, February 18
7:30 a.m.   +Katheryn Cole
9:00 a.m.   +Wayne Lechleitner
10:30 a.m.  Van Holren
Noon       +Luis Guinot
2:30 p.m.   People of St. James
7:00 p.m.   +Robert Joseph Neville

Monday, February 19 (Presidents’ Day Holiday)
6:30 a.m.   +Juan and Maura Peruda
8:30 a.m.   +Joseph Pipan
NO NOON MASS

Tuesday, February 20
6:30 a.m.   +Margaret Stichter
8:30 a.m.   +Darlene Ziemba
Noon       +John and Rita Braddock

Wednesday, February 21
6:30 a.m.   +James D. Foos
8:30 a.m.   +M. Ligeza
Noon       +Edith Mangarelli

Thursday, February 22
6:30 a.m.   +John Gagnon
8:30 a.m.   +Kevin Bushell
Noon       +Jerome Paul Braddock

Friday, February 23
6:30 a.m.   +Virginia Byrd
8:30 a.m.   +Helen Ferron Murphy
Noon       +Dr. Eusebio Benemerito

Saturday, February 24
8:30 a.m.   +Clarence R. Dauer
5:00 p.m.   +Mary Fratta

Sunday, February 25
7:30 a.m.   +Josephine and Nick Lutsch
9:00 a.m.   Lance Burton
10:30 a.m.  People of St. James
Noon       +Robert O’Connor
2:30 p.m.   +Conny Vilchez
7:00 p.m.   +Lawrence and Mary Maher

Pray for Those Serving Overseas, Our Disabled Veterans, and Military Retirees

Please pray for those serving in the military and foreign service, especially Justin Berg, James Hoy, Capt. Roger (Trey) DeGeorges III, 1st Lt. Joe Paoletta, USMC, Capt. Albert C. Young, and Michele Petersen. Send names to bulletin@stjamescatholic.org. Let us know when your loved ones return.

This Week’s Saints and Special Observances

Sunday: First Sunday of Lent; Rite of Election; Rite of Calling the Candidates to Continuing Conversion; Rite of Sending

Monday: Presidents’ Day; Julian Calendar Lent

Wednesday: St. Peter Damian

Thursday: Chair of St. Peter the Apostle; Washington’s Birthday

Friday: St. Polycarp; Abstinence

Today’s Readings

First Reading — God’s covenant with Noah when he was delivered from the flood (Genesis 9:8-15).

Psalm — Your ways, O Lord, are love and truth to those who keep your covenant (Psalm 25).

Second Reading — The water of the flood prefigured baptism, which saves you now (1 Peter 3:18-22).

Gospel — This is the time of fulfillment. The kingdom of God is at hand (Mark 1:12-15).


Readings for the Week

Monday: Lv 19:1-2, 11-18; Ps 19:8-10, 15; Mt 25:31-46

Tuesday: Is 55:10-11; Ps 34:4-7, 16-19; Mt 6:7-15

Wednesday: Jon 3:1-10; Ps 51:3-4, 12-13, 18-19; Lk 11:29-32

Thursday: 1 Pt 5:1-4; Ps 23:1-3a, 4-6; Mt 16:13-19

Friday: Ez 18:21-28; Ps 130:1-8; Mt 5:20-26

Saturday: Dt 26:16-19; Ps 119:1-2, 4-5, 7-8; Mt 5:43-48

Sunday: Gn 22:1-2, 9a, 10-13, 15-18; Ps 116:10, 15-19; Rom 8:31b-34; Mk 9:2-10

Remember in Your Prayers...

the sick of our parish family:
Andrea Andrade        Virginia Holmes
Maddie Cabatic        Ramona Jaeger
Anna Dziubinski       Marie Kunec

and the deceased of our parish family:
Sean Goss
Patricia Anne Pollock
Girls Confirmation Retreat
10:00am – 1:00pm in Heller Hall
Saturday, February 24

Consider checking out some of the great children’s programming on FORMED.org. It’s free, faithful and fun!

Visit www.stjamescatholic.org/formed for suggestions and links to register.

“Be doers of the word, and not just listeners”
— James 1:22

Congratulations to our 2018 Science Fair Winners!
Blake Brown - physics
Thomas Brown - zoology
Jamie Cruz - behavioral and social science
Mary Gartner - microbiology
Jonathan Hales - physics
Karlos Martinson-Rodriguez - behavioral and social science
Bernadette Montfort - botany
Stella Smith - biochemistry
William Weaver - medicine and health
Morgan Wilson - behavioral and social science

They will compete in the Diocesan Science Fair in the spring. Thank you to their parents for supporting them and teachers Mrs. Gartner and Mrs. Ott who prepared all the students so well.
Lent 2018 at St. James

FRIDAYS
Starting February 16
Stations of the Cross
6:00pm Español,
7:30pm English
in the church

Lenten Fish Fry Fridays
5:00pm – 8:00pm
in Heller Hall

THIRD
THURSDAYS
February 15
and March 15
Holy Hour
7:00pm in the church

WEDNESDAYS
Starting February 21
The Light is On
Prayer & Confessions
6:30-8:00pm in the church
www.thelightison.org

Midday Reflections
Daily in your email inbox at 12:00pm
Fr. Posey’s reflections on undoing the
knots in our lives every Sunday, plus
reflections on the daily readings
Monday through Saturday from The
Word Among Us. Sign up at
www.stjamescatholic.org/lent or

CRS Rice Bowl
ENCOUNTER MAJD
In Iraq, we encounter Majd and his
family, people forced to flee violence,
searching for stability. How are we
called to welcome the stranger in our
midst? How can you support those,
worldwide, who are forced to flee their
homes to find safety or better
opportunities? Visit crsricebowl.org to
learn more.

The Bracelet Project Returns
Pick up a bracelet from our church
vestibule as a visual reminder to bind
yourself to Christ, not the knots that
tangle up your life.
Focus on Hunger-Lenten Food Collection

During Lent, food collected at the doors of the Church will be given to the Falls Church Community Service Council food pantry at Knox Presbyterian Church, Food for Others (a food bank which distributes food to many in the northern Virginia area), and distributed through the St. James Food Distribution Program. Please consider donating 5-10 lb. bags of rice or kidney beans, boxes of cereal, tuna, peanut butter, jelly and hearty soups. Your donations can be placed in the boxes near the doors of the Church after any mass. All donations of rice, beans and cereal will remain at St. James and be distributed through its monthly food distribution program.

This weekend, food donated by St. James’ parishioners will be given to the Falls Church Community Service Council (FCS). St. James is a founding member of the council.

FCS maintains a food pantry at Knox Presbyterian Church which provides non-perishable and fresh food to families in need. Volunteer staff at the food pantry deliver food to families six days a week -- Monday through Saturday. Food donations come from member congregations, individuals and local food drives. Additional critical food is purchased when needed as funds are available. Volunteers bag and deliver a week's supply of food to needy clients. Thank you for your generosity.

40 Days for Life

Please join our Pro-Life Committee for the Lenten 40 Days for Life campaign (www.40daysforlife.com), at 351 locations in 25 countries. Our local campaign will be in front of the Falls Church Healthcare Center, 900 South Washington Street. Join us anytime on Wednesdays or whenever possible. Sign up at 40daysforlife.com/local-campaigns/falls-church.

The St. James Pro-Life Committee meets the first Thursday of each month at 7:30pm in the Knecht Conference Room. The next meeting will be on March 1. Email stjameslife@gmail.com for details or to join the mailing list.

Preborn Baby Facts: At eighteen weeks old a preborn baby is 10 inches from head to foot. The baby swallows amniotic fluid, which is good for digestion and prepares the baby to swallow milk after birth.

Then the righteous will answer Him, “Lord, when did we see You hungry, and feed You, or thirsty, and give You something to drink?”

Matthew 25:37

Every Friday during Lent
5:00pm – 8:00pm
in Heller Hall
Betta not miss it!
YOUTH MINISTRY AT ST. JAMES

Want to get involved? Visit our website at www.stjamescatholic.org/youth or contact Fr. Oetjen at 703-532-8815 or fatheroetjen@stjamescatholic.org

Stay tuned! WorkCampers are preparing Lenten stones for their fundraiser in March.

FUSION returns on Friday, March 2 at 6:30pm!

Make a Date
Mark your calendar and set aside time this Lent to visit the great resources on FORMED.org.

Movie of the Month — Bakhita: From Slave to Saint
St. Josephine Bakhita was bound in slavery and found freedom in God, eventually turning to the courts for justice and dedicating her life to Jesus as a Canossian sister. We're suggesting a Parish Movie of the Month to help you find entertaining content on FORMED so you can enjoy movie night at home with friends or family and deepen your faith.

Register for FREE at www.stjamescatholicva.formed.org

Around the Diocese

Separate? Divorced? Widowed??? Nine Week Rebuilding Program Starts February 25
The Rebuilding Program sponsored by the Diocese of Arlington Office for Family Life helps people of all faiths who are separated, divorced, or widowed and want to move on with their lives. The nine week program starts Sunday, February 25th and meets Sunday evenings 5:30 - 8:00pm at the St. Martin De Porres Center in Alexandria. For more information email facilitator@copingrebuilding.com, visit us on the web at www.copingrebuilding.com or call us at 703-596-2673.

Vatican International Exhibition - Eucharistic Miracles of the World — March 2-4 at St. John the Beloved
The exhibition consists of illustrations and detailed descriptions - in English and Spanish - of more than 130 Eucharistic miracles that have occurred all over the world dating as far back as the 900’s. Originally compiled by Servant of God Carlo Acutis, the depictions provide unique confirmation of the True Presence in the Eucharist. Friday 9:00am-8:00pm, Saturday 9:00am - 8:00pm, or Sunday 8:00am-6:00pm. For more info, contact Sharon Teitelbaum at sharontei@yahoo.com or Pat Molineaux - pmolineaux@aol.com.

Office of Catholic Schools Annual Teacher Job Fair — March 10 at Paul VI
The Office of Catholic Schools invites prospective teachers to a Teacher Job Fair at Paul VI High School, 10675 Fairfax Boulevard, Fairfax, VA 22030, on Saturday, March 10 from 9:00am to 11:00am. We believe in our teachers! Join our excellent schools for a faith-filled experience. For more information visit www.arlingtondiocese.org/Catholic-Schools/Careers or call (703) 841-2519.
MARRIAGE PREPARATION, MARRIAGE AND FAMILY ENRICHMENT

2017 HIGHLIGHTS:

- More than 1,000 couples attended the Conferences for the Engaged this year. This program is designed to stimulate reflection and discussion on key aspects of marriage and family life. Some topics that are covered include: Marriage as a Sacrament, Communication, Marital Intimacy, Natural Family Planning, Parenting and the Church and Christian family.
- 1,045 Sacramental Marriages were celebrated in 2017.
- More than 4,000 people receive weekly “2 Minutes 2 Virtue” videos reflections given by priests of the Diocese of Arlington. They are designed to help Catholics on the go get the most out of Sunday readings.
- 700 men attended the 2017 Men’s Conference. The 2017 theme was Girding for Battle.
- 700 women attended the 2017 Women’s Conference. The 2017 theme was Breaking Free Through Forgiveness.
- More than 300 participated in the Couple’s Retreat for married couples and more than 210 couples attended the annual marriage Jubilee Mass celebrating golden and silver anniversaries.
- More than 50 participated in the annual novena for couples struggling with infertility, miscarriage and adverse prenatal diagnoses.
- More than 300 signed up to receive the Lenten 40Days40Ways challenge designed to help promote charity in the family.

2018 BISHOP’S LENTEN APPEAL
CATHOLIC DIOCESE OF ARLINGTON

Please consider donating to the Bishop’s Lenten Appeal at:
https://secure3.arlingtondiocese.org/BLA/BLA/BLA_Home.aspx

To donate online, please have the BLA ID on the BLA envelope mailed to your home handy.
**February Prayer Intention of Pope Francis**

That those who have material, political or spiritual power may resist any lure of corruption.

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**This Week in Our Parish**

**Sunday, February 18 — Girl Scout Cookie Sales after Mass**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>10:00am–2:00pm</td>
<td>Parish Library</td>
<td>House of Ministries — 913 Park Avenue</td>
</tr>
<tr>
<td>1:30pm–3:30pm</td>
<td>Scripture Study (co-ed)</td>
<td>School Library — Door 17</td>
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<tr>
<td>4:00pm–7:00pm</td>
<td>Hispanic Prayer Group Emmanuel</td>
<td>Heller Hall — Door 13</td>
</tr>
<tr>
<td>4:30pm–6:00pm</td>
<td>Hispanic Legion of Mary</td>
<td>House of Ministries — 913 Park Avenue</td>
</tr>
<tr>
<td>5:00pm</td>
<td>Holy Hour</td>
<td>Church</td>
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**Monday, February 19 — President’s Day. Mass at 6:30am and 8:30am only. School and Rectory Office closed.**

**Tuesday, February 20**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>4:45pm &amp; 7:00pm</td>
<td>PREP</td>
<td>School — Door 16</td>
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<tr>
<td>7:00pm</td>
<td>H.S. PREP — Catholicism</td>
<td>School — Door 16</td>
</tr>
<tr>
<td>7:00pm</td>
<td>40 Days for Life Vigil &amp; Reception</td>
<td>FEBRUARY 13 (OUR APOLOGIES!)</td>
</tr>
<tr>
<td>7:30pm–9:00pm</td>
<td>Legion of Mary</td>
<td>House of Ministries — 913 Park Avenue</td>
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**Wednesday, February 21**

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<tr>
<td>9:15am–11:00am</td>
<td>Scripture Study — Women</td>
<td>Knecht Conference Room — Doors 8 &amp; 9</td>
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<tr>
<td>9:15am–11:00am</td>
<td>Scripture Study — Women</td>
<td>Knecht Meeting Room — Doors 8 &amp; 9</td>
</tr>
<tr>
<td>6:30pm–8:00pm</td>
<td>Light is On</td>
<td>Church</td>
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<tr>
<td>7:00pm–8:00pm</td>
<td>Middle School Night</td>
<td>Heller Hall — Door 13</td>
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<tr>
<td>7:00pm–9:00pm</td>
<td>Hogar English &amp; Citizenship Classes</td>
<td>School</td>
</tr>
<tr>
<td>7:30pm</td>
<td>Charismatic Prayer Group</td>
<td>Knecht Conference Room — Doors 8 &amp; 9</td>
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**Thursday, February 22**

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<tr>
<td>9:30am–11:30am</td>
<td>Scripture Study — Co-ed</td>
<td>Knecht Conference Room — Doors 8 &amp; 9</td>
</tr>
<tr>
<td>7:00pm–9:00pm</td>
<td>Scripture Study — Women</td>
<td>Art Room — Door 17</td>
</tr>
<tr>
<td>7:30pm</td>
<td>Young Adult Focus Group</td>
<td>House of Ministries, 913 Park Avenue</td>
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**Friday, February 23**

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<th>Time</th>
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<th>Location</th>
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<tbody>
<tr>
<td>11:15am–11:45am</td>
<td>Confessions</td>
<td>Church</td>
</tr>
<tr>
<td>5:00pm–8:00pm</td>
<td>Fish Fry</td>
<td>Heller Hall — Door 13</td>
</tr>
<tr>
<td>6:00pm</td>
<td>Stations of the Cross in Spanish</td>
<td>Church</td>
</tr>
<tr>
<td>7:30pm</td>
<td>Stations of the Cross in English</td>
<td>Church</td>
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**Saturday, February 24**

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<th>Location</th>
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<tbody>
<tr>
<td>10:00am–1:00pm</td>
<td>Girls Confirmation Retreat</td>
<td>Heller Hall — Door 13</td>
</tr>
<tr>
<td>3:30pm–4:30pm</td>
<td>Confessions</td>
<td>Church</td>
</tr>
<tr>
<td>5:30pm–9:00pm</td>
<td>Hispanic Prayer Group Santiago Apostol</td>
<td>Heller Hall — Door 13</td>
</tr>
<tr>
<td>7:30pm</td>
<td>Confessions</td>
<td>Church</td>
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**Looking Ahead to April (Yes, April!)**

**Sunday, April 1 — Easter Sunday**

**Sunday, April 8 — Divine Mercy Sunday**

Holy Hour with Mark Forrest at 5:00pm

**Wednesday, April 18 — Volunteer Dinner**

**Saturday, April 21 — Auction/Gala**

**Monday, April 23 — Confirmation, Group A**

**Tuesday, April 24 — Confirmation, Group B**

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Check out Broadway Desserts at Bishop O’Connell H.S.! There are two shows this year – Saturday, February 24, at 7:00pm and Sunday, February 25, at 2:00pm. For info & tickets, visit [www.bishopoconnell.org/desserts](http://www.bishopoconnell.org/desserts) or call 703-237-1462.
Growing Up with a Healthy Smile!
We are committed to providing comprehensive, compassionate
dental care to our infant, child and adolescent patients.

- General checkups, exams, cleanings and fillings
- Preventative dental care, including fluoride treatments and sealants
- Dental care for patients with compromising medical conditions & special needs
- Emergency pediatric dental services
- Sedation and hospital dentistry
- Digital X-rays

Call to schedule a complimentary tour of our office
703.533.5511 | 6400 Arlington Blvd., Suite 80, Falls Church, VA

Focusing on your Health
MAINTAINING Your Independence
A LEADER IN QUALITY HOME HEALTH CARE
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- Speech Therapy / Occupational Therapy
- Respite Care / Live-in/24 hr. Care
- Medical Social Services / Private Duty Nursing
- Travel Assistance / Home Aide
- Personal Care Assistance / Homemaker Services
- Alzheimer’s/Dementia Care / Companion Care

4216 Evergreen Lane, Ste. 124 & 124, Annandale, VA
703.998.8900
www.americanings.com