THIS WEEK
AT ST. JAMES

SUNDAY, FEBRUARY 25
Presentation of Candidates for First Holy Communion at 9:00 and 10:30am Masses

WEDNESDAY, FEBRUARY 28
THE LIGHT IS ON
6:30pm – 8:00pm
Confessions & prayer in the church

FRIDAY, MARCH 2
A day of abstinence and FIRST FRIDAY
Eucharistic Exposition – 9:00-11:45am
Benediction – 11:45am in the church
Middle School Fusion 6:30pm
Knecht Conference Room, Doors 8 & 9
Food Distribution 7:00pm
Knecht Gym (note the change)

Stations of the Cross
6:00pm en Español
7:30pm in English

Lenten Fish Fry
5:00pm – 8:00pm
Heller Hall, Door 13

Reflection Question:
What practical things could you do in your life to embrace your sufferings?

MASS SCHEDULE:
Saturday Vigil: 5:00pm
Sunday: 7:30am, 9:00am, 10:30am
12:00 noon and 7:00pm
Spanish Mass: 2:30pm
Daily: 6:30am, 8:30am & 12:00 noon
Saturday: 8:30am
Federal Holidays: 6:30am, 8:30am
Holy Days: 7:30pm Vigil
6:30am, 8:30am, 12:00 noon and 7:30pm

CONFESSIONS:
Friday: 11:15 - 11:45am
Saturday: 3:30-4:30pm & 7:30-8:00pm
or by appointment

Eucharistic Holy Hour:
Sunday: 5:00pm
Third Thursdays: 7:00pm
First Fridays:
Exposition: 9:00am - 11:45am
Benediction of the Blessed Sacrament: 11:45am
It is easy to say, “Here I am, Lord,” when we are in church. But how easy is it to say “Here I am, Lord,” when a neighbor needs our help, when we are invited to join a parish ministry, or when we are asked to provide financial support? Discipleship is not always easy, sometimes it leaves us uncomfortable and vulnerable — but always the richer for it. For all the many ways in which you give of yourself, thank you.
"I believed. Even when I said ‘I am greatly afflicted.’” Psalm 116

As a priest I have sat and prayed in hospitals, private homes, and the confessional for the relief of distress. Many have wondered about the redemptive power of suffering. In the midst of great trials some have even said to me that there is no point to pain, that they can gain perspective in far easier ways.

I have to say, I understand their point. No one likes pain. There’s a reason it’s called “The Agony in the Garden.” In His humanity Christ knew fear; he knew what awaited Him at the top of the hill.

Our reflection question asks us to embrace our sufferings. This doesn’t mean holding on, but rather letting go: of pride, fear, recrimination, blame. It means, as CS Lewis described, giving up our sense of “self-sufficiency.” We cannot do it alone.

Though God may never feel farther away during times of trial, it is precisely then He is closest to us. We just don’t recognize Him. We need to see him through the compassion of our loved ones. We need to see Him in the skills of those who care for us. We need to see Him in the Sacraments where grace is truly alive. We also need to BE Him for others. In that phone call; that text message; that visit or trip to the grocery store.

I’ve never actually made gravy but I have seen it done. What I have learned is that if you don’t stir the ingredients properly the lumps from your roux remain. It’s when you slowly incorporate everything into the mix, it becomes smooth. Bring God into your mix. Allow Him to enter into your life and ease your mind. This doesn’t mean you won’t have lumps or knots in your life. It doesn’t mean that you will not know pain or sadness. With Him, though, you will know love and the power of faith.

~Fr. Posey

Weekly Reflection
Readings:
Genesis 22:1-2, 9a, 10-13, 15-18; Psalm 116;
Romans 8:31b-34; Mark 9:2-10

http://www.usccb.org/bible/ readings/022518.cfm

Reflection Question:
What practical things could you do in your life to embrace your sufferings?

Ponder the Theme: How can you work through the knots of your life instead of fighting them?
## Mass Intentions for the Second Week of Lent

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Name(s)</th>
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<tbody>
<tr>
<td><strong>Saturday, February 24</strong></td>
<td>5:00 p.m.</td>
<td>+Mary Fratta</td>
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<td></td>
<td>7:30 a.m.</td>
<td>+Josephine and Nick Lutsch</td>
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<td></td>
<td>9:00 a.m.</td>
<td>Lance Burton</td>
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<td>10:30 a.m.</td>
<td>People of St. James</td>
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<td>Noon</td>
<td>+Robert O'Connor</td>
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<td>2:30 p.m.</td>
<td>+Conny Vilchez</td>
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<td>7:00 p.m.</td>
<td>+Lawrence and Mary Maher</td>
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<td><strong>Sunday, February 25</strong></td>
<td>6:30 a.m.</td>
<td>+Siony Sarte</td>
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<td>8:30 a.m.</td>
<td>+Alejandra Zulueta</td>
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<td>Noon</td>
<td>+Marie Louise Chang</td>
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<tr>
<td><strong>Monday, February 26</strong></td>
<td>6:30 a.m.</td>
<td>+Luke Garrison</td>
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<td>8:30 a.m.</td>
<td>+Eric Tuttle</td>
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<td>Noon</td>
<td>+Esther Arevalo</td>
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<tr>
<td><strong>Tuesday, February 27</strong></td>
<td>6:30 a.m.</td>
<td>+Martin and Eugenia Urmeneta</td>
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<td>8:30 a.m.</td>
<td>+Ed Scheid and Suzann Southworth</td>
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<td>Noon</td>
<td>+Rev. John F. Kurtzke, Jr. CSC</td>
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<tr>
<td><strong>Wednesday, February 28</strong></td>
<td>6:30 a.m.</td>
<td>+Catherine Milligan</td>
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<td>8:30 a.m.</td>
<td>+Angel Zulueta</td>
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<td></td>
<td>Noon</td>
<td>+Elise Dunn</td>
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<td><strong>Friday, March 2</strong></td>
<td>6:30 a.m.</td>
<td>+Steve and Ligaya Valentin</td>
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<td>8:30 a.m.</td>
<td>+Ralph and Anita Boccucci</td>
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<td>Noon</td>
<td>+Lucie Dilger</td>
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<td><strong>Saturday, March 3</strong></td>
<td>8:30 a.m.</td>
<td>+Tom and Chita Clemens</td>
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<td>5:00 p.m.</td>
<td>+Bob Timlin</td>
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<td><strong>Sunday, March 4</strong></td>
<td>7:30 a.m.</td>
<td>Quinlan and Szewczuk Families</td>
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<td>9:00 a.m.</td>
<td>+Ann Saccomano</td>
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<td>10:30 a.m.</td>
<td>+Bernard Edwardoski</td>
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<td>Noon</td>
<td>People of St. James</td>
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<td>2:30 p.m.</td>
<td>+Maria Vargas de Torres</td>
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<td>7:00 p.m.</td>
<td>+Christine Baltrym</td>
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## This Week’s Saints and Special Observances

**Sunday:** Second Sunday of Lent; Penitential Rite for Candidates for Full Communion

**Wednesday:** Purim (Jewish observance) begins at sunset

**Friday:** Abstinence; First Friday; World Day of Prayer

**Saturday:** St. Katharine Drexel; First Saturday

## Today’s Readings

### First Reading
The sacrifice of Abraham, our father in faith (Genesis 22:1-2, 9a, 10-13, 15-18).

### Psalm
I walk before the Lord, in the land of the living (Psalm 116).

### Second Reading
God did not spare his own Son (Romans 8:31b-34).

### Gospel
This is my beloved Son (Mark 9:2-10).

## Readings for the Week

<table>
<thead>
<tr>
<th>Day</th>
<th>Readings</th>
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</thead>
<tbody>
<tr>
<td>Monday: Dn 9:4b-10</td>
<td>Ps 79:8, 9, 11, 13; Lk 6:36-38</td>
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<td>Tuesday: Is 1:10</td>
<td>16-20; Ps 50:8-9, 16bc-17, 21, 23; Mt 23:1-12</td>
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<td>Wednesday: Jer 18:18-20</td>
<td>Ps 31:5-6, 14-16; Mt 20:17-28</td>
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<td>Thursday: Jer 17:5-10</td>
<td>Ps 1:1-4, 6; Lk 16:19-31</td>
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<td>Friday: Gn 37:3-4</td>
<td>12-13a; 17b-28a; Ps 105:16-21; Mt 21:33-43, 45-46</td>
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<td>Saturday: Mi 7:14-15</td>
<td>18-20; Ps 103:1-4, 9-12; Lk 15:1-3, 11-32</td>
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<td>Sunday: Ex 20:1-17</td>
<td>1-3, 7-8, 12-17; Ps 19:8-11; 1 Cor 1:22-25; Jn 2:13-25</td>
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Alternate readings (Year A):
Ex 17:3-7; Ps 95:1-2, 6-9; Rom 5:1-2, 5-8; Jn 4:42 [5-15, 19b-26, 39a, 40-42]

## Remember in Your Prayers...

### the sick of our parish family:
Andrea Andrade Virginia Holmes
Maddie Cabatic Ramona Jaeger
Anna Dziubinski Marie Kunec
Dorra Dee Estes

### and the deceased of our parish family:
Patricia Anne Pollock

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**Pray for Those Serving Overseas, Our Disabled Veterans, and Military Retirees**

Please pray for those serving in the military and foreign service, especially **Justin Berg, James Hoy, Capt. Roger (Trey) DeGeorges III, 1st Lt. Joe Paoletta, USMC, Capt. Albert C. Young, and Michele Petersen.** Send names to bulletin@stjamescatholic.org. Let us know when your loved ones return.

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**If God is for us, who can be against us?**

— Romans 8:31b
Ready, Set, Lent!

On Shrove Tuesday and Ash Wednesday, our PREP and SJS students prepared for the Lenten season through conversation, crafts, Mass, and yes, some king cake!
Lent 2018 at St. James

FRIDAYS
Stations of the Cross
6:00pm Español,
7:30pm English
in the church

Lenten Fish Fry Fridays
5:00pm – 8:00pm
in Heller Hall

THIRD THURSDAYS
February 15
and March 15
Holy Hour
7:00pm in the church

WEDNESDAYS
The Light is On
Prayer & Confessions
6:30-8:00pm in the church
www.thelightison.org

Midday Reflections
Daily in your email inbox at 12:00pm.
Fr. Posey’s reflections on undoing the
knots in our lives every Sunday, plus
reflections on the daily readings
Monday through Saturday from The
Word Among Us. Sign up at
www.stjamescatholic.org/lent or

CRS Rice Bowl
ENCOUNTER MAJD
In Iraq, we encounter Majd and his
family, people forced to flee violence,
searching for stability. How are we
called to welcome the stranger in our
midst? How can you support those,
worldwide, who are forced to flee their
homes to find safety or better
opportunities? Visit crsricebowl.org to
learn more.

The Bracelet Project Returns
Pick up a bracelet from our church
vestibule as a visual reminder to bind
yourself to Christ, not the knots that
tangle up your life.
Focus on Hunger-Lenten Food Collection

On the first Friday of the month 125-150 families come to pray together and receive groceries from St. James Parish. Several years ago, the Social Outreach Committee became aware of many needy families living within a 10-minute walk of St. James Church. A census conducted by committee members determined that their chronic need was food — especially at the beginning of the month when rent was due. The monthly food distribution was begun to partially address this need. Today, the families who are in need live throughout the Falls Church Area. Volunteers are always welcome to help, including those who speak Spanish or English.

Contact Janet Qualters at janet.r.qualters@gmail.com or at 703-573-9170 if you are interested in helping. Thank you for your generosity.

40 Days for Life

Please join our Pro-Life Committee for the Lenten 40 Days for Life campaign (www.40daysforlife.com), at 351 locations in 25 countries. Our local campaign will be in front of the Falls Church Healthcare Center, 900 South Washington Street. Join us anytime on Wednesdays or whenever possible. Sign up at 40daysforlife.com/local-campaigns/falls-church.

The St. James Pro-Life Committee meets the first Thursday of each month at 7:30pm in the Knecht Conference Room. The next meeting will be on March 1. Email stjameslife@gmail.com for details or to join the mailing list.

Preborn Baby Facts:
At eighteen weeks old a preborn baby is 10 inches from head to foot. The baby swallows amniotic fluid, which is good for digestion and prepares the baby to swallow milk after birth.

Every Friday during Lent
5:00pm – 8:00pm
in Heller Hall

Betta not miss it!

I see Jesus in every human being.
I say to myself, this is hungry Jesus.
I must feed him.

Mother Theresa
Parish News

Volunteer at Our St. Patrick’s Day Party for Local Seniors — March 10th

The St. James Outreach Committee will be hosting its annual St. Patrick’s Day Party for our local seniors at the Falls Church Winter Hill Apartments Club House on Saturday, March 10th from 11:00am to 1:00pm. As usual, we will provide a potluck lunch so main dishes (hot and cold), salads, and homemade desserts are needed. Finger foods will work well. In addition, we could use a few helping hands for set-up (10:00 to 11:00am), serving (11:00am-12:00pm) and cleanup (12:30 to 1:00pm). If you would like to help, please call Mary Ann Parker at 703-241-9128 or email at maparker4@verizon.net. Thank you!

WorkCamp Fundraiser Next Weekend

Youth Group members attending WorkCamp in June are raising money for construction supplies for the projects as well as for their food and lodging. They have painted stones with Lenten reminders for you to keep in your pockets. Volunteers will be passing them out to you after Mass the weekend of March 3-4 for a freewill donation. Thank you for your generosity.

Adult Confirmation Opportunities This Spring

If you are a baptized Catholic who received First Communion but have not had the chance to receive the Sacrament of Confirmation, the Church welcomes you to partake in this grace-filled Sacrament. Bishop Burbidge will celebrate Adult Confirmation Masses this spring on Sunday, May 20 at the Cathedral of St. Thomas More in Arlington at 2:30pm and Sunday, June 10 at St. Andrew the Apostle in Clifton. For more details, contact Fr. Cozzi at 703-532-8815 or fathercozzi@stjamescatholic.org.

Around the Diocese

Citizenship Application Workshop March 3 at St. Anthony, 10:00am—1:00pm

Catholic Charities of the Diocese of Arlington offers citizenship application workshops throughout the year to help immigrants through the process. CONTACT US TO PRE-REGISTER: (571) 208-1572 or hogarimmigrantservices.org/workshop. ¿Quiere hacerse ciudadano? ¡Aplica ahora! Venga a un taller para aplicar para la ciudadanía ofrecido por las Caridades Católicas, Hogar Immigrant Services. CUANDO: el 3 de marzo, abierto 10 am – 1 pm. DONDE: la escuela católica de San Antonio de Padua PAGO: $110, efectivo o crédito. CONTÁCTENOS PARA PRE-REGISTRARSE: (571) 208-1572 o hogarimmigrantservices.org/taller.

Office of Catholic Schools Annual Teacher Job Fair March 10 at Paul VI

The Office of Catholic Schools invites prospective teachers to a Teacher Job Fair at Paul VI High School, 10675 Fairfax Boulevard, Fairfax, VA 22030, on Saturday, March 10 from 9:00am to 11:00am. We believe in our teachers! Join our excellent schools for a faith-filled experience. For more information visit www.arlingtondiocese.org/Catholic-Schools/Careers/ or call 703-841-2519.

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Save the Date!

K4J VBS
July 16 – 20, 2018

Stay tuned for more details!

YOUTH MINISTRY
AT ST. JAMES

Visit our website at www.stjamescatholic.org/youth or contact Fr. Oetjen at 703-532-8815 or fatheroetjen@stjamescatholic.org

WorkCampers! Join us Sunday, February 25 5:00-6:30pm in Knecht

We continue our preparation for WorkCamp with prayer, study of Catholic Social Teaching and continued work on our fundraising.

FUSION returns on Friday, March 2 at 6:30pm!

All Middle School students are welcome to join us in Knecht Conference Room for an evening of prayer, service, and socializing!
“Christ House Program is a great opportunity for many of us to directly get involved by donating our time and resources to help others in need.”

Judy Rybak, parishioner

2017 HIGHLIGHTS:

- More than 18,000 meals were shared with the hungry.
- Served 1,035 individuals through pregnancy and adoption support programs
- Extended Emergency Assistance funds to over 1,174 people to help with rent, utility bills and medical needs.
- 10,200 mental health counseling sessions were provided to 1,297 individuals for a session sliding fee scale.

LIVING in faith + GIVING in gratitude

2018 BISHOP’S LENTEN APPEAL
CATHOLIC DIOCESE OF ARLINGTON

Please consider donating to the Bishop’s Lenten Appeal at:
https://secure3.arpingtondiocese.org/BLA/BLA/BLA_Home.aspx

To donate online, please have the BLA ID on the BLA envelope mailed to your home handy.
**February Prayer Intention of Pope Francis**
That those who have material, political or spiritual power may resist any lure of corruption.

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### This Week in Our Parish

#### Sunday, February 25 — Girl Scout Cookie Sales after Mass
- 9:00am & 10:30am: Presentation of 1st Communion Candidates Church
- 12:00pm – 1:45pm: Hispanic RCIA Knecht Conference Room — Doors 8 & 9
- 1:00pm – 2:15pm: Hispanic PREP School — Door 16
- 1:30pm – 3:30pm: Scripture Study (co-ed) School Library — Door 17
- 4:30pm – 6:00pm: Hispanic Legion of Mary House of Ministries — 913 Park Avenue
- 5:00pm: Holy Hour Church
- 5:00pm – 6:30pm: Youth Ministry/WorkCamp Meeting Knecht Conference Room — Doors 8 & 9

#### Monday, February 26
- 3:45pm – 5:15pm: Teacher Bible Study School Classroom
- 7:00pm – 9:00pm: Hogar English & Citizenship Classes School
- 7:30pm – 9:00pm: RCIA Knecht Conference Room — Doors 8 & 9

#### Tuesday, February 27
- 4:45pm & 7:00pm: PREP (Confirmation Practice in Church) School — Door 16 & Church
- 7:00pm: H.S. PREP – Catholicism School — Door 16
- 7:30pm – 9:00pm: Legion of Mary House of Ministries — 913 Park Avenue

#### Wednesday, February 28
- 9:15am – 11:00am: Scripture Study – Women Knecht Conference Room — Doors 8 & 9
- 9:15am – 11:00am: Scripture Study – Women Knecht Meeting Room — Doors 8 & 9
- 6:30pm – 8:00pm: Light is On Church
- 7:00pm – 9:00pm: Hogar English & Citizenship Classes School

#### Thursday, March 1
- 9:30am – 11:30am: Scripture Study – Co-ed Knecht Conference Room — Doors 8 & 9
- 7:00pm – 9:00pm: Scripture Study – Women Art Room — Door 17
- 7:00pm – 9:00pm: Praise & Worship with Prayer Heller Hall, Door 13
- 7:30pm: Pro-Life Committee Knecht Conference Room — Doors 8 & 9
- 7:30pm: Young Adult Focus Group House of Ministries, 913 Park Avenue

#### Friday, March 2
- 9:00am – 11:45am: Eucharistic Adoration Church
- 11:45am: Benediction Church
- 11:15am – 11:45am: Confessions Church
- 5:00pm – 8:00pm: Fish Fry Heller Hall — Door 13
- 6:00pm: Stations of the Cross in Spanish Church
- 6:30pm – 8:30pm: Middle School FUSION Knecht Gym & Conf. Rm. — Doors 8 & 9
- 7:00pm: Food Distribution Knecht GYM (note change of location)
- 7:30pm: Stations of the Cross in English Church

#### Saturday, March 3 — WorkCamp Lenten Rock Fundraiser following Vigil Mass
- 3:30pm – 4:30pm: Confessions Church
- 5:30pm – 9:00pm: Hispanic Prayer Group Santiago Apostol Heller Hall — Door 13
- 7:30pm: Confessions Church

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Register for FREE at [www.stjamescatholicva.formed.org](http://www.stjamescatholicva.formed.org)