When Jesus saw the vast crowd, his heart was moved with pity for them, for they were like sheep without a shepherd.

Mark 6:34

Reflection Question: How have you taken time out of your busy life to spend time with the Lord?

MASS SCHEDULE:
Saturday Vigil: 5:00pm
Sunday: 7:30am, 9:00am, 10:30am, 12:00 noon, and 7:00pm
Spanish Mass: 2:30pm
Daily: 6:30am, 8:30am & 12:00 noon
Saturday: 8:30am

Federal Holidays: 6:30am and 8:30am only
Holy Days: 7:30pm Vigil
6:30am, 8:30am, 12:00 noon and 7:30pm

FIRST FRIDAYS:
Exposition: 9:00 - 11:45am
Benediction of the Blessed Sacrament:
11:45am
Eucharistic Holy Hour:
Sunday: 5:00pm
Third Thursdays: 7:00pm

CONFessions:
Friday: 11:15 - 11:45am
Saturday: 3:30 - 4:30pm & 7:30 - 8:00pm and by appt.

RECTORY HOURS:
Weekdays 9:00am - 9:00pm
(closed 12:45 - 1:30pm)
Saturday 9:00am - 1:30pm

THIS WEEK AT ST. JAMES

Sunday, July 22
CONNECT: Young Professionals Ministry Wine and Cheese Party
8:00pm – 9:00pm
House of Ministries

Wednesday, July 25
Feast of St. James
Summer Book Study
7:30pm – 9:00pm
House of Ministries
**Stewardship**

Relax! Your stewardship of Saint James can continue while you’re on vacation. (And when you return!) Faith Direct has you covered.


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Rev. Joseph Vu, Parochial Vicar  
Rev. Steven Oetjen, Parochial Vicar  
Rev. José E. Hoyos, Hispanic Apostolate*  
Rev. Ghenghan Mbinkar, In Residence  
Rev. Denis Tameh, In Residence  
Rev. Gregory Thompson, In Residence  
Deacon James A. Fishenden  
Deacon Edward Gliot

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Sister Regina Rosarii McLallen, IHM, Director  
religious@stjamescatholic.org

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If anyone is confined to home or hospital, please call 703-532-8815 x130  
Sister Margaret John Stichter, IHM, Director  
visitingministry@stjamescatholic.org

**MUSIC MINISTRY**

Dan Day, Director  
703-532-8815 dday@stjamescatholic.org

**YOUTH MINISTRY**

Fr. Steven Oetjen  
703-532-8815 fatheroetjen@stjamescatholic.org

**CONVENT**

101 N. Spring Street, Falls Church, Va. 22046  
703-532-2388  
Sister Mary Sue Carwile, IHM, Superior

**HISPANIC APOSTOLATE**

200 N. Glebe Road, Arlington, Va. 22203  
703-841-3883

**RECTORY OFFICE**

905 Park Avenue, Falls Church, Va. 22046  
Phone: 703-532-8815; Fax: 703-533-7644  
rectory@stjamescatholic.org

Jean Gliot, Office Manager  
jgliot@stjamescatholic.org  
Child protection and safety coordinator

Ginny Beauchamp, Records Manager  
gbeauchamp@stjamescatholic.org  
Sacramental records, baptisms, registrations, address changes and room reservations

Judy Burke, Receptionist  
receptionist@stjamescatholic.org

Volunteer Coordinators  
volunteer@stjamescatholic.org

Rich Blickendorfer, Business Manager  
rblickendorfer@stjamescatholic.org

Kara Rider, Accounting Specialist  
krider@stjamescatholic.org

Duane Hyland, Communications Specialist  
dhyland@stjamescatholic.org

**ADVANCEMENT**

Christine Kurtzke Hughes, Director  
703-532-8815 x131 advancement@stjamescatholic.org  
125th Anniversary Campaign, faculty and school support, alumni relations, marketing, planned giving and other charitable donation opportunities

---

Bulletin Deadline: Friday at 9:00am  
10 days before Sunday publication date  
Via website form posted under Events/Bulletin/Bulletin Submissions.  
No emails please.
In today’s Gospel, the apostles confront a challenge that we often face even today: the need for solitude. Of course, the twelve encounter this issue in the context of their nascent priestly ministry, but surely every parent knows how they feel. Children coming and going in great numbers—school, practices, friends’ houses, doctors—sometimes mom and dad don’t have a moment to themselves, not even to eat!

Jesus knows and understands our occasional need to take a break from the demands of the other people in our lives. In this Gospel, He encourages His chosen followers to take a break from their flock to rest and pray. We also know that He Himself feels this need. Over the three years of His public ministry, He frequently retreated to mountains or deserts or boats or gardens to be alone with the Father.

Going out of our way to pray and rest in solitude can never be considered lazy or irresponsible, not when Our Lord explicitly instructed His apostles to do so, and even did so Himself! On the contrary, it’s a necessary aspect of the spiritual life. But why? What purpose does it serve? In short, it orients our daily lives and routines towards God—and that’s the only way we can carry on in our tiring lives and ministries.

We don’t undertake the hectic demands of family life solely for the sake of our children or relatives. In fact, we don’t undertake any act of service or ministry for the sake of the other—we do it for God. God is the true source of family life, the communion of the whole Church, and the brotherhood of all humanity. Our families will pass away one day, and, eventually we will all find ourselves unable to carry out our ministry. Only God is eternal, and only by recognizing that our service to others is oriented towards the glory of Him who will never pass away can we maintain the energy we need. Sometimes, we can do this best by momentarily escaping the company of others, even those whom we love, to seek solitude and solace in Him who loves us the most.

~Tim Courtney
This Week's Saints and Special Observances

Sunday: Sixteenth Sunday in Ordinary Time  
Monday: St. Bridget  
Tuesday: St. Sharbel Makhluf  
Wednesday: St. James  
Thursday: Ss. Joachim and Anne  
Saturday: Blessed Virgin Mary

Today's Readings

First Reading -- I shall gather the remnant of my flock and bring them back to their meadow (Jeremiah 23:1-6).
Psalm -- The Lord is my shepherd; there is nothing I shall want (Psalm 23).
Second Reading -- In Christ Jesus you who were once far off have become near by the blood of Christ (Ephesians 2:13-18).
Gospel -- When Jesus saw the vast crowd, his heart was moved with pity for them, and he began to teach them many things (Mark 6:30-34).

Readings for the Week

Monday: Mi 6:1-4, 6-8; Ps 50:5-6, 8-9, 16bc-17, 21, 23; Mt 12:38-42  
Tuesday: Mi 7:14-15, 18-20; Ps 85:2-8; Mt 12:46-50  
Wednesday: 2 Cor 4:7-15; Ps 126:1bc-6; Mt 20:20-28  
Thursday: Jer 2:1-3, 7-8, 12-13; Ps 26:6-7ab, 8-11; Mt 13:10-17  
Friday: Jer 3:14-17; Jer 31:10-13; Mt 13:18-23  
Saturday: Jer 7:1-11; Ps 84:3-6a, 8a, 11; Mt 13:24-30  
Sunday: 2 Kgs 4:42-44; Ps 145:10-11, 15-18; Eph 4:1-6; Jn 6:1-15

Remember in Your Prayers...

the sick of our parish family:
- Frank Amorosi
- Elizabeth Gibbon
- Elizabeth Fielder
- Virginia Holmes
- Patricia Gaughan
- Kenan Kreiner
- Joseph William Gelven, Jr.
- Laura Lareau

and the deceased of our parish family:
- John Hood
- Charles Rakowsky
- William Olcheski, Sr.

Pray for Those Serving Our Country

Please pray for our disabled veterans, military retirees, and those serving overseas in the military and foreign service, especially Justin Berg, Capt. Albert C. Young, and Michele Petersen, and Roger VanSanford. Please send names to bulletin@stjamescatholic.org, and let us know when your loved ones return home.
The Consolation of Philosophy Book Study Continues July 25 With our Seminarian Tim Courtney

Have you ever felt unhappy? Ever been the victim of Injustice? Or wondered what the point of your life is?

If you’re a human being, you can probably answer ‘yes’ to these questions. Good news: Roman consul, senator, and Saint Severinus Boethius can help explain—and he did so 1,500 years ago!

Join St. James seminarian Tim Courtney for a summer book study on St. Boethius’ Consolation of Philosophy. A seminal work of the Western philosophical tradition, Consolation is a profound meditation on human happiness and fulfillment, the nature of God, good, and evil, and why bad things happen to good people.

The second session, entitled “The Goods of Fortune” will be Wednesday, July 25 at 7:30pm in the House of Ministries (913 Park Ave.), and will cover book two of the work. A few copies of the book are available.

For more information email Tim Courtney at tcourtney@stjamescatholic.org.

CONNECT Wine and Cheese Hour
Join the CONNECT Young Professionals Ministry members for a wine and cheese hour Sunday, July 22, at 8:00pm, at the House of Ministries (903 Park Ave.). Discover all that the CONNECT Young Professionals ministry has to offer. For more information on the CONNECT Young Professionals Ministry, visit: https://bit.ly/2NMOvKw

Marriage Encounter Weekends
Like to feel the sparks of love again your marriage? Come receive the Tools to keep your marriage full of love and passion! The next World Wide Marriage Encounter weekends are: August 3-6 in Hanover, MD, and September 21-23 in Herndon, VA. Early sign up is recommended.
For more information, visit our website at https://bit.ly/2ukayzZ, or contact us at applications@renewmarriage-vanorth.org or 703-646-1521.

Fatima-Spain-Lourdes-Paris Pilgrimage — September 25-October 5, 2018
Please join Father Peter Okola and Deacon Nicholas LaDuca (Holy Spirit Parish, Annandale) on an amazing journey of faith to visit Fatima, Portugal, home to the 100 year old apparition of Mary. Then experience the City of Salamanca in the beautiful country of Spain with a visit to Avila, in the footsteps of St. Teresa. Finally, visit Lourdes, France where Our Lady appeared to St. Bernadette. Lourdes is the true place of healing and miracles. There are also two days/nights in Paris to visit Notre Dame and St. Catherine Laboure (Miraculous Medal). See this special webpage for more information at https://bit.ly/2NOvl76.

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www.facebook.com/StJamesCatholicChurch
www.facebook.com/StJamesYoungAdultCommunity
SUMMER PICNICS

Throughout the summer, the priests and sisters of St. James will be hosting summer picnics. Invitations to these events will be sent throughout the summer. If you would like to participate, but did not receive an invitation, contact the Rectory at 703-532-8815.

Welcoming Father Vu!

On Sunday, July 8, the parish welcomed Rev. Joseph Vu, to the St. James community with receptions following the 9:00am and 10:30am masses. Parishioners met Father Vu and enjoyed a continental breakfast on the lawn in front of the Church. Thank you to Sara Tindall and our Hospitality Committee who provided terrific food and fellowship. Thank you to our facilities crew who set up the tent in rather WARM conditions! To see more pictures from the event, please visit https://bit.ly/2Lfodlt
The party’s just not the same without our kids!

Can’t wait to see all your smiling faces next month!

Don’t forget, the list of school supplies is on our website!
See it here:

New families are invited to call the Religious Education Office to register for next year. Reregistration forms have been sent. Please be sure to return them soon, as classes are beginning to fill up.

Opciones de Cuidado Infantil
Nosotros hablamos español! Falls Church-McLean Children’s Center es un programa de alta calidad en educación temprana de niños que sirve a familias trabajadoras de bajos recursos económicos del Condado de Fairfax. Actualmente tenemos espacios disponibles en nuestros salones de 2 y 3 años. Permítanos ayudar a sus niños que entren al jardín “listos para triunfar!”. Llámenos al 703-534-4907 para más información.
Do you want to become more involved in St. James Catholic Church?
Whether you’re new to St. James Parish or a long standing member, and you have time to share your valuable talents and resources, we are looking for help! St. James has a number of ministries, projects, and activities where we need volunteers to participate or lead. If you’re interested in giving of your time or have questions about our various groups, please contact the rectory at 703-532-8815, visit our website at www.stjamescatholic.org/volunteer, or send an email to volunteer@stjamescatholic.org.

Bereavement Ministry
St. James Catholic Church is forming a Bereavement Ministry to provide spiritual comfort to families and friends of the deceased in our parish. If you are interested in volunteering and/or participating in funeral services, or providing spiritual family consolation on behalf of St. James, please send an email message to volunteer@stjamescatholic.org, or call the rectory at 703-532-8815.

Gardening Enthusiasts Wanted!
We have a new garden located behind the garage at our House of Ministries at 913 Park Avenue. We are looking for volunteers to serve on a joint school/church committee to manage the garden. If you are interested, please contact us at volunteer@stjamescatholic.org.

Grotto Update
We are forming a committee to build an outdoor shrine for Mary, Undoer of Knots. We seek volunteers who have some experience in contracting and landscape design. If you would like to participate, please contact our volunteer committee at volunteer@stjamescatholic.org or leave a message at the rectory, 703-532-8815 and we will return your call.

College Student Job Opportunities at St. James
St. James is seeking college students to provide staff coverage for the Rectory office outside of regular office hours: on Saturdays and during weekday evenings. Duties involve providing assistance and guidance to parishioners and customers who visit or call. Please send a cover letter explaining your interest in the position and your hours of availability to Rich Blickendorfer, Business Manager, at rblickendorfer@stjamescatholic.org.

Health Screenings Offered at St. James on July 27
Life Line Screening, is pleased to offer a preventive health event at Saint James Catholic Church in Heller Hall on July 27. Five screenings will be offered that scan for potential health problems. For more information, visit https://bit.ly/2LnnHii.
Parking on Park Avenue
THANK YOU for utilizing all of our parking options for Sunday Masses. Please avoid parking in front of our neighbors’ homes on Park Avenue. PLEASE PARK ONLY ON THE CHURCH SIDE OF PARK AVENUE OR IN OUR PARKING LOTS. In addition to our parking lots at Park & Spring Streets (A Lot) and at Park & Oak Streets (B Lot), you can park in the Teacher’s Lot (C Lot) on Broad Street.

The Feast of St. James — July 25
July 25 marks the Feast of St. James the Apostle. St. James, the son of Zebedee, and brother of John the Apostle, was one of Christ’s first apostles and was only one of three apostles chosen by Jesus to witness His transfiguration. During his life, St. James traveled to the area now known as Santiago de Compostela to proclaim the Gospel. Returning to Judea, he was beheaded by Herod Agrippa in 44 A.D., becoming the first martyr of the Church. His companions then carried his body to the Galician coast, burying him under the cathedral at Santiago de Compostela. The traditional pilgrimage route to St. James’ grave, known as the “Way of St. James,” has been followed by pilgrims since the Middle Ages. To watch a short video on St. James’ life, please visit: https://bit.ly/2uuIj0U.

SAVE THE DATE! SAVE THE DATE! SAVE THE DATE!

For the St. James Community Picnic on September 8,
5:00pm — 8:00pm.
Good Food, Good Fun, and a Good Evening for Everyone!
Keep Watching For More Details
Celebrate our Community!
**July Prayer Intention of Pope Francis**

For **Evangelization – Priests and their Pastoral Ministry:**

That priests, who experience fatigue and loneliness in their pastoral work, may find help and comfort in their intimacy with the Lord and in their friendship with their brother priests.

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**This Week in Our Parish**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Sunday, July 22</strong></td>
<td>4:00pm – 7:00pm</td>
<td>Hispanic Prayer Group Emmanuel</td>
<td>Heller Hall</td>
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<tr>
<td></td>
<td>4:30pm – 6:00pm</td>
<td>Hispanic Legion of Mary</td>
<td>House of Ministries – 913 Park Avenue</td>
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<td></td>
<td>5:00pm</td>
<td>Holy Hour</td>
<td>Church</td>
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<td></td>
<td>8:00pm – 9:00pm</td>
<td>CONNECT: Wine and Cheese Hour</td>
<td>House of Ministries – 913 Park Avenue</td>
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<tr>
<td><strong>Tuesday, July 24</strong></td>
<td>9:30am – 11:00am</td>
<td>Rosary and Bible Study</td>
<td>House of Ministries – 913 Park Avenue</td>
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<td>7:30pm – 9:00pm</td>
<td>Legion of Mary</td>
<td>House of Ministries – 913 Park Avenue</td>
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<tr>
<td><strong>Wednesday, July 25</strong></td>
<td><strong>Feast of St. James</strong></td>
<td>7:30pm – 9:00pm Charismatic Prayer Group</td>
<td>Knecht Conference Room</td>
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<td></td>
<td>7:30pm – 9:00pm</td>
<td>Book Study: The Consolation of Philosophy</td>
<td>House of Ministries – 913 Park Avenue</td>
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<tr>
<td><strong>Thursday, July 26</strong></td>
<td>7:30pm – 9:00pm</td>
<td>CONNECT Young Professionals Ministry</td>
<td>Knecht Conference Room</td>
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<tr>
<td><strong>Friday, July 27</strong></td>
<td>11:15am – 11:45am</td>
<td>Confessions</td>
<td>Church</td>
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<td></td>
<td>6:00pm – 7:30pm</td>
<td>Hispanic Catechism Conference</td>
<td>Heller Hall</td>
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<tr>
<td><strong>Saturday, July 28</strong></td>
<td>7:30am – 4:30pm</td>
<td>Hispanic Catechism Conference</td>
<td>Heller Hall</td>
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<td></td>
<td>12:30pm – 3:30pm</td>
<td>Hispanic Baptism Seminar</td>
<td>Knecht Conference Room</td>
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<td>3:00pm – 4:30pm</td>
<td>Confessions</td>
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<td>7:30pm – 8:00pm</td>
<td>Confessions</td>
<td>Church</td>
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</tbody>
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**Weekly Reflection**

**Readings:**
Jeremiah 23:1-6; Psalm 23:1-3, 3-4, 5, 6; Ephesians 2:13-18; Mark 6:30-34

Read the readings: [http://www.usccb.org/bible/readings/072218.cfm](http://www.usccb.org/bible/readings/072218.cfm)

**Reflection Question:** How have you spread Christ’s message even if you were tired and worn out?
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