Sunday
September 1, 2019

Clergy
Very Rev. Paul D. Scalia, Pastor
Rev. Joseph Vu, Parochial Vicar
Rev. Steven Oetjen, Parochial Vicar
Rev. José E. Hoyos, Hispanic Apostolate*
Rev. Denis Tameh, In Residence
Rev. Gregory Thompson, In Residence
Deacon James A. Fishenden
Deacon Edward Gliot

Rectory Office
905 Park Avenue, Falls Church, VA, 22046
Phone: 703-532-8815; Fax: 703-533-7644
rectory@stjamescatholic.org

Religious Education
Phone: 703-533-1182x104
Sr. Regina Rosarii McLallen, IHM, Director
religioused@saintjamesschool.org

*Hispanic Apostolate
200 N. Glebe Road, Arlington, VA  22203
703-841-3883

Ministry to the Sick
If anyone is confined to their house or the hospital, please call 703-532-8815x130
Sr. Margaret John Stichter, IHM, Director
visitingministry@stjamescatholic.org

School
830 W. Broad Street, Falls Church, VA, 22046
Phone: 703-533-1182; Fax: 703-532-8310
Sr. Mary Sue Carwile, IHM, Principal
mainoffice@saintjamesschool.org

MASS SCHEDULE:
Saturday Vigil: 5:00pm
Sunday: 7:30am, 9:00am, 10:30am, 12:00 noon, and 7:00pm
Spanish Mass: 2:30pm
Daily: 6:30am, 8:30am & 12:00 noon
Saturday: 8:30am

Federal Holidays:
6:30am and 8:30am only
Holy Days: 7:30pm Vigil
6:30am, 8:30am, 12:00 noon and 7:30pm

FIRST FRIDAYS:
Exposition: 9:00 - 11:45am
Benediction of the Blessed Sacrament:
11:45am
Eucharistic Holy Hour:
Sunday: 5:00pm
Third Thursdays: 7:00pm

CONFESSIONS:
Friday: 11:15 - 11:45am
Saturday: 3:30 - 4:30pm & 7:30 - 8:00pm and by appt.

RECTORY HOURS:
Weekdays 9:00am - 9:00pm
(closed 12:45 - 1:30pm)
Saturday 9:00am - 1:30pm
On The Way

Holiness: The Plan of Life

The greatest journey does not begin with a single step. It begins with a destination and a map. Without those, the first step is useless. So also the Christian life. Our Lord has placed before us the destination: heaven. In His teachings and example, He has likewise given us the Way.

Yet more is required. The truth and grace of Christ need to take flesh in our lives. And that sort of thing does not happen automatically or in an instance. It requires a steady, deliberate, prolonged effort. It requires a plan. Thus all the great spiritual masters insist on the need for a plan of life for growing in the faith. The great monasteries of Christendom have an orarium — a daily schedule for liturgies, prayers, and devotions. The monks and nuns understand that their being removed from the world for the pursuit of holiness is not enough: they must also adhere to a plan. The desire for a greater faith is not enough. We also need specific means of accomplishing it. Our plan for life requires a plan of life.

The elements of the plan of life are simple and straightforward: wake up time, prayer times, spiritual reading, examination of conscience, confession, bedtime, etc. These will be addressed in subsequent columns. For now, it is enough to appreciate the importance of such planning. Learning an instrument or playing a sport requires specific planning. Not just the resolution to practice, but set times to do specific drills. So also the spiritual life requires spiritual exercises: specific times and practices that will strengthen the interior life.

One benefit of the plan of life might seem cynical: it keeps us from drifting too far. We at times stray from prayer and spiritual exercises. Now, if we do have a set plan of life — specific spiritual practices to which we are committed — then we have a point of reference. We know where we should be and what we should be doing. But without a plan as a point of reference, well, we’ll keep drifting.

But there is a deeper benefit. In the development of an athlete or musician there comes a point at which the exercises become second nature. He no longer has to think about his golf swing…she no longer considers the stroke of the violin bow. At that point, the discipline has realized its purpose: it has been interiorized. Saint Augustine is credited with the line, If you keep discipline, discipline will keep you. We keep a discipline of prayer and devotion so that it will in turn become so interior and second nature that it keeps us.

So, do we plan devotions and prayer into every day? Are we as regular about them as we are about worldly things (brushing teeth, eating meals, doing laundry)? If we can do those earthly things in a regular, routine manner, then why not the spiritual as well?

Next week: The Morning Offering

Fr. Scalia
National Collection for The Catholic University of America

The Catholic University of America, established in 1887, is considered the national university of the Catholic Church. The University provides an education, based in the Catholic intellectual tradition, to almost 7,000 students through its 12 schools. This weekend, we will be taking up the National Collection for The Catholic University of America. Your support will enable Catholic University to expand its impact in preparing the next generation of leadership for our Church and nation. We appreciate your generosity. You can learn more at http://j.mp/2P6VUsF.

(photo-credit: U.S. News and World Report)

St. James Webpages Updated

You will find a link to the Diocese of Arlington's Office of Child Protection on the top right-hand corner of the St. James Catholic Church and School webpages. We pray that nobody will ever have a reason to use it, but it is there if needed, and to remind us that we all play a role in protecting our children. To visit the office's homepage, go to: https://www.arlingtondiocese.org/Child-Protection/.

St. James Seeks Director of Advancement

St. James Catholic Church seeks a Director of Advancement to devise and implement a strategic plan of public relations, marketing, fundraising, and special events promoting involvement and investment in both the Parish and School. Must have outstanding organizational and communication skills. For a complete job description, visit http://bit.ly/2JypBwE. Please send a letter of interest and a resume to rblickendorfer@stjamescatholic.org.

St. James School Seeks Full-Time Technology Coordinator

St. James Catholic School seeks a full-time Technology Coordinator to manage electronic student records and provide technical support to teachers and students. Familiarity with technology needs in an educational setting is desired. Send resume and cover letter to rblickendorfer@stjamescatholic.org.
The Twenty-Second Week in Ordinary Time

Saturday, August 31
Blessed Virgin Mary on Saturday
5:00 p.m. +Robert J. O’Hara

Sunday, September 1
Twenty-Second Sunday in Ordinary Time
7:30 a.m. People of St. James
9:00 a.m. +Elpidio Bulandres
10:30 a.m. +Marion Yevonishon
Noon +Beth Bove
2:30 p.m. +Frano Ramirez
7:00 p.m. +Vivian Borman

Monday, September 2
Labor Day Holiday
6:30 a.m. +Jo Ann and Joe Tiller
8:30 a.m. +Rev. Ark Biczak

Tuesday, September 3
Saint Gregory the Great
6:30 a.m. +Ida Westerman
8:30 a.m. +H. J. Michalski
Noon +Patrick Lee

Wednesday, September 4
Twenty-Second Wednesday in Ordinary Time
6:30 a.m. +Jim Olcheski
8:30 a.m. +Manuel Lopez
Noon +John, Donato and Mario Bernardone

Thursday, September 5
Twenty-Second Thursday in Ordinary Time
6:30 a.m. Fr. John Riley
8:30 a.m. +Bill and Rosemary Olcheski
Noon +David Temeles

Friday, September 6
Twenty-Second Friday in Ordinary Time, First Friday
6:30 a.m. +Brownie Klubek
8:30 a.m. +Catalino Banez
Noon +Souls in Purgatory

Saturday, September 7
Blessed Virgin Mary on Saturday
8:30 a.m. +Souls in Purgatory
5:00 p.m. +William Hartlove

Sunday, September 8
Twenty-Third Sunday in Ordinary Time
7:30 a.m. +James Liverman
9:00 a.m. +Carlos and Lorna May Infante
10:30 a.m. +Harry Yevonishon
Noon +Donna Reyman
2:30 p.m. People of St. James
7:00 p.m. +Bob Root

Today’s Readings

First Reading — Conduct your affairs with humility (Sirach 3:17-18, 20, 28-29).
Psalm — God, in your goodness, you have made a home for the poor (Psalm 68).
Second Reading — You have approached the city of the living God (Hebrews 12:18-19, 22-24a).
Gospel — Those who humble themselves will be exalted (Luke 14:1, 7-14).

Readings for the Week

Monday: 1 Thes 4:13-18; Ps 96:1, 3-5, 11-13; Lk 4:16-30
Tuesday: 1 Thes 5:1-6, 9-11; Ps 27:1, 4, 13-14; Lk 4:31-37
Wednesday: Col 1:1-8; Ps 52:10-11; Lk 4:38-44
Thursday: Col 1:9-14; Ps 98:2-6; Lk 5:1-11
Friday: Col 1:15-20; Ps 100:1b-5; Lk 5:33-39
Saturday: Col 1:21-23; Ps 54:3-4, 6, 8; Lk 6:1-5
Sunday: Wis 9:13-18b; Ps 90:3-6, 12-17; Phlm 9-10, 12-17; Lk 14:25-33

Remember in Your Prayers…

the sick of our parish family:

Janice Chory        Hoa Nguyen
Jessica Kelly       Kathy Patterson
Laura Lareau        Russell Ross
Rob Lemmers         Robyn Stewart
Jim Lillis          Barry Tindall

and the deceased of our parish family:

Alfredo Loy

and those serving our country:

Our disabled veterans, military retirees, and those serving overseas in the military and foreign service, especially:

Justin Berg        Roger VanSanford
Major Alan Harvey   Major Albert C. Young
Michele Petersen
“Be doers of the word and not hearers only.” James 1:22

It’s a New School Year here at St. James School! Here are some pictures of our Scholars!

PREP
Parish Religious Education Program
703-533-1182 x104, 830 W. Broad St., Falls Church, VA 22046
religiously@stjamesschool.org
Website Shortcut: j.mp/StJamesPREP

Office Summer Hours:
Monday—Friday: 9:30am—Noon
or by appointment.

Save These Dates

- Commissioning of Catechists
  Sunday, Sept. 8, Noon Mass

- General Catechist Meeting
  Tuesday, Sept. 10, 7:00pm

  - PREP Begins
    Tuesday, Sept. 17, 4:45pm/7:00pm

  - Home School Parent Meeting
    Thursday, Sept. 19, 7:30pm
PREP Program Still Accepting Registrations

We are still accepting new registrations for the 2019-2020 school year. Classes are held on Tuesday afternoons (4:45 - 6:00pm) and evenings (7:00 - 8:15pm). Please call 703-533-1182 ext.104 to make an appointment. You will need a Baptismal Certificate if your child was not baptized at St. James, a check or cash for tuition ($140 for one child/$190 for two or more children), and, if your child was previously in a Catholic School or Religious Education Program, a letter from that school or parish program.

Please note: In order for your child to begin Religious Education Classes (PREP) on September 17, your Registration Form must be in the PREP Office no later than Friday, Sept. 6. The children of those families who register after that date will begin PREP classes on September 24. Classes are beginning to fill up, so we urge you to register as soon as possible.

PREP Still Seeks Volunteers

THANK YOU so very much to all those who have so generously volunteered their time and talent to teach and assist in our Parish Religious Education Program (PREP).

If there is anyone who feels they might like to help in any way, but has not yet offered, please feel free to do so. We can never have too many volunteers! Every year, family emergencies can develop and there is always a need for someone to fill in, even if it is temporarily. If you feel that you would like to help out as a catechist, catechist's assistant, office personnel, safety patrol, or song leader, please do not hesitate to contact Sister Regina at dre@saintjamesschool.org.

Support Our IHM Sisters—Take a Chance on the Camilla Hall Raffle

Our IHM Sisters are conducting their annual raffle to help support our retired and infirm Sisters at Camilla Hall, Immaculata, PA.

Chances are available for $1 each or $5 for a book of six, in the school and church offices through September 27. The drawing will take place at Camilla Hall’s Annual Octoberfest, Saturday, October 5. Fifty winners ranging from $5,000 to $100 will be drawn. Be assured of daily prayer of our Sisters in Camilla Hall!

St. James Seniors’ Pizza Party—September 19

St. James seniors are invited to a pizza party on Thursday, September 19 from 5:30pm to 7:30pm pm in Heller Hall (Door 13). Please bring a salad or dessert to share. Amelia Kyker, Spanish teacher at St. James School and Kathie DeGeorges, the school’s recently retired librarian will speak about their spiritual El Camino Walk in Spain. Those who have made this trip are invited to share their experiences.

Please RSVP no later than September 17 to Mary Anne Stallings at 703-237-1768 or Cae Gilley at 703-533-3845.

Social Outreach Committee Fundraiser to Benefit “Walk With A Family”

The Social Outreach Committee will be having a table with homemade goods to sell at the September 29 “Donut Sunday Open House.” Proceeds from the sale will be used towards the sponsorship of a “Walk With A Family” that we are assisting as they pursue self sustainment. If you have any homemade items to donate, please give them to Susan Jackson at the St. James Seniors’ Pizza Party on September 19. Thank you!
Catechetical Sunday—September 8

Next Sunday, St. James will celebrate Catechetical Sunday. Those whom the community has designated to serve as catechists will be called forth to be commissioned for their ministry at the Noon Mass. This is a wonderful opportunity to reflect on the role that each person plays, by virtue of Baptism, in handing on the faith and being a witness to the Gospel. It is also an opportunity for all of us to rededicate ourselves to this mission as a community of faith.

Courage

Courage…is a group that meets regularly to offer fraternal, moral, and spiritual support for those who experience same-sex attractions and desire to live chaste lives according to the teachings of the Roman Catholic Church. Meetings are for men and women, and strict confidentiality is maintained. For more information, please contact Courage@arlingtondiocese.org. Or visit www.couragerc.net

Knights of Columbus First Friday Mass and Dinner Social—September 6

The Knights of Columbus, EDW Council, 5115 Little Falls Road, Arlington, VA, are hosting a First Friday Mass and dinner social on September 6 from 6:00pm to 7:30pm. All are welcome, and families are encouraged to attend. We will serve a hearty spaghetti dinner. The suggested donation for the meal is $8 per person or $25 per family of four. For more information, contact David Nassar at dfnsr@gmail.com or call the Knights of Columbus EDW Council at (703) 536-9656 x2

Guided Children’s Adoration With Father Oetjen—September 7

Ever want to come to Eucharistic Adoration but worried that the little ones would misbehave or be a distraction to others? Join Fr. Oetjen for a Guided Children's Adoration on the first Saturday of September at 10:00am. The time in adoration will be interspersed with prayers, guided meditation, sacred music, changing postures (enough to keep the young ones engaged!), and it will conclude with Benediction. All are welcome, including families and children of all ages!

Rite of Christian Initiation of Adults (R.C.I.A.) Begins Tuesday, September 24

Have you thought about becoming Catholic? Were you baptized Catholic but haven’t completed the other sacraments? Do you want to help others find their spiritual home in the Catholic faith? Do you, or someone you know, fit the above description, and have the same questions? Desire the same grace? If the answer is YES! Then the Rite of Christian Initiation as Adults is for YOU! Classes will be held on Tuesdays this year, starting on September 24, from 7:30pm—9:00pm in the Knecht Conference Room (Doors 8 & 9). To register, or for more information about R.C.I.A., contact Father Joseph Vu at fathervu@stjamescatholic.org or 703-532-8815.
Adult Faith Formation  
Bible Studies at Saint James  
September, 2019—May, 2020  

Six on-campus Bible Studies for adults will begin next month. Each group meets weekly to view a DVD teaching, followed by discussion and prayers. Contact the Bible Study coordinators for information about starting a new Bible Study group or if you have questions about joining an existing group.

| Sundays (Co-Ed), 1:30pm—3:30pm | Wednesdays (Women), 9:15am—11:00am |  
| School Library, September 8 | Knecht Conference Room, September 18 |  
| **Moderators:** DonnaMaria Duatschek, Yari Rivera | **Moderator:** Katie Greenhalgh |  
| Lectio: Philippians (Fall) | Genesis to Jesus (Fall) |  
| Lectio: Mark (Fall/Winter) | Romans: The Gospel of Salvation (Winter) |  
| No Greater Love: A Biblical Walk Through the Passion (February/March) |  |  

| Mondays (Teachers), 3:45pm—5:30pm | Thursdays (Co-Ed), 9:30am—11:30am |  
| School Room #19, TBD | Knecht Conference Room, September 26 |  
| **Moderator Janet Purdy** | **Moderator:** Estela Arciaga |  
| Untold Blessings: Three Paths to Holiness (Fall) | Galatians: Set Free to Live (Fall) |  
| Ephesians: Discover Your Inheritance (Spring) | Walking Toward Eternity: Engaging Struggles of Your Heart (Spring) |  

| Wednesdays (Women), 9:15am—11:00am | Thursdays (Women) 7:00pm—9:00pm |  
| Knecht Meeting Room, September 11 | Knecht Meeting Room, September 12 |  
| **Moderator Jane Harvey** | **Moderator:** Katie Greenhalgh |  
| Epic: Early Church History (Fall) | Follow Me: Meeting Jesus in the Gospel of John (Fall) |  
| No Greater Love: A Biblical Walk Through the Passion (Winter) | Consoling the Heart of Jesus (Winter) |  
| Catholicism: A New Evangelization (Spring) |  |  

“To get the full flavor of an herb, it must be pressed between the fingers; so it is the same with the Scriptures. The more familiar they become, the more they reveal their hidden treasures and yield their indescribable riches.” —St. John Chrysostom  

**Bible Study Coordinators**  
Jane Harvey,  
[harveyjmc@gmail.com](mailto:harveyjmc@gmail.com)  
Katie Greenhalgh,  
[katiebgreenhalgh@gmail.com](mailto:katiebgreenhalgh@gmail.com)  

**Location Guide for Meeting Spaces:**  
Knecht Meeting Room and Conference Room,  
Doors 8 & 9  
School Library, Door 17
Father Scalia’s Installation as Pastor of St. James Catholic Church

On Saturday, August 24, the Most Reverend Michael F. Burbidge, Bishop of the Diocese of Arlington, formally installed the Very Reverend Paul D. Scalia as our Pastor. Below are some highlights of the Mass of Installation and the reception that followed.

Congratulations, Fr. Scalia!
12th Pastor of St. James Catholic Church!

See More at http://j.mp/2ZrLnwk
September Prayer Intention of Pope Francis
The Protection of the Oceans
That politicians, scientists and economists work together to protect the world's seas and oceans.

This Week in Our Parish

Sunday, September 1
10:00am—2:00pm St. James Parish Library Open
5:00pm Rosary and Benediction
House of Ministries—913 Park Avenue
Church

Monday, September 2—Labor Day Holiday, School and Rectory Offices Closed, No Noon Mass

Tuesday, September 3
7:30pm—9:00pm Legion of Mary
House of Ministries—913 Park Avenue

Wednesday, September 4
7:00pm—9:00pm Back to School Night for Grades K-4
7:30pm—9:00pm Charismatic Prayer Group
Heller Hall—Door 13
Knecht Conference Room—Doors 8 & 9

Thursday, September 5
8:00am—1:30pm School Pictures
7:00pm—9:00pm Back to School Night for Grades 5-8
7:00pm—9:00pm CONNECT Young Professionals Community
7:30pm—9:00pm Pro-Life Ministry
Heller Hall—Door 13
House of Ministries—913 Park Avenue

Friday, September 6—First Friday
9:00am—11:45am Exposition and Benediction
11:15am—11:45am Confessions
6:30pm—8:00pm Food Distribution
6:30pm—8:30pm Middle School FUSION
Heller Hall—Door 13
Knecht Gymnasium

Saturday, September 7
10:00am—11:00am Guided Children’s Adoration
3:30pm—4:30pm Confessions
4:30pm—9:30pm Grupo Oración Santiago Apostol
7:30pm Confessions
Church
Church
Heller Hall—Door 13
Church

WALKING WITH SAINT JOHN PAUL II: JOIN US – SATURDAY, OCTOBER 26
for a spirit filled walk of prayer and praise through Rock Creek Park!

The pilgrimage is a 12-mile walk from Our Lady Queen of Poland Parish in Silver Spring, Maryland to the Saint John Paul II National Shrine in Washington, D.C., in celebration of the feast day of Saint John Paul II. Come join us with your family, friends, school, council, or religious community!

The walk will include the recitation of the rosary, songs of praise, and group prayer to create a truly communal pilgrimage experience. The pilgrimage will end with Mass at the Shrine and a prayer of Marian consecration followed by a celebration with music and food.

Fantastic way for young adults and families to spend the day!

Sign up today at http://j.mp/33VaHKC.

Coming Next Week—September 7—Information on the St. Lucy’s Food Drive!
CHURCH NAME AND ADDRESS
521633:
St. James Church
905 Park Avenue
Falls Church, VA 22046

PHONE/Emergency
703-532-8815

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