

**NDA Tyngsboro
January 2019 Lunch Menu**

1/2 – 1/4	Monday	Tuesday	Wednesday	Thursday	Friday
			PASTA BAR Meat, Marinara or Alfredo Sauce w/Salad & Garlic Bread	Chicken Nuggets w/Fries & Dipping Sauces Chicken Rice Soup	PIZZA w/Salad Clam Chowder
1/7 – 1/11					
	Baked Ziti w/Salad & Roll Italian Wedding Soup	Chicken or Cheese Enchiladas w/Rice & Toppings	PASTA BAR Meat, Marinara or Alfredo Sauce w/Salad & Garlic Bread	Hamburger, Cheeseburger, Veggie Burger or Hot Dog w/Fries Chicken Noodle Soup	PIZZA w/Salad Clam Chowder
1/14 – 1/18					
	Manicotti w/Salad & Roll Tomato Rice Soup	Chili w/Chips Nachos w/Toppings	PASTA BAR Meat, Marinara or Alfredo Sauce w/Salad & Garlic Bread	Chicken Patty w/Fries Chicken Rice Soup	PIZZA w/Salad Clam Chowder
1/21 – 1/25					
	*****NO SCHOOL***** MARTIN LUTHER KING DAY	Tacos w/Rice & Toppings	PASTA BAR Meat, Marinara or Alfredo Sauce w/Salad & Garlic Bread	Chicken Teriyaki Sandwich w/Homemade Chips Chicken Noodle Soup	PIZZA w/Salad Clam Chowder
1/28 – 1/31					
	Mac & Cheese w/ Salad & Roll	Chicken Fajitas w/Rice & Toppings	PASTA BAR Meat, Marinara or Alfredo Sauce w/Salad & Garlic Bread	Chicken Nuggets w/Fries	