



Kimberly Area School District HUMAN GROWTH & DEVELOPMENT 5 Year Old Kindergarten - Grade 4

Dear Parent or Guardian:

It is important that our youth have knowledge about human growth and development to understand body changes, maintain a healthy lifestyle, and make healthy, responsible decisions which fit with their personal values and yours. It is important for you to be the primary source for information and education, and our schools will provide support to assist your efforts.

4 year-old-kindergarten through twelfth grade human growth and development objectives guide learning in our schools. These objectives were designed by a committee of parents, teachers, administrators, and community members to be developmentally appropriate and were approved by the Board of Education. The objectives for your child's grade level are printed here along with our philosophy for your review. Your child's teachers will provide opportunities throughout the school year for your child to learn these objectives. To provide the best learning situations, we connect this information with other things about which the child is learning. Because of this, human growth and development learning may occur throughout the year when it is most appropriate, but there may be times when the learning is more focused.

Films related to the physical and emotional changes that occur with puberty are used in grades 4, 5, and 6. When the class is viewing one of these films, the teacher or counselor will notify you in advance so that you can have the opportunity to preview the film. We encourage you to take time with your child to discuss the film together after it is shown in class. This discussion provides another opportunity for you to share your values and expectations and to understand your child's perspectives. We have additional resources to help parents connect and speak with their children about human growth and development issues. For more information about available resources, speak with your child's teacher or counselor.

If you have any questions or concerns about what your child will be learning, please talk with your child's teacher or counselor. If you prefer that your child not participate in human growth and development instruction, you need to make that request in writing to the teacher or school principal in advance and an alternative educational opportunity will be provided for your child during that time. Students whose parents exempt them from instruction related to human growth and development will still receive instruction on other health-related topics such as basic hygiene and sanitation, the effects of controlled substances and alcohol on the human body, symptoms of disease and the proper care of the body. Instruction is also provided for elementary students on effective means by which students may recognize, avoid, prevent and halt physically or psychologically abusive or intrusive situations, such as child abuse, child enticement and sexual abuse.

If you would like more information about the district's health curriculum, including the complete human growth and development curriculum, or the instructional materials, please contact me at (920) 788-7900, Extension 4181.

Sincerely, Ron Simonis Director of Curriculum

PHILOSOPHY

The Kimberly Area School District recognizes human growth and development as a lifelong educational process. The responsibility for this education belongs first and foremost to parents, church, and community. The district recognizes the obligation of the schools to support and supplement this aspect of education. Since students are in school for a large portion of their lives, it seems appropriate that the school offer to assist parents in these areas.

This human growth and development program has been planned with the active, constructive involvement of parents, teachers, students, community leaders, and administrators with approval by the School Board.

The Kimberly School District is committed to provide human growth and development instruction as part of a comprehensive education program. Human growth and development instruction refers to the process of growth in the intellectual, physical, emotional, spiritual, and social phases of individuals and their human relations.

Human growth and development should not be an isolated special facet of education. Sequential, well-planned units appropriate for developmental needs will be integrated through the 4K-12 curriculum. Our goal is to provide accurate information in a non-threatening environment which includes dialogue between parents, students, and teachers. This accurate information will allow students and educators to use correct terminology when referring to human growth and development topics.

The Kimberly Area School District recognizes its responsibility to promote in our students positive self-concepts, healthy interpersonal relationships, and responsible decision making. This curriculum will help students examine their own attitudes and behavior in relation to the norms and values of parents, church, and community.

OBJECTIVES FOR GRADE 5K

- 1. Identify and use the basic steps of the decision making process.
- 2. Identify people they can trust.
- 3. Recognize there are feelings.
- 4. Identify their feelings.
- 5. Recognize that they get to decide who touches their body.
- 6. Identify appropriate and inappropriate touch.
- 7. Know that family members take care of each other.

OBJECTIVES FOR GRADE 1

- 1. Apply the basic steps involved in the decision making process.
- 2. Identify adults they can seek out for help.
- 3. Identify and express their feelings.
- 4. Identify appropriate and inappropriate touch.
- 5. Recognize that they get to decide who touches their body.
- 6. Identify changes a human goes through in a life cycle.
- 7. Identify the different ways living things reproduce: plants come from seeds, animals come from eggs.
- 8. Explain how adults in a family provide for a child's physical, mental and social needs.

OBJECTIVES FOR GRADE 2

- 1. Apply the basic steps involved in the decision making process.
- 2. Communicate feelings with others.
- 3. Know the difference between appropriate and inappropriate touch.
- 4. Recognize that they get to decide who touches their body.

OBJECTIVES FOR GRADE 3

- 1. Apply the basic steps involved in the decision making process.
- 2. Communicate feelings with others.
- 3. Know the difference between appropriate and inappropriate touch.
- 4. Recognize that they get to decide who touches their body.
- 5. Recognize that some animals grow inside the mother's body and some hatch outside the mother's body.
- 6. Recognize that human beings grow and develop inside their mother.

OBJECTIVES FOR GRADE 4

- 1. Apply the basic steps involved in the decision making process.
- 2. Recognize that peers and peer pressure can influence decision-making.
- 3. Communicate feelings with others.
- 4. Define sexual abuse.
- 5. Identify and explain physical, social and mental changes which occur as they approach puberty.
- 6. Identify hygiene practices necessary for changing bodies.

SAFETY FIRST



Pick Up and Drop Off

We know that pick up and drop off at Westside can be difficult at times because of the lack of parking and volume of traffic.

We ask all parents to be good role models! We teach our students to stay on the sidewalk while in the drop off circle and use the crosswalk. Parents please follow those rules as well!

Our goal is to keep your child safe!

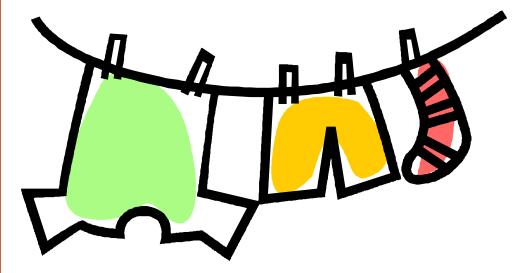
PLEASE USE THE CROSSWALK PLEASE STAY ON THE SIDEWALK



All items are free!

Westside Kid's Closet

Some things in life are free!



FALL SALE!

At the

Westside's Kid's Closet

We have updated the look of our Westside Kids Closet! We have Fallclothes for boys and girls. We will be putting out our Winter ware as it gets colder outside. During tough economic times we can all use a helping hand. If you could use a little help in getting your kids ready for the change of weather come and choose from some gently used and clean clothing. Located downstairs across from the lunch room!

Westside School 746 W. 3rd St. Kimberly, WI 54136

Phone: 739-3578

The Westside Kid's Closet is open from 8:00-4:00 during school days.

All items are free!

We are looking for donations of gently used and clean children's clothing for Kindergarten through 4th graders. Currently we are in need of boys athletic pants and jeans. Also boys shoes. Please drop off donations in the Kids Closet box marked donations. Thanks for donating!

When to Keep Your Child Home

Children should be kept home from school when they don't feel well. It is important to get the rest they need to recover, and to prevent the spread of germs to other children and the staff. If you are unsure of when to keep your child home, please contact the school nurse or your family medical provider.

The following symptoms may suggest a communicable disease. Children who have the following symptoms should be kept home from school until a doctor has seen them, they no longer have symptoms indicating a communicable disease or they have received treatment for at least 24 hours for certain diseases.

Fever: An oral temperature of 100.00 or higher indicates a fever. If your child has a temp of 100.00 or higher at school he/she will be sent home. Your child should be fever free for 24 hours without the use of a fever reducer (Tylenol or Ibuprofen product) before he/she returns to school.

Strep Throat: If a fever is accompanied by a sore throat, stomach ache or head ache it may be strep throat. Strep throat is diagnosed by a throat culture obtained at a medical clinic. If your child is diagnosed with strep throat, your child must be on appropriate antibiotics for 24 hours and fever free for 24 hours without the use of a fever reducer (Tylenol or Ibuprofen product) before he/she returns to school.

Vomiting and diarrhea: If your child has an episode of vomiting and diarrhea at school, he/she will be sent home. Anyone with these symptoms should stay home until symptoms are absent for 24 hours.

Eyes: Pink eye or conjunctivitis appears as a pinkish sclera (white of the eye), it is usually itchy and painful. Drainage or crust may form on the eyelids. Student may attend school unless he/she has a fever, behavioral changes, or is unable to avoid touching his/her eyes. Antibiotics are not required for return to school.

Skin problems: Rashes and infected sores needed to be diagnosed by a medical provider. Many skin rashes such as impetigo, scabies, chicken pox, Fifth disease or Hand Foot and Mouth disease are very contagious. Students may return to school once the rash has been diagnosed and treated for 24 hours or cleared by a doctor. Open sores from illnesses such as chicken pox and impetigo may need to be covered at school with bandages for several days.

Cough: A cough may be a sign of many different illnesses. If a cough is accompanied by a fever, sore throat, body aches or any other symptoms you should keep your child home. Any cough that lasts for more than several days should be discussed with a doctor.

Lice: If live lice are found on a student at school, the student will be sent home for treatment. The child may return after a treatment and no live lice are found on the head. If you discover lice at home, please contact the school nurse to discuss the best way to get rid of lice and determine when your child may return to school.







At Girl Scouts, girls discover who they are, where their talents lie, and what they care the most about. They connect with people in their communities. And they take action to change the world. Through our program, the Girl Scout Leadership Experience, girls develop a strong sense of self, display positive values, and seek challenges. They learn from setbacks, form healthy relationships, and identify and solve problems in their communities— unleashing their inner **G.I.R.L.** every step of the way.

We have a troop for you!

Troops are where it's at! So, find your troop at our event!

Date: Thursday, September 14, 2017

Time: 6:30 p.m.

Location: Westside Elementary School Library

Address: 746 W. 3rd Street, Kimberly

Can't make it?

Don't worry! You can get started online at any time. gsnw.gl/join

How does she find the power of G.I.R.L. in her?

Girl Scouts teaches girls to empower themselves by engaging in girl-led, collaborative, and hands-on experiences. Guided by supportive adults who help girls pursue their goals, girls participate in a variety of fun and challenging activities. Here, girls will:

- Engage in healthy activities!
- Find her entrepreneurial spirit and learn financial literacy!
- Explore the great outdoors!
- Participate in hands-on STEM skill-building!
- Connect with girls around the world!
- Take on meaningful community service projects!



OUTDOOR ARCHERY EXPLORATION

come join in the fun and

This instructional archery program for beginning archers, available to anyone 9+, offers skill training by a NASP certified instructor with fundamentals from USA Explore Archery, Archery Trade Association: Explore Bow Hunting, Kids on Target from Whitetails Unlimited, as well as fun games and activities for archery beginners! Hunting and shooting techniques will be covered along with much more!

Saturday, September 16th—October 21st, 2017 9:00 a.m.—10:30 a.m.

\$20 course fee with all equipment included in registration cost

First class is at Verhagen Park

Remainder of classes are at Sunset Park Shelter #2

Registration information at: www.vokimberly.org

Or call (920) 788-7507







