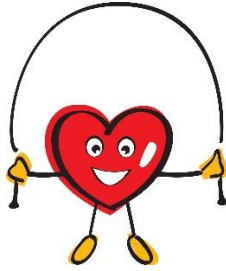


Jump Rope for Heart Kids Heart Challenge



Subject: Help our class reach our heart healthy goal for Kids Heart Challenge!

Hello Parents,

We kicked off our American Heart Association's Kids Heart Challenge today and we are so excited! The health of our students means so much to us!

Please join Sunrise Elementary in the fight against heart disease. We're challenging EVERY STUDENT to join our team online or in any way possible. We want kids to do a good deed every day, drink more water, or exercise 60 minutes a day during Kids Heart Challenge. When they do this, they'll receive a glow in the dark wristband as a reminder to follow through with their challenge.

Join us at: SCHOOL TEAM PAGE DIRECT LINK :

<http://www2.heart.org/goto/Sunrise>

Our KHC Event will take place on **Thursday, February 14** and donations will be **due on Wednesday, January 23.**

Thank you for your life-saving help!

Dean M. Lamers