



## **KASD Health & Wellness Center**

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(920) 423-4192

# **Sarah Eskofski, APNP, FNP**



*“Patient-centered healthcare is important to me. My goal is to empower patients to become active participants in their healthcare through education and good communication.”*

Sarah has worked in the healthcare field for 20+ years and hold a master’s degree from Concordia University of Wisconsin in nursing.

Sarah is a certified family nurse practitioner and enjoys working with patients of all ages. She is also certified in health coaching and appreciates working with patients in reaching their health goals, preventing chronic disease, or reducing symptoms of chronic disease.

She resides in the Fox Valley with her husband and their 7-year-old son. In her spare time she enjoys outside activities with her family, reading, gardening and exercising.

**Sarah is located at the Kimberly Area School District Health & Wellness Center.**