

"I'M SO BORED!"

Sound familiar?? Need some ideas on how to fill an entire day while socially distancing yourself?? The next time your child says they are bored, suggest....

1. Puzzles
2. Board Games
3. Walk the dog
4. Card game - Google some new ones if you are sick of the old ones
5. Lego challenge between siblings
6. Baking challenge between siblings or work together on something
7. Junk Box Challenge (Find random materials around house and have your child construct something with it.)
8. Dance Party
9. Yoga (many free on YouTube)
10. Read
11. Create a word search for someone
12. Have them write a letter to an elderly relative
13. Let them reorganize their bedroom
14. Take a "Field Trip" nature hike at High Cliff or Heckrodt Wetland.
15. Have them make a video on their device
16. Draw/sketch/color
17. Go for a walk/run/bike ride
18. Find a craft on Pinterest they would like to make
19. Let them make forts in the house to play or read in.
20. Popcorn and a movie!
21. Organize dress up themes once a week: PJ Day: clash day, crazy hair day, etc.
22. Play catch with a baseball or football in the yard.
23. Create a "creative chore list" to teach them new skills they don't know- pick one a day or one a week (baking, laundry, switching out a light bulb, pumping a ball with air, etc.)
24. Declutter an area of their room - it feels good for everyone! Donate items no longer needed.
25. Go to a park and pick up litter.
26. Make cards and mail them to a nursing home.
27. Put together a time capsule
28. Have them write a letter to themselves as a senior in high school. Save it and give it to them at their high school graduation.
29. Learn to knit online
30. Have them make an obstacle course (indoor or outdoor!)
31. Create a scavenger hunt (can find ideas on Pinterest)
32. Google search origami ideas

I'll work to keep adding more too!!