

DAILY SCHEDULE

8:00 MORNING ROUTINE - THEN FREE TIME

9:00 LEARNING TIME

10:30 EXERCISE/OUTSIDE

11:00 CREATIVE TIME

11:30 EAT LUNCH, CLEAN UP, FREE TIME

12:30 HOUSE CHORE (PRACTICE KINDNESS AND HELP OUT!)

1:00 LEARNING TIME

2:30 PRACTICE BAND INSTRUMENT

3:00 EXERCISE/OUTSIDE

3:30 CREATIVE TIME

5:00 DINNER

MORNING ROUTINE

SHOWER

GET DRESSED

BREAKFAST

BRUSH TEETH

COMB HAIR

MAKE BED

EXERCISE/OUTSIDE TIME IDEAS

YOGA

WALK DOG/CLEAN UP AFTER DOG

GO FOR WALK

PLAY BASKETBALL

PLAY CATCH WITH FOOTBALL/BASEBALL

SIDEWALK CHALK FUN

CREATIVE TIME IDEAS

DRAW/COLOR

BOARD GAME

BAKE

CRAFTS

PUZZLE

PLAY WITH PET

BUILD SOMETHING

FACETIME A FRIEND

READ