December 16, 2020



SUNRISE EMENTARY SCHOOL

A MESSAGE FROM THE PRINCIPAL

Principal Reflections December 2020

What is happiness? This is one of those questions that has been a source of a lot of quotes and memes over the years. One of my favorite quotes related to happiness is, "Happiness is a direction, not a place." This may seem like an odd introduction to this month's newsletter, but since December is typically a month filled with celebrations and happiness, and this year seems to be missing a lot of that ceremony, I've been pondering this question. There's no doubt that the people I talk to on a regular basis (friends, family, and colleagues), all feel a higher level of stress and often appear to be less happy this year. As I have been thinking through this question, while understanding that there are limitations to anyone's ability to change the stress level of those around you, I decided to ask a few friends to weigh in. Please enjoy the responses below from Mrs. Prucha's 5K class when asked, "What is happiness?"

Happiness is...

- ... smiling at someone. Anna
- ... eating ice cream. Charlotte
- ... getting good surprises. Collin
- ... Mom and Dad. Andrew
- ... it means you're sharing. Ava
- ... playing games. David
- ... sharing. Victoria
- ... is sharing my toys. Camille
- ... being with my family. Ari
- ... people being nice. Conley
- ... making jokes so we laugh. Colton
- ... getting presents. Caysen
- ... holidays. Kinleigh
- ... people being kind. Oliver
- ... helping people. Dylan
- ... when someone makes me a picture. Lexi
- ... when someone is super nice. Noah
- ... eating delicious food. Owen
- ... my brother giving me a hug. Maggie
- ... playing with toys. Jaxon
- ... hugging my mom. Harley

It is my sincere hope that each of you experience a great deal of happiness as we pass through these final days of the month and of the final days of 2020. Please stay well and reach out if you have any questions or concerns. (<u>sfitzgerald@kimberly.k12.wi.us</u>)

Happy Holidays! Sean

The purpose of the Sunrise Newsletter is to inform the Sunrise Community of school news and current events, while reflecting on our work and celebrating our success.

KIMBERLY AREA SCHOOL DISTRICT

UPCOMING EVENTS

	**** <u>12/23</u>	NOON DISMISSAL
· 發發發發發	12/14- 12-23	Holiday Spirit Days!
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教教教教教	1/15	NOON DISMISSAL
います。 本学校 学校	2/12	NO SCHOOL

HOLIDAY SPIRIT DAYS!

Sunrise Holiday Spirit Days

MONDA Y	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DECEMBER 14th	DECEMBER 15th	DECEMBER 16th	DECEMBER 17th	DECEMBER 18th
SNOWMEN & SNOWFLAKES	HOLIDAY T-SHIRTS	FLANNEL	CANDY CANE DAY	HOLIDAY
-	- M			A A
MONDA Y	TUESDAY	WEDNESDAY		
DECEMBER 21st	DECEMBER 22nd	DECEMBER 23rd		
PAJAMA DAY	FESTIVE APPAREL & ACCESSORIES	RED AND GREEN		
ST.		*		

SUNRISE STAFF WISHES YOU WARM WISHES DURING YOUR WINTER BREAK!

Wednesday, December 23rd is a noon release. All elementary students will be dismissed at 12:00 PM. There is no school Thursday, December 24th through Sunday, January 3rd. School resumes on Monday, January 4th. Have a fantastic break!



We Need **you**-



We want our schools to remain open. To do that, we need your support. How can you help?

Keep your child home if they are ill.

Keep your child home if they have been tested for COVID until results are known.

✓ AVOID LARGE GATHERINGS.

SCHOOL FEES & LUNCH PAYMENTS

Just a reminder that you are able to pay school fees and add money to your lunch account online through Infinite Campus. You are now able to pay fees and add money to your lunch account at anytime during the year without being charged the \$1.75 by using the e-check method. You will still be charged \$1.75 if you choose to use a credit card to recoup some of the credit card fees that the district is charged. Please remember when you use an e-check it is similar to using a paper check and if this check would be rejected by your bank due to non-sufficient funds, you will be charged a \$25 NSF fee.



DRESSING FOR THE WEATHER

Cold weather is here. Please make sure your child has the appropriate cold-weather attire (coat, hat, gloves, snow pants & boots). When snow arrives, students must wear snow pants and boots to play on the playground or any other snow-covered area during recess. During the winter months, boots must be worn when playing on the blacktop, even if it has been cleared of snow. Students that do not have the appropriate attire, will need to stay next to the building. Thank you for helping keep Sunrise student's warm and dry.



LOST & FOUND—FINAL DAYS

Pictures of items are posted on the <u>Sunrise Elementary Facebook Page</u>. If you see something that is your child's, please follow the steps below:

- 1) Email Melissa at mduval@kimberly.k12.wi.us with a subject line of LOST & FOUND.
- 2) Reference in your email the following things:
 - \Rightarrow Your child's name and their teacher
 - \Rightarrow the item name (shoes, coats, gloves, etc.),
 - \Rightarrow the number located on the bottom of the picture
 - \Rightarrow a brief description of the item.
- 3) We will then pull the item and put it in your child's backpack to come home.

Anything left in the Lost & Found after December 23rd will be taken to a donation center.



COVID UPDATE

NEW! The Kimberly Area School District has adopted the CDC and Wisconsin DHS guidelines for a 10 day return to school for students who develop NO symptoms of COVID-19 while in quarantine. The 7 day return guidelines are not being adopted at this time and are under review.



COVID-19 SCHOOL GUIDES

Quick links to resources (recently updated):

- Click <u>HERE</u> or see the attached for the When To Stay Home From School Guide.
- Click <u>HERE</u> or see the attached for the Student Illness and When to Get Tested Guide.
- Click <u>HERE</u> or see the attached for the Student Close Contact Guide.

COVID-19 FAQ

Not sure what to do, KASD is here to help. Located on the KASD website is a great resource filled with frequently asked COVID-19 questions and their answers. Click <u>HERE</u> to access it.

Still unsure, call the office, we are here to help. 920-954-1822

CONTACTING THE SCHOOL AFTER HOURS-COVID

AFTER HOURS COVID RELATED CALLS:

If you are contacting Sunrise Elementary and reporting a <u>COVID result or test outside of normal office hours</u> (Monday-Friday 7:30-4:00), please follow the steps below:

- 1. **PHONE the office (920-954-1822)**
- 2. PRESS #1 (Attendance)
- 3. PRESS #1 (COVID Reporting)

All voicemails following this process are immediately sent to Mr. Fitzgerald. Following this process enables the school to gather the necessary information and react quickly. Emails to staff are not always received prior to the next school day. Thank you for all of your help.

COVID-19 INSTRUCTIONAL CHANGE FORM

The deadline for switching from online to in-person or in-person to online learning for **Quarter 3 is January 4th**. If you wish to make a change to your student's educational choice for the 2020-21 school year, please click <u>HERE</u>. A separate form must be completed for each child. All switches are made at the beginning of the quarter only.

• The deadline for quarter 4 changes is March 23, 2021.

MEDICATIONS AT SCHOOL

Just a reminder: Prescription medication to be given at school <u>must</u> have a written order from your physician on forms available in the office. <u>Over-the-counter medication, like cough drops and Tylenol, will also need a form</u> <u>filled out, but does not require a physician's signature. All medication must be in it's original container.</u> No medication will be given without a signed consent form. Please click <u>here</u> to print the medication consent form. If you have any questions, please call Monica in the office at 954-1822.

PTO

As the holidays are fast approaching- Sunrise PTO would like to wish all our amazing families a safe and happy holiday. Thank you for all you do to help make us successful! May you enjoy the magic of every moment.



COMMUNITY EVENTS

Green Bay Botanical Garden - Garden of Lights

PBIS UPDATE

-ACTION-The Power to Choose Respect--Kindness--Honesty--Responsibility

The first week of school, students found themselves in "Rehearsal" for the school play "The Power to Choose".

Our "Renowned Directors" (Teachers) set the stage, the student's script covered what the Stinger Way looks like. Activities, Examples and role play within the classroom helped the students learn their roles as Sunrise Stingers. This year each student has created their own Character Star and are displayed in our own **Sunrise Stars Hall of Fame**.

Each month we have representatives from each classroom who shows our Community Values of Respect, Kindness, Honesty and Responsibility. These students will receive the **Stinger Character Award** by their classroom teacher by being a good role model, tries their best, helps others and leads by example. Students will have their pictures taken and displayed on the **The Cast of Character** Bulletin board.



MASON

ELSA **CAMERON**

GRIFFIN

AUSTIN

KIARA

DAMON



EVIE

WEATHER CANCELLATIONS

Winter is right around the corner. If weather conditions dictate that there will be no school or a delayed start, a decision to keep the schools closed is usually made by 6:00 am. Parents with students in school receive a direct call, text and/or email from our auto-call system through Infinite Campus since that is the fastest way to communicate with thousands of parents at one time. As a reminder: If you have a new phone number or email address, please update your information in the Infinite Campus parent



portal or contact your school's secretary to update the portal. Announcements are also sent to local T.V. and radio stations, please tune to local stations such as these rather than call the school directly: WAPL-105.7FM, WIXX-101.1FM, WHBY-1150AM, WKFX-104.9FM, WEMI-91.9 FM, WTAQ-97.5FM/1360AM, WWWX-96.9FM and WGEE-93.5FM; and WBAY-TV2, WFRV-TV5, WGBA-TV26, and WLUK-FOX11. If other school events, such as concerts or sporting events are also cancelled because of weather, they are typically communicated through these stations as well. The District's website and Facebook page are not our primary way to communicate school closures, so we ask parents to listen to the auto-call messages or tune in to the radio and T.V. stations listed for the timeliest updates.



STUDENT NONDISCRIMINATION STATEMENT

The Kimberly Area School District does not discriminate on the basis of race, color, religion, national origin, ancestry, creed, pregnancy, marital status, parental status, sexual orientation, sex, (including transgender status, change of sex or gender identity), or physical, mental, emotional, or learning disability ("Protected Classes") in any of its student programs and activities.

PARENTING 123



Instilling Perseverance in Children

It's easy for a child to give up on a task that seems too difficult. However, encouraging your child to persevere to accomplish a task is a great way to build their self-confidence, as well as show how rewarding it can be to overcome difficulties and accomplish something they thought they couldnt.

Why Teaching Perseverance is Important

If children are permitted to just give up on a task they think is too hard, they may eventually develop a fear of trying to overcome obstacles in their lives or of trying new things. However, by being persistent when they're trying to learn a new subject in school or a new task, children will learn the value of hard work and how good it feels when they accomplish something they consider difficult.

Being persistent can also help children develop self-confidence. When they do persevere and accomplish something, children need to have their perseverance reinforced with praise from their teachers and parents. For small children, learning to tie their shoes can be difficult, but if they persevere, they'll master tying their shoes and move on to learn the next new skill. Praise children for their efforts and accomplishments to help build their self-esteem and confidence.

How to Teach Perseverance

Children usually learn from their parents by watching and imitating their behavior. If their parents give up on difficult tasks easily, children will learn that behavior as well. However, if parents can model perseverance by continuing to make an effort to learn new skills, overcome difficulties, and accomplish their goals. When their parents are rewarded with a promotion and/or pay raise, children will learn there can be reward for persevering on a task.

Parents can also use language to help children make the connection between their hard work and success. For instance, rather than just giving general praise, tell them that their practice has paid off - that playing their instrument, their grade in math class, or their sports performance has gotten much better. Make the direct connection between their perseverance and their accomplishments. Not only will they learn to persevere, but they can learn self-discipline as well.









Adults need to model perseverance for children

• Praise children by connecting their accomplishments with their hard work •

Teaching perseverance will help them build confidence, boost self-esteem, and learn self-discipline



Your PTO has some exciting news!

We have been in touch with Santa at the north pole and he agreed to share some time with us during this busy Christmas Season.



Don't miss out on this family fun event!

Join early so you can see your classmates and friends!

Get comfortable and enjoy the fun of this holiday event.

When: Thursday Dec. 17th @ 6:30 pm
Santa will be joining us for a zoom visit!
Zoom link: <u>https://bit.ly/SunrisePTOSanta</u>
He will read us a story and sing a few Christmas songs.

Please reach out to Jody at <u>JodyRas01@gmail.com</u> with any questions.



CLEAN MASKS ARE CRUCIAL!

Cloth masks are designed to be washed after every use. They should not be worn multiple days in a row unless washed in between uses. Here's how to care for your cloth mask:

Washing:

Wash masks in a washing machine, using the warmest setting recommended for the fabric. Use your usual laundry detergent.

OR

Wash masks thoroughly by hand, using soap or laundry detergent and warm/hot water.

Drying:

Dry masks in a dryer, using the warmest setting recommended for the fabric.

OR

Allow the mask to air dry completely.

OUR STUDENTS NEED YOU

SEEKING TEMPORARY STAFF

substitute teachers · support staff · entry level

Kimberly Area School District (KASD) is seeking support from our community. Help us keep students in the classroom and our schools open. Find which opportunity is best for you!



Do you enjoy working with children while maintaining a flexible work schedule? Are you home for the holidays and looking for temporary work? Have you considered becoming a classroom facilitator, substitute paraprofessional or even a substitute teacher? Learn more at <u>www.kimberly.k12.wi.us/careers</u>

WHEN TO STAY HOME FROM SCHOOL

Keep your child home when:



They are sick (please see <u>student illness guide</u> and when to get tested)



They are diagnosed with COVID-19

They are being tested for COVID-19





Frequently Asked Questions:

Do I keep my child home if someone in my household is being tested for COVID-19?

A: Send your child to school if your child is symptom free.

OR

A: Keep your child home if your child has COVID-like symptoms.

Do I keep my child home from school if someone in my household is a close contact of a confirmed case of COVID-19?

A: Send your child to school if the household member who is the close contact is symptom free. OR

A: Keep your child home if the household member who is the close contact has COVID-like symptoms. (The household member who is the close contact is considered a probable case of COVID if he/she is showing symptoms while awaiting test results and everyone in your household at that point is considered a close contact and will need to quarantine.)

For additional frequently asked questions please visit, <u>www.kimberly.k12.wi.us/updates/frequently-asked-questions</u>

STUDENT ILLNESS GUIDE AND WHEN TO GET TESTED

People with the below symptoms or combination of symptoms may have COVID-19. The table below outlines WI-DHS recommendations of who should receive COVID-19 testing in Wisconsin. If you have these symptoms, **stay home, call your school office and get tested**.

Box A (any <u>one</u> symptom present)					
Cough (above baseline) Shortness of breath or difficulty breathing New loss of taste or smell					
Box B (any <u>two</u> symptoms present)					
□ Congestion or runny nose (above baseline) □ Chills or fever (100.4) □ Nausea or vomiting					
🗖 Diarrhea 🛛 Fatigue 🗖 Muscle or body aches 🗖 Sore throat (above baseline					
*If you choose not to get tested, you must remain home until at least 10 days have passed since symptom onset AND at least 24 hours have passed since resolution of fever without use of medicine AND other symptoms have improved.					
OR					
Box C					
I am a close contact of someone with COVID-19					
WI-DHS recommends getting tested if you are a close contact. If you test negative during your quarantine period, you will still need to complete your full 14-day quarantine before it is safe to go back to school or be around others					

For all other illnesses, follow typical school illness protocol by staying home, calling the school office and once symptoms have improved and your child is fever free for 24 hours they may return.

For information on awaiting test results and quarantining please go to, <u>www.kimberly.k12.wi.us/updates/covid-19-protocols</u>.

CLOSE CONTACT GUIDE

What does it mean to be a close contact of someone with COVID-19?

You are a "close contact" if any of the following situations happened while you spent time with the person with COVID-19, even if they didn't' have symptoms:

Had direct physical contact with the person (for example, a hug, kiss, or handshake)



- Had contact with the person's respiratory secretions (for example, coughed or sneezed on; contact with dirty tissue; shared a drinking glass, food, towels, or other personal items)
- Live with the person or stayed overnight for at least one night in a household with the person



EXAMPLE

Your child was playing outside with a neighborhood friend when he drank from the friend's water bottle without thinking. The following day, the friend developed symptoms and subsequently tested positive for COVID-19. **Your child is a close contact.**

EXAMPLE

I went out to eat with a friend yesterday and we were within 6 feet of each other for 30 minutes. The following day my friend tested positive for COVID-19. I am now a close contact. What about my child? **Your child is NOT a close contact** as your child did not spend time with your friend.

If you had contact with someone who has been diagnosed with COVID-19 you may be at risk of infection. Follow these recommendations for 14 days since your last close contact with someone with COVID-19. It is important to **self-quarantine and self-monitor** to protect yourself, your family, and your community.



As a close contact, what does it mean to quarantine?

• Stay home



- Avoid travel
- Go out only if absolutely necessary
- · Postpone all non-essential medical appointments until your quarantine is over
- Do not use public transportation, ride-sharing, or taxis
- Wear a face cover when you are around others

See Next Steps: close contacts of someone with COVID-19

INFORMATION For Parents



IF YOUR FAMILY LIVES IN ANY OF THE FOLLOWING SITUATIONS:

In a shelter

In a motel or campground due to the lack of an alternative adequate accommodation

*

In a car, park, abandoned building, or bus or train station

Doubled up with other people due to loss of housing or economic hardship

Your school-age children may qualify for certain rights and protections under the federal McKinney-Vento Act.

Your eligible children have the right to:

- Receive a free, appropriate public education.
- Enroll in school immediately, even if lacking documents normally required for enrollment.
- Enroll in school and attend classes while the school gathers needed documents.
- Enroll in the local school; or continue attending their school of origin (the school they attended when permanently housed or the school in which they were last enrolled), if that is your preference.
 - * If the school district believes that the school you select is not in the best interest of your children, then the district must provide you with a written explanation of its position and inform you of your right to appeal its decision.
- Receive transportation to and from the school of origin, if you request this.
- Receive educational services comparable to those provided to other students, according to your children's needs.

If you believe your children may be eligible, contact the local liaison to find out what services and supports may be available. There also may be supports available for your preschool-age children.



State Coordinator WI State Coordinator Kristine Nadolski 608.267.7338

