



October 19, 2016

Hello Westside Families –

Please take a moment to check out the Westside information for this week. Also, the latest edition of ***School Matters***, our KASD Newsletter can be found [here](#) or on the KASD Website.

LOOKING AHEAD...

- **NO SCHOOL – Thursday, October 27 and Friday, October 28**
- **Monday, October 31st – Orange and Black Day**

REMINDERS...

- **Parent-Teacher Conferences** – Sign-up forms for conferences were sent home last week – please turn in your forms to your child's teacher by this **Monday, October 24** - thank you!
- **School Fees** – If you have not already done so, please pay your child's school fees at your earliest convenience. Payments can be made through Infinite Campus OR in the school office. If you're paying with a check, please make it payable to KASD. If you have any questions, please let us know - thank you!

General Fees: 5K-\$20.00 **Grades 1-4-**\$30.00

5K Milk Fee: \$40.00 (for the whole year)

Headphones: \$5.00 (for new students only)

OPTIONAL-Yearbook: \$10.00

Enjoy the rest of your week, and please contact school if you have any questions.
Thank you!

Anne Appleton
Secretary
Westside Elementary
920-739-3578



Westside
Elementary
School
Counseling
Program

School Counselor
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GOOD NEWS FROM SCHOOL

Dear Parents/Guardians,

Our Protective Behaviors Program (teaching children a variety of safety life skills) will be presented during the month of November to Kindergarten through 4th grade students.

Through these presentations and discussions, students will become more aware about the world around them, physical and sexual abuse, safety with strangers, and what to do when home alone. Students will learn **basic age appropriate** methods for protecting themselves against unwanted physical touch and establishing a network of trusted adults that they can contact when needed.

As parents, I would ask you to make some time this month and discuss your personal views and rules on staying safe. Working together we can help children better protect themselves. I have attached a discussion guide from the National Center for Missing and Exploited Children as a resource you can use when having discussions with your children. For additional resources you can visit www.missingkids.com.

With a school/parent effort, we can help children better protect themselves and feel safe.

Sincerely,



Stacy Courtney
School Counselor

GOOD NEWS FROM SCHOOL

DISCUSSION GUIDE

(Ages 5-8)

It is important to talk to young children about safety without overwhelming or scaring them. This discussion guide offers age-appropriate messages and strategies to help you start a conversation about personal and online safety.



Whether on- or offline, one of the most important safety messages for children is **tell a trusted adult**. Children should know they can talk to you about anything that happens.

What to Talk About

When discussing **personal safety**, empower children by helping them learn what to do if they find themselves in a threatening situation. Tell children:

- A trusted adult is someone like your mom, dad or teacher who makes you feel safe, helps you and listens to you. You can tell a trusted adult any time you feel sad, scared, uncomfortable or confused.
- Ask me or another trusted adult first before going anywhere, helping anyone, or accepting anything.
- It's important to stay with me or the trusted adult in charge when you are away from home.
- Let's learn your full name, home address and telephone number. If we get separated, knowing this information can help you get home.
- Some of the body parts your swimsuit covers are private. If anyone touches you there or anywhere else in a way that makes you uncomfortable, you can say "no" — even if that person is a grown-up.

When discussing **online safety**, focus on helping children learn behaviors that minimize risks. Tell children:

- Our family has rules about what you can do online in order to help keep you safe. You may not like all of these rules, but it's important that you follow them.
- We should be polite and treat others with respect while online.
- Just because something is online does not mean it's true.
- Ask a trusted adult before sharing information like your name, address or telephone number.
- Not everything online is meant for children. It's not your fault if you accidentally see these things, but you should tell me about it so we can deal with it together.

How to Talk About It

Focus on how, not who. Instead of saying, "Don't talk to strangers," discuss the methods would-be abductors may use such as offering treats or money, asking for help, or offering to show an animal.

Role-play. Don't just talk about safety. Practice it! For example, have children practice yelling, kicking, and pulling away when discussing what to do if someone tries to take them.

Don't skip the hard stuff. It can be hard to talk about some safety issues, especially those involving sexuality. Set the foundation early by talking openly with your children about their bodies. For example, teach them to use the correct names for private parts.

Keep calm. Children make mistakes. If they break a safety rule, remind them why you set it and enforce the consequences. Then talk about what they should do differently the next time.

Listen. Encourage your children to talk about their concerns and listen respectfully — even when you disagree.

TEACHABLE MOMENTS

The following stories demonstrate how you can incorporate the safety tips into real-life interactions with your children.

Ask before going places

Tom and his 8-year-old son Aaron are at the playground. "Do you want me to come with you to the monkey bars?" Tom asks. "Dad, I'm not a baby!" Aaron says. He wants to be more independent so his parents have been teaching him about personal safety. Before Aaron goes to play, Tom asks him to repeat their family's personal safety rules. "Remember," Tom says, "these rules are to help keep you safe. When you follow them, your mom and I know that we can trust you to do more things by yourself."

Inappropriate online content

Jeanine's 6-year-old daughter Rachel accidentally clicks a link to an adult website while playing an online game. Jeanine wants to slam the laptop closed and pull Rachel away from the disturbing images, but she knows that this could confuse or scare Rachel. Instead, Jeanine calmly navigates away from the website. She tells Rachel, "Some online sites are just for adults. Children may accidentally find these sites, but it's not their fault. If you come across another site like this, tell me or another trusted adult so that we can help you get back to a children's site."

You don't have to wait for a real-life situation to arise before discussing safety with your children. Start talking to them about it right now by creating your own teachable moments.

GET STARTED

While at the grocery store, ask your child

"What would you do if we got separated?" Have your child point out people to ask for help such as a store clerk or parent with children.

While driving to school, ask your child

"Who are your trusted adults? Why?" Later, make a list of your child's trusted adults so he or she knows who to contact for help.

While playing an online game with your child, ask

"Has anyone or anything you've seen online ever made you feel confused or uncomfortable?"



To learn more about child safety, visit BeHereForKids.org

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Today is the Last Day for the Hansen Fundraiser !!



Please send in your packets
if you chose to participate
in this year's fundraiser.
PTO will be collecting
packets until Friday,
October 21st, 2016.

Thank you to all of our wonderful Westside
Families for supporting PTO and helping
fund our activities throughout the year.

Any questions please contact Katie Stanley, Treasurer at ktbird1026@yahoo.com with any
questions or orders after 10/21/2016



Only a few more days left to turn in
your Boxtops to Win a class party!!

Here's What You Need to Do:

1. Clip your box tops!
2. Put them in a bag or on a boxtop sheet.
3. Label the boxtops with your name and teachers name to get credit.
4. Turn your boxtops in on October 21st, 2016.

Extra Boxtop Sheets located in the office

Mark Your Calendars

Eat for Westside at



October 25th & 26th

All Day at the Kimberly Location – 225 N. Washington Street

Pick up or Delivery! Let Marco's know you're eating for Westside and a portion of your purchase will go to our wonderful PTO to support our school.

MINUTES

Westside Elementary PTO Meeting

October 11, 2016

6:30-7:30

LMC

Members Present		
6:30	Welcome: Roll Call (emails)	Jodi Ubbink
	<u>Principals Report:</u> <ul style="list-style-type: none"> - Thank you to Christine Grey for helping with the project. - The signs for our classrooms/teachers are up and look amazing. - Mr. Rick Lippold will go over our Title program, which keep our students meeting standards in reading and math. 	Mr. Peterson
6:35	<u>Budget Report</u> Picnic: \$680 food/supplies, \$225 bounce house Made \$531 Tshirts: \$180 Ending Balance: Approx. \$6457 <ul style="list-style-type: none"> - LMC donation from PTO: \$1500 (need to take out of budget) 	Julie Denell
6:40	<u>Explanation of Upcoming Events</u> Oct 5-19, 2016 Hansen Fall Fundraiser Pick up on Thurs Nov 17, 3:30-6:00 pm at back doors <ul style="list-style-type: none"> - Volunteers NEEDED from 3:30-6:00pm Nov 11, 2016 6:30-8:30pm in Big Gym only -Fall Family Dance: 80's theme <ul style="list-style-type: none"> - Snacks/Drinks - Glow stick sales - DJ? (Amber will check into another source) Dec 3, 2016 9:00-11:30am in Big Gym (had to move date due to gym availability) <ul style="list-style-type: none"> - Starbucks (Dawn is talking with the Manager about a donation, Also looking into another local shop as well) 	Jodi Ubbink

	<ul style="list-style-type: none"> - Kwik Trip (Amber filled out donation info) - Santa (looking into another company) - Book (Dawn has the book: A wish to be a Christmas Tree) - Reading area (Need to build new fireplace, get area rug?) - Allergy alternative? (Amber mentioned Fruits and other possibilities to be donated by Kwik Trip) <p>Mar 31, 2017 Bingo night 6:30pm Big Gym</p> <ul style="list-style-type: none"> - Letters out (Dawn) - Jimmy Johns (Amber is making contact) <p>Need: More board checkers/volunteers, Projector</p> <p>May 2017 fundraiser TBD</p> <p>June 7, 2017 Carnival Face paint: (Dawn, __, Jodi __,)</p> <ul style="list-style-type: none"> - More volunteers, paint not crayons, picture boards - Volunteer slips out earlier 	
6:45	<p><u>Explanation of Fundraising</u></p> <p>Boxtops (Katie)</p> <ul style="list-style-type: none"> -Need coordinator: Danielle -Volunteer to pick up in May (Dawn) -Challenge 10/10-10/21 (Dawn will pick up & hand out Basket theme to Teachers for Bingo Night) - Milk Moola (Amber- Westside is back on the website to send it out) <p>Hansen: 10/5-10/19</p> <ul style="list-style-type: none"> -packets went out last week -Need volunteers for pick up (Thurs Nov 17 3:30-6:30pm) 	
6:50	<u>Picnic</u>	Jodi Ubbink

	<p>Pros: Everyone seemed to love the Bounce House!!</p> <p>Suggestions: Make laminated money sheets for candy. Also look into have a candy display made (Workshop at the High School, or Boy Scouts?)</p> <p><u>Dance</u></p> <p>_____ Fri. Nov. 11, 2016</p> <p>6-8pm in Big Gym</p> <p>Volunteers arrive around 4 for set-up</p> <p>Supplies:</p> <ul style="list-style-type: none"> - Good on soda/snacks (make sure to check dates on water, soda, and food supplies) - Voted on just having snack items - Glow Sticks (Dollar Tree?) - Yo DJ? (Katie- they're asking \$250 for that day. Amber is checking into another source as well.) 	
6:55	<p><u>Eat for Westside-MARCOS</u></p> <p>Dates- October 25th & 26th</p>	Josh Padget
7:00	<p><u>Other:</u></p> <p>Candy cart: Contact HS to see if the shop class could build one-we can provide supplies. Also check to see if Key club or Boy scouts could as well if the HS shop class can't.</p> <p>Laminating arrows to hang up for events</p> <p>Purchase camera, Nesco for events</p> <ul style="list-style-type: none"> - Look for deals (Black Friday) <p>Purchase art supplies for PTO use</p>	Jodi Ubbink
7:10	<p><u>Comments/Issues/Concerns/Open Discussion</u></p> <ul style="list-style-type: none"> - Games/Art Supplies for Key Club - Sent out the letter from Dr. Mayfield about how people can get involved with the community. 	
7:30	<p><u>Next Meeting:</u></p> <p>Date: November 10th</p> <p>Time: 6:30-7:30 p.m.</p> <p>Location: Library</p>	

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