

*Breakfast:
 Students: Paid: \$1.50
 Reduced: K-5: \$0.00
 Adults/Guests: \$2.25

FEBRUARY 2019

WENATCHEE SCHOOL DISTRICT ELEMENTARY

*Lunch:
 Students: Paid: \$2.75
 Reduced: K-3: \$0.00
 Reduced: 4-5: \$.40
 Adults/Guests: \$3.50

Monday

Tuesday

Wednesday

Thursday

Friday



Warm Bagel & Cream Cheese Cereal, Toast, Fruit, Milk **4**
 V Cheesy Stuffed Breadsticks w/Warm Pizza Dipping Sauce
 Ham & Cheese Sandwich
CHOCOLATE MILK DAY!!

Ham & Cheese Scrambled Eggs Cereal, Toast, Fruit, Milk **5**
 Hamburger w/Choice of Cheese on WG Bun & Baked Fries
 V Wow-Butter & Jelly Sandwich

Cinni-Minis Cereal, Toast, Fruit, Milk **6**
 V Creamy Macaroni & Cheese w/WG Roll
 Chicken Caesar Salad w/WG Roll
COOKIE DAY

Pancakes & Eggs Cereal, Toast, Fruit, Milk **7**
Breakfast + Lunch
 French Toast & Bacon w /Strawberries & Whip Cream
 V Yogurt, WG Crackers & String Cheese

Pancake & Sausage Stick Cereal, Toast, Fruit, Milk **1**
PIZZA DAY!!
 V Cheese, Pepperoni or Hawaiian
 Tuna Sub

Sausage & Egg Tornado Cereal, Toast, Fruit, Milk **8**
PIZZA DAY!!
 V Cheese, Pepperoni or Hawaiian
 Turkey & Cheese Sub

Yogurt & WG Muffin Cereal, Toast, Fruit, Milk **11**
 WG Corn Dog Baked Fries
 V Open Face Warm Bagel w/Melted Cheese
CHOCOLATE MILK DAY!!

Cheese Omelet Baked Tots Cereal, Toast, Fruit, Milk **12**
NEW ITEM!
 Teriyaki Broccoli Beef w/ Brown Rice
 V Veggie Ranch Wrap

Waffle & Bacon Cereal, Toast, Fruit, Milk **13**
NEW ITEM!
 Shredded Chicken Taquitos Seasoned Rice
 V Wow-Butter & Banana Sandwich
NO COOKIE TODAY

Breakfast Wrap Cereal, Toast, Fruit, Milk **14**
 V Spaghetti w/Marinara & Meatballs w/Garlic Parmesan Breadstick
 Chef Salad w/ WG Roll
VALENTINES COOKIE DAY & STRAWBERRY MILK

Breakfast Sandwich Cereal, Toast, Fruit, Milk **15**
PIZZA DAY!!
 V Cheese, Pepperoni or Hawaiian
 Italian Combo Sub

NO SCHOOL **18**

Yogurt & WG Muffin Cereal, Toast, Fruit, Milk **19**
 Whole Grain Chicken Patty Sandwich Regular or Spicy & Tots
 V Monkey Tail w/ Yogurt

Ham & Cheese Scrambled Eggs Cereal, Toast, Fruit, Milk **20**
 Chicken Yakisoba Bowl w/ Roasted Veggies Fortune Cookie
 V The "Whole Garden" Salad w/Roll
COOKIE DAY

Cinni-Minis Cereal, Toast, Fruit, Milk **21**
 Homemade Chili & Warm Corn Bread
 V Yogurt, WG Crackers & String Cheese

Pancake & Sausage Stick Cereal, Toast, Fruit, Milk **22**
PIZZA DAY!!
 V Cheese, Pepperoni or Hawaiian
 Turkey & Cheese Sub

Sausage & Egg Tornado Cereal, Toast, Fruit, Milk **25**
 BBQ Sloppy Joe's Seasoned Tots
 V Wow-Butter & Banana Sandwich
CHOCOLATE MILK DAY!!

Breakfast Bowl Cereal, Toast, Fruit, Milk **26**
 Sweet & Sour Chicken w/ Fried Rice Fortune Cookie
 V Yogurt, WG Crackers & String Cheese

Cheese Omelet & Baked Tots Cereal, Toast, Fruit, Milk **27**
 V Cheesy Nachos w/Choice of Beef And/or Beans
 Mandarin Chicken Salad w/WG Roll
COOKIE DAY

Waffle & Bacon Cereal, Toast, Fruit, Milk **28**
 Oven Roasted Chicken Creamy Mashed Potatoes & Gravy Roasted Glazed Carrots & WG Roll
 V Open Face Bagel w/Melted Cheese



Every lunch includes an unlimited garden bar. Kids can fill their plates with all the fruits and veggies they desire. About 10 options are offered daily from the following: Salad Mix, Spinach, Coleslaw, Oranges, Cucumbers, Carrots, Cauliflower, Apples, Corn/Peas, Broccoli, Bananas, & Zucchini. Many items and seasonal additions come from local farms!
 A Complete Meal **MUST** include three of the five following choices: meat/meat alternate, grain, fruit, vegetable, and milk. Students may decline two food choices, but must take 1/2 cup fruit and/or vegetable with their meal.

This institution is an equal opportunity provider.