### Growth Mindsel?

# Instead of thinking...

I can't do this!

I'm not smart enough.

This is as good as it's going to get!

I give up.

This is too hard!

l made a mistake.

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## Think this instead:

What am I missing?

I will learn how to do this.

Is this really my best work? I can always improve!

I'll try a different strategy and try again!

This may take some time and effort.

Mistakes help me improve.

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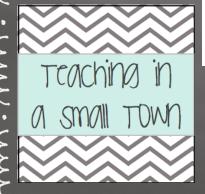
## Thomas You

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#### **Credits**







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