

November

All Meals Served with
choice of 1% White
Milk or Fat Free Milk

Elementary



Monday	Tuesday	Wednesday	Thursday	Friday
3 Breakfast Long John or Cereal & Toast, Fruit Lunch Corn Dog with Baked Beans or Yogurt Parfait with Granola, Sunflower seeds and crackers	4 Breakfast Breakfast Pizza or Cereal & Toast, Fruit Lunch Popcorn Chicken Mashed Potato Bowl with Dinner Roll or Sunbutter and Jelly Sandwich	5 Breakfast Cinnamon Roll or Cereal & Toast, Fruit Lunch Macaroni and Cheese or Chicken Caesar Wrap	6 Breakfast Fresh Baked UBR or Cereal & Toast, Fruit Lunch Breakfast for Lunch Waffles with berries and cream, Omelette, Sausage or Turkey	7 Breakfast Bagel w/ Cream Cheese or Cereal & Toast, Fruit Lunch Pizza Day!!! or Yogurt Pack with Crackers and String Cheese
10 Breakfast Long John or Cereal & Toast, Fruit Lunch Cheeseburger and Tater Tots or Yogurt Parfait w/Granola, String Cheese and Crackers	11 No School	12 Breakfast Cinnamon Roll or Cereal & Toast, Fruit Lunch Spaghetti with Meat sauce or Chef Salad	13 Breakfast Pancake Breakfast Sandwich or Cereal & Toast, Fruit Lunch Teriyaki Dippers and Rice or Ham & Cheese Sandwich	14 Breakfast Bagel w/ Cream Cheese or Cereal & Toast, Fruit Lunch Pizza Day!!! or Yogurt Pack with Crackers and String Cheese
17 Breakfast Long John or Cereal & Toast, Fruit Lunch Hot dog with French Fries or Yogurt Parfait w/Granola, String Cheese and Crackers	18 Breakfast Breakfast Pizza or Cereal & Toast, Fruit Lunch Beef Nachos with Seasoned Beans or Cheesy Bagel	19 Breakfast Cinnamon Roll or Cereal & Toast, Fruit Lunch Chicken Nugget Basket or Taco Salad with Chips	20 Breakfast Pancake Breakfast Sandwich or Cereal & Toast, Fruit Lunch Breakfast for Lunch French Toast with berries and cream, Egg Patty, Sausage or Turkey	21 Breakfast Muffin or Cereal & Toast, Fruit Lunch Pizza Day!!! or Yogurt Pack with Crackers and String Cheese
24 Breakfast Long John or Cereal & Toast, Fruit Lunch Chicken Burgers with Baked Beans or Yogurt Parfait w/Granola, String Cheese and	25 Breakfast Tornado or Cereal & Toast, Fruit Lunch Chicken Drumstick with Mashed Potatoes and Gravy or Sunbutter and Jelly	26 No School	27 No School	28 No School
December 1 Breakfast Long John or Cereal & Toast, Fruit Lunch Corn Dog with Tater Tots or Yogurt Parfait w/Granola, String Cheese and Crackers	2 Breakfast Pancake on a Stick or Cereal & Toast, Fruit Lunch 2 Crunchy Beef Tacos with Seasoned Beans or Cheesy Bagel	3 Breakfast Cinnamon Roll or Cereal & Toast, Fruit Lunch Grilled Cheese sandwich with Homemade Tomato Soup or Garden Salad with Dinner Roll	4 Breakfast Pancake Breakfast Sandwich or Cereal & Toast, Fruit Lunch Orange Chicken with rice or Ham and Cheese Sandwich	5 Breakfast Muffin or Cereal & Toast, Fruit Lunch Pizza Day!!! or Yogurt Pack with Crackers and String Cheese

This institution is an equal opportunity provider.