## **December**

All Meals Served with choice of 1% White Milk or Fat Free Milk	Elementary			NURTION NOTES
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	
<b>Breakfast</b> Long John or Cereal & Toast, Fruit	Breakfast Pancake on a Stick or Cereal & Toast, Fruit	Breakfast Cinnamon Roll or Cereal & Toast, Fruit	Breakfast Pancake Breakfast Sandwich or Cereal & Toast, Fruit	<b>Breakfast</b> Muffin or Cereal & Toast, Fruit
Lunch Corn Dog with Tater Tots or Yogurt Parfait w/Granola, String Cheese and Crackers	Lunch 2 Crunchy Beef Tacos with Seasoned Beans or Cheesy Bagel	Lunch Grilled Cheese sandwich with Homemade Tomato Soup or Garden Salad with Dinner Roll	<b>Lunch</b> Orange Chicken with rice or Ham and Cheese Sandwich	Lunch Pizza Day!!! or Yogurt Pack with Crackers and String Cheese
8	9	10	11	12
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Long John or Cereal & Toast, Fruit	Breakfast Pizza or Cereal & Toast, Fruit	Cinnamon Roll or Cereal & Toast, Fruit	Waffles with Berries and Whip Cream or Cereal & Toast, Fruit	Bagel w/ Cream Cheese or Cereal & Toast, Fruit
Lunch	Lunch	Lunch	Lunch	Lunch
Hot dog with Baked Beans or Yogurt Parfait w/Granola, String Cheese and Crackers	Chicken Alfredo with Garlic Toast or Sunbutter and Jelly Sandwich	Chicken and Waffles or Chef Salad with Roll	Breakfast for Lunch French Toast with berries and cream, Egg Patty, Sausage or Turkey	Pizza Day!!! or Yogurt Pack with Crackers and String Cheese
15	16	17	18	19
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Long John or Cereal & Toast, Fruit	Tornado or Cereal & Toast, Fruit	Cinnamon Roll or Cereal & Toast, Fruit	Pancake Breakfast Sandwich or Cereal & Toast, Fruit	Muffin or Cereal & Toast, Fruit
Lunch Chicken Burgers with French Fries or Yogurt Parfait w/Granola, String Cheese and	<b>Lunch</b> Chicken and Cheese Quesadilla with seasoned Beans or Cheesy Bagel	Lunch Macaroni and Cheese with Roll or Chicken Caesar Wrap	<b>Lunch</b> Local Favorite	Lunch Pizza Day!!! or Yogurt Pack with Crackers and String Cheese
22	23	24	25	20
No School	Winter Break	No School	Winter Break	No School
29	30	31		
No School	Winter Break			