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6/4/2010

### FCPS Wins 2010 Apex Award

Surrounded by balloons, basketballs and enthusiasm, "Champions of Wellness" at Frederick County Public Schools (FCPS) celebrated a successful first year yesterday evening with former Harlem Globetrotter and Frederick High Class of 1970 graduate Spencer "Spinny" Johnson, wellness guru Rick's Quick Fit president Rick Bradley and UnitedHealthcare senior vice president Craig Condon. In a room full of smiles, Mr. Condon presented FCPS the 2010 Apex Award for innovative employee-wellness programs and announced that UnitedHealth Group's hub magazine, which shares best practices in improving health care, will feature FCPS in its next issue.

Superintendent Dr. Linda Burgee congratulated the 70 employees who served as leaders in their schools and administrative buildings, coordinating activities such as Walk for Health challenges, sharing fitness tips that staff can incorporate into daily routines and more this past year. In choosing FCPS as recipient, judges noted that the FCPS wellness program generates great energy and showcases the school system's desire to make an employee culture change toward healthy behavior, said UnitedHealthcare's Wellness Director Andie Rowe, who also attended the celebration. Executive director of FCPS Human Resources Paula Lawton commended senior benefits manager Colette Baker and benefits specialist Linda Stout for coordinating the award-winning FCPS wellness initiative.



Several wellness champions received awards for leading successful spring wellness challenges at their work locations. Deer Crossing Elementary wellness champion Debbie Schray won the evening's grand prize drawing for a visit from "Spinny" to her school.

In photo: Left to right, front row: UnitedHealthcare Wellness Director Andie Rowe, UnitedHealthcare Vice President Cathy Proctor, Frederick County Public Schools Superintendent Dr. Linda Burgee, FCPS Benefits Specialist Linda Stout, FCPS Senior Benefits Manager Colette Baker and UnitedHealthcare Public Sector Regional Wellness Director Irene Myers; back row: UnitedHealthcare Senior Vice President Craig Condon.

Posted by Dian Nelson at 5:30 PM

0 Approved Comment(s)

Last Modified on 6/16/2010 4:15:37 PM

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