



YOUR FITNESS JOURNEY STARTS HERE.

Onelife Fitness offer numerous health and fitness options, plus recreational and sports activities like basketball, swimming, and more. This means more than helping you get in shape, it means helping you improve every aspect of your health so you can enjoy your life to the fullest.



MULTI-CLUB OPTIONS AVAILABLE!



Visit onelifefitness.com for a full list of amenities, classes and programs!

**Amenities vary by location.*

SPECIAL CORPORATE RATES FOR EMPLOYEES OF FCPS!

CORPORATE RATES - NORTH FREDERICK

- **PROCESSING FEE:** \$49
- **INDIVIDUAL:** \$39.99
- **COUPLE:** \$69.99
- **FAMILY:** Varies per family

GET STARTED TODAY!

Contact Tim Maggi at tmaggi@onelifefitness.com for this limited time offer!

ENJOY ALL THE AMENITIES!

- State-of-the-Art Strength & Cardio Equipment
- Group Exercise Classes Including Zumba, Yoga, BodyPump, BodyCombat, Virtual Cycling & more!
- Zone4 Group Training
- Kidz Klub & Kids Programs
- Indoor Pool & Swim Lessons
- Sauna
- Basketball
- And Much More!