

# School Health Council

## Meeting Agenda

May 17, 2018  
 9:00-11:00 am  
 FCPS Staff Development Center  
 44 W. Frederick Street  
 Walkersville, MD 21793

I. Call to Order, Attendance, and Introductions

<b>IN ATTENDANCE:</b>			
<del>Carol Adams</del> <del>Gloria Bamforth</del> <del>Phoebe Barreto</del> Peter Brehm ✓ <del>Dr. Barbara Brookmyer</del> Dr. Alexandra Cassotta ✓ <del>Cathleen Cullen</del> <del>Peter Daddone</del> Alysia Feuer	Amy Edwards <del>Malcolm Furgol</del> Brian Griffith ✓ Martha Gurzick ✓ Tiana Haile Beth Herndon ✓	James Hitchner ✓ <del>Dr. James Lee</del> Barbara May ✓ <del>Katie O'Connor-Jenkins</del> Laura Olsen ✓ <del>Jet Reid</del>	<del>Debbie Rhoades</del> <del>Joy Schaefer</del> <del>Janet Shipman</del> Monica Skidmore ✓ <del>Katie Turner</del> Jenifer Waters <del>Tom Werner</del>
<b>GUESTS:</b> > Laura Lamonte > Margaret Seebald			
> Tiana Haile arrived at 9:39 AM > Jenifer Waters arrived at 9:42 AM >			
<b>ABSENT: Strikethrough denotes that member was not present for meeting.</b>			

II. General Announcements & Updates

A. Secondary health education curriculum was approved by the board of education.

III. Old Business - None

IV. New Business

A. YRBS Data <https://phpa.health.maryland.gov/ccdpc/Reports/Pages/YRBS2016.aspx>

- a. <https://phpa.health.maryland.gov/ohpetup/Pages/YTRBS.aspx>
  - b. Brian Griffith provided the members in attendance with an overview of the Youth Tobacco & Risk Behavior Survey; when it was given; how was it given; who takes the survey; how are they chosen, etc? For specific data points related to Frederick County data, members were encouraged to access the links above.
  - c. Brian Griffith disseminated the recently released YRBS survey data and asked those in attendance to review the trend data. In discussion, members were asked to respond to three questions: 1. Three facts you would like to share; 2. Items that the group found interesting; and 3. One resonating question that results from the review of this data.
  - d. Discussions moved to how much has even changed since the survey was given in December 2016 (e.g. jewellery, vaping, etc.)
  - e. A consensus of the membership shared that they wish to be informed of the date when the FCPS BOE will be discussing the YT&RBS results. Brian Griffith showed everyone how to access FCPS BOE agendas and meeting minutes from [www.fcps.org](http://www.fcps.org)
- B. 5-2-1-0 Overview
- a. Martha Gurzick provided a general overview of an initiative called 5-2-1-0. The Frederick Regional Health Services is partnering with several community agencies, including FCPS to bolster this initiative.
  - b. Three elementary schools have been identified as a higher risk
  - c. The Frederick Center shared an interest in potentially joining the partnership with Frederick Regional Health Services.

V. Convene to Action Teams

Brian Griffith provided direction to the members in attendance to focus on creating sample SMART goals that can be attached to a sample action plan (examples are linked below). A list of [possible Continuous Strategic Improvement \(CSI\) topics](#) from a brainstorming session was shared.

These documents can serve as resources to schools dismissed the general assembly to break off into the work

- A. Behavioral Health - This group focuses on how to improve mental health for students, staff, parents within FCPS
  - a. Finalize Health Briefs
  - b. Action Plans
    - i. Create [sample](#) SMART goals aligned to initiatives
    - ii. Create [sample action plans](#) based on SMART goals
- B. Physical Health & Wellness - how to reduce obesity and enhance health practices that positively influence behavior change
  - a. Finalize Health Briefs
  - b. Action Plans
    - i. Create [sample](#) SMART goals aligned to initiatives
    - ii. Create [sample action plans](#) based on SMART goals

VI. Action Team Reports

- A. Behavioral Health Action Team - No Report
- B. Physical Health Action Team - No Report

VII. Planning for Next Year

- Yes to Health Briefs
- The anticipated date for the website launch; how will launch be communicated?
- At next year's meeting, have school-based staff come and share the school-based perspective of needs and concerns
- Depression & Suicide
- School Violence & Behavioral Health
- The United Coalition Against Bullying (see Janet Shipman)
- What are the physical manifestations of the psychological
- Sexual Assault and Violence Prevention initiative
  - Physical, Mental, and Emotional Health
- What are the top 3 health issues that concerning the schools
  - Would like to seek Dr. Alban's input based on school-based conversations with Seniors
  - Younger students becoming more physically violent in classrooms
  - Increase in vaping
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VIII. Adjournment

Motion to Adjourn: Jennifer Waters

Second: Beth Herndon

Meeting Adjourned at 10:41am

**SHC Dates for 2018-2019 are to be determined and will be communicated around August 15.**