Diet and Nutrition

Virtual-first SPECIALIZED care centered around you

Registered dietician nutritionists
Work with the right nutritionist for you, with the expertise to help you meet your goal

Evidence-based care
Receive care grounded in science and use data to mark your progress

Focus on addition, over restriction
Learn what foods and habits you can add to your life rather than sticking to rigid, restriction-based goals

Built-in flexibility
Follow an approach that adapts to meet you where you are

In-network coverage
Before you begin, we’ll get in touch with you to confirm your coverage so you know what to expect

Nutrition support is one of the many ways CloseKnit is providing care centered around you. Join today for access to primary care, urgent care, mental health support and more.

Ready to get care now?
Scan the QR code or download the CloseKnit app available on the App Store and Google Play