

**SECONDARY SCHOOL COUNSELORS
IMPLEMENT THE COUNSELING
PROGRAM BY PROVIDING:**

Classroom Guidance

- Academic skills support
- Organizational, study and test-taking skills
- Post-secondary planning and application process
- Career planning
- Education in understanding self and others
- Coping strategies
- Peer relationships and effective social skills
- Communication, problem-solving, decision-making, conflict resolution and study skills
- Career awareness and the world of work
- Substance abuse education
- Multicultural/diversity awareness

Individual Student Planning

- Goal setting
- Academic plans
- Career plans
- Problem solving
- Education in understanding of self, including strengths and weaknesses
- Transition plans

Responsive Services

- Individual and small-group counseling
- Individual/family/school crisis intervention
- Peer facilitation
- Consultation/collaboration
- Referrals

System Support

- Professional development
- Consultation/collaboration and teaming
- Program management and operation

**SECONDARY SCHOOL COUNSELORS
COLLABORATE WITH:**

Parents

- Academic planning/support
- Post-secondary planning
- Scholarship/financial search process
- School-to-parent communications
- School-to-work transition programs
- One-on-one parent conferencing
- Referral process

Students

- Academic support services
- Program planning
- Peer education program
- Peer mediation program
- Crisis management
- Transition programs

Teachers

- Portfolio development, providing recommendations and assisting students with the post-secondary application process
- Classroom guidance lessons on post-secondary planning, study skills, career development, etc.
- School-to-work transition programs
- Academic support, learning style assessment and education to help students succeed academically
- Classroom speakers
- At-risk student identification and implementation of interventions to enhance success

Administrators

- School climate
- Academic support interventions
- Behavioral management plans
- School-wide needs assessments
- Data sharing
- Student assistance team development

Community

- Job shadowing, work-based learning, part-time jobs, etc.
- Crisis interventions
- Referrals
- Career education

WHY HIGH SCHOOL COUNSELORS?

High school years are full of growth, promise, excitement, frustration, disappointment and hope. It is the time when students begin to discover what the future holds for them. Secondary school counselors enhance the learning process and promote academic achievement.

School counseling programs are essential for students to achieve optimal personal growth, acquire positive social skills and values, set appropriate career goals and realize full academic potential to become productive, contributing members of the world community. The professional high school counselor holds a master's degree and required state certification in school counseling. Maintaining certification includes on-going professional development to stay current with educational reform and challenges facing today's students. Professional association membership is encouraged as it enhances the school counselor's knowledge and effectiveness.

**For further information contact
your school counselor**

or

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301-644-5224

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THE SCHOOL COUNSELOR'S ROLE IN HIGH SCHOOL

**FREDERICK COUNTY
PUBLIC SCHOOLS**

Source: American School Counselor Association