

South Terrace Breakfast Menu January 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	School Not In Session	Breakfast Cereal Graham Crackers Fruit Choices Lowfat Milk Choices	Trix Yogurt or Hard Boiled Egg Graham Crackers OR Cereal & Graham Crackers Fruit Choices Lowfat Milk Choices	Mini Bagel w/Cinnamon Cream Cheese OR Cereal & Graham Crackers Fruit Choices Lowfat Milk Choices
		1	2	3
Breakfast Cereal Graham Crackers Fruit Choices Lowfat Milk Choices	Breakfast Pizza OR Cereal & Graham Crackers Fruit Choices Lowfat Milk Choices	Banana Bread Cheese Stick OR Cereal & Graham Crackers Fruit Choices Lowfat Milk Choices	Fluffy Pancakes w/Syrup OR Cereal & Graham Crackers Fruit Choices Lowfat Milk Choices	Cheese Omelet Whole Grain Toast OR Cereal & Graham Crackers Fruit Choices Lowfat Milk Choices
7	8	9	10	11
Dutch Waffle OR Cereal & Graham Crackers Fruit Choices Lowfat Milk Choices	Breakfast Pizza OR Cereal & Graham Crackers Fruit Choices Lowfat Milk Choices	Breakfast Cereal Graham Crackers Fruit Choices Lowfat Milk Choices	Trix Yogurt or Hard Boiled Egg Graham Crackers OR Cereal & Graham Crackers Fruit Choices Lowfat Milk Choices	School Not In Session
14	15	16	17	18
School Not In Session	Breakfast Pizza OR Cereal & Graham Crackers Fruit Choices Lowfat Milk Choices	Hot Oatmeal Whole Wheat Toast OR Cereal & Graham Crackers Fruit Choices Lowfat Milk Choices	French Toast Stix OR Cereal & Graham Crackers Fruit Choices Lowfat Milk Choices	Cinnamon Roll OR Cereal & Graham Crackers Fruit Choices Lowfat Milk Choices
21	22	23	24	25
Egg, Sausage & Cheese on Whole Grain Buttermilk Biscuit OR Cereal & Graham Crackers Fruit Choices Lowfat Milk Choices	Breakfast Pizza OR Cereal & Graham Crackers Fruit Choices Lowfat Milk Choices	Hot Oatmeal Whole Wheat Toast OR Cereal & Graham Crackers Fruit Choices Lowfat Milk Choices	Breakfast Cereal Graham Crackers Fruit Choices Lowfat Milk Choices	
28	29	30	31	