

**South Terrace Elementary**

**January 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	School Not In Session	BBQ Rib Pickle Slices French Market Salad Fresh Cucumber Slices & Baby Carrots Creamy Cottage Cheese Mandarin Oranges Lowfat Milk Choices *Cookie*	Toasty Grilled Cheese Sandwich Creamy Tomato Soup Crunchy Garden Veggies w/ Roasted Red Pepper Hummus Healthy Fresh Fruit Choices Lowfat Milk Choices	Pepperoni Pizza Crisp Mixed Greens w/ Balsamic Vinaigrette Whole Kernel Corn Chilled Peaches Lowfat Milk Choices
Cheeseburger on WW Bun Zippy Pickle Slices Boston Baked Beans Crunchy Celery Sticks Chilled Applesauce Lowfat Milk Choices	Taco in a Bag w/Shredded Lettuce, Tomatoes, Onions, Cheddar Cheese, Sour Cream & Zesty Salsa Steamed Green Beans Healthy Fresh Fruit Choices Lowfat Milk Choices	Shaved Deli Turkey Breast on Whole Wheat Bread w/ Shredded Lettuce & Tomato Slices & Rotini Ranch Salad w/Edamame Tangy Chilled Tomato Juice Mixed Fruit Cup Lowfat Milk Choices *Baked Chips*	Lasagna Rollups w/Marinara Sauce & Mozzarella Cheese Garden Fresh Romaine Salad Crisp Baby Carrots Whole Grain Garlic Bread Healthy Fresh Fruit Choices Lowfat Milk Choices	Chicken Patty on Whole Wheat Bun w/Sriracha Sauce & Shredded Lettuce AuGratin Potatoes Pineapple Tidbits Lowfat Milk Choices
Dress Your Dog Day! Hot Dog on Whole Wheat Bun w/Choice of Chili & Cheese Creamy Potato Salad Calico Baked Beans Chilled Applesauce Lowfat Milk Choices	Roasted Turkey Gravy over Creamy Mashed Potatoes Fresh Broccoli Bites Whole Grain Dinner Roll Healthy Fresh Fruit Choices Lowfat Milk Choices *Sweet Treat*	1/2 Deli Ham & Cheese Sandwich w/Shredded Lettuce Schoolmade Chicken Noodle Soup Fresh Baby Carrots & Crunchy Jicama Sticks Diced Peaches Lowfat Milk Choices	Nachos w/ Meat & Cheese Sauce Bold Black Bean Salsa Whole Kernel Corn Healthy Fresh Fruit Choices Lowfat Milk Choices	School Not In Session
School Not In Session	Creamy Penne Chicken Alfredo Florentine Garden Fresh Romaine Salad Steamed Green Beans Garlic Bread Healthy Fresh Fruit Choices Lowfat Milk Choices	Cheese Bread Dunkers w/ Meat Sauce Crunchy Fresh Veggies Whole Kernel Corn Diced Pears Lowfat Milk Choices	Footlong Hotdog on WW Bun Baked Beans Creamy Potato Salad Diced Pears & Healthy Fresh Fruit Choices Lowfat Milk Choices *Pudding*	Stuffed Crust Pizza Sweet Kale Chopped Salad Fresh Broccoli Bites Fruit Salad Lowfat Milk Choices
Chicken Stix Oven Browned Potatoes Steamed Green Beans Whole Wheat Bread Diced Pears Lowfat Milk Choices	Roasted Chicken Gravy over Creamy Mashed Potatoes Fresh Broccoli Bites Whole Grain Dinner Roll Healthy Fresh Fruit Choices Lowfat Milk Choices	Super Deli Sub Sandwich with Garden Fresh Fixings Flavorful Pickle Spear Macaroni & Cheese Crisp Baby Carrots Pineapple Tidbits Lowfat Milk Choices	Mexican Taco w/Fixings Zesty Salsa Refried Beans Whole Kernel Corn Healthy Fresh Fruit Choices Lowfat Milk Choices	