



February 2021

Dear Families, Students and Staff:

The MDH (Minnesota Department of Health) and CDC (Center for Disease Control) are advising schools to inform staff, students and families regarding travel outside of their local area this spring. Please see the following information from MDH.

Considerations before traveling

Given the high level of COVID-19 spread in our communities, any unnecessary travel is highly discouraged. If you must travel outside the state or country for work, study, medical care, or personal safety and security, do what you can to protect yourself and your family.

Before you travel, think about:

- How much COVID-19 is spreading where you are going and how much it is spreading in your local community.
- Whether you or someone you are traveling with could get very sick from COVID-19.
- How easy or difficult it will be to keep 6 feet between people.
- Whether you would be able to miss work, school, or other activities if you get sick.

For more tips and things to consider when traveling, see [CDC: Travel during the COVID-19 Pandemic](#).

If you are sick or have tested positive for COVID-19, do not travel.

Out-of-state travel is highly discouraged.

- People visiting or returning from travel out of state are asked to stay away from others (quarantine) for 14 days after they arrive in Minnesota, even people who have gotten a COVID-19 vaccine.
- During those 14 days, it is important that you stay home and watch for symptoms. If you must go out, wear a mask, stay 6 feet from other people, and wash your hands often.
- Staying away from others for 14 days is safest. In some circumstances, a shortened quarantine period may be possible. For more information, see [Close Contacts and Tracing](#) and [Quarantine Guidance for COVID-19 \(PDF\)](#).
- If you are close to someone with COVID-19 during travel, follow guidelines for [how long to keep away from others \(quarantine\)](#).
- For information on testing, visit [Getting Tested for COVID-19](#).

Visit [CDC: Travel](#) for more information about traveling during the COVID-19 pandemic.

Thank you for all that you are doing to help keep our students, staff and community safe and healthy during this difficult year.

Sincerely,

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