

JUNE 2019

East Moline School District #37 Summer School Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

The June Bug, also known as June beetle, is the name for several large beetles seen in the United States during May and June. They are usually seen at night when the light attracts them.

3

4

5

6

7

Cereal
Yogurt
Fruit
Juice
Milk

10

Chicken Nuggets
Dinner Roll
Mashed Potatoes
Fruit

Pop-Tart
Yogurt or Cheese Stick
Fruit
Juice
Milk

11

Corn Dog
BBQ Baked Beans
Fruit

Cinnamon Roll
Cheese Stick
Fruit
Juice
Milk

12

Lasagna w/Garlic Bread
Vegetable Choices
Fruit

Strawberry or Berry Apple
Bar
Fruit
Juice
Milk

13

Breaded Chicken Bites
Dinner Roll
Vegetable Choices
Fruit

Mini Pancakes
Fruit
Juice
Milk

14

Pizza
Vegetable Choices
Fruit

Strawberry or Berry
Apple Bar
Fruit
Juice
Milk

17

Spaghetti w/Garlic Bread
Vegetable Choices
Fruit

Breakfast Bites w/Syrup
Fruit
Juice
Milk

18

Meat & Cheese Nachos
Vegetable Choices
Fruit

Apple Frudel
Fruit
Juice
Milk

19

Breaded Chicken Bites
Dinner Roll
Fruit

Cinnamon Roll
Cheese Stick
Fruit
Juice
Milk

20

Soft Taco
Refried Beans
Vegetable Choices
Fruit

Cereal
Yogurt/Cheese Stick
Fruit
Juice
Milk

21

Uncrustable
Chips & Salsa
Vegetable Choices
Fruit

Cheesy Omelet w/ toast
Fruit
Juice
Milk

24

Max Sticks w/Marinara Sauce
Vegetable Choices
Fruit

Scrambled Eggs,
Sausage & Toast
Fruit
Juice
Milk

25

Crispy Chicken Sandwich
Corn
Fruit

Cinnamon Roll
Cheese Stick
Fruit
Juice
Milk

26

Nacho Bites
Chips & Salsa
Refried Beans
Fruit

Cherry Frudel
Fruit
Juice
Milk

27

Breaded Chicken Bites
Dinner Roll
Vegetable Choices
Fruit

Sausage Hashbrown
Breakfast Casserole
Toast
Fruit
Juice
Milk

28

Philly Cheesesteak
Sandwich
Vegetable Choices
Fruit

Breakfast

Our breakfast includes all items listed plus a variety of juice and a choice of milk.

Lunch

Our lunch includes all items listed plus a choice of milk.

Did you know that all of our canned fruit is served in 100% fruit juice or in extra light syrup?

For a color version of this menu and nutrition information, check out the food service department on the district website:
www.emsd37.org

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Menu subject to change without notice