TORRANCE UNIFIED SCHOOL DISTRICT

FACT SHEET

Wellness Policy

The Wellness Policy is a state and federally mandated policy for Districts who participate in the National School Lunch Program.

Torrance USD implemented the Wellness Policy in 2006 and released the revised version in 2014.

The Wellness Policy covers the following topics:

- School Health, Safety and Environment
- Nutrition
- Physical Activity and Physical Education
- Family, Staff and Community Involvement

Each school ensures foods and beverages sold and served to students on school campus starting at midnight and up to one half hour after the school day must be compliant. *Each school campus must follow the Wellness Policy, at minimum.* Each Principal has the ability to increase restrictions beyond the minimum requirements of the Wellness Policy.

Students will be provided with the tools and resources necessary to enjoy a safe and healthy campus. Health services and school policies are in place to promote a safe learning environment.

Students are provided with Physical Education and Physical Activity opportunities that encourage a healthy lifestyle.

Torrance USD staff and the surrounding community are encouraged to support the District's strategies for promoting student wellness.

You can find the Torrance USD Wellness Policy at:
tusdfoodservice.org

If you have questions about the policy, you can email:
wellnesspolicy@tusd.org

Brought to you by the Torrance Unified School District Wellness Policy Committee.