

Amazing podcasts for listening during your morning run

- NPR Politics Podcast or Up First (NPR)
- The Daily (NY Times)
- Political Gabfest (Slate)
- Pod Save America (left) & The Daily Standard or The Remnant with Jonah Goldberg (right) for more partisan material

Insightful books for afternoon reading at the beach

Insider Exposé:

- Who Thought This Was a Good Idea?: And Other Questions You Should Have Answers to When You Work in the White House, by Alyssa Mastromonaco
- Unbelievable: My Front-Row Seat to the Craziest Campaign in American History, by Katy Tur
- Shattered: Inside Hillary Clinton's Doomed Campaign, by Jonathan Allen and Amie Parnes
- Hardball: How Politics is Played Told by One Who Knows the Game, by Chris Matthews
- Eyewitness to Power – the Essence of Leadership, by David Gergen

Humor:

- Dave Barry Hits Below the Beltway, by Dave Barry
- The Daily Show with Jon Stewart Presents America (The Book): A Citizen's Guide to Democracy Inaction, by Jon Stewart

Political Analysis:

- The Courage of Their Convictions – Sixteen Americans who Fought Their Way to the Supreme Court, by Peter Irons
- Liberal Fascism: The Secret History of the American Left, From Mussolini to the Politics of Meaning, by Jonah Goldberg
- The Political Mind: Why You Can't Understand 21st-Century American Politics with an 18th-Century Brain, by George Lakoff

Recommended Films / DVDs for a relaxing summer evening

(Caution: some of these are rated R. Review the parent advisory on IMDB in advance)

Comedy

- The American President (1995)
- Bob Roberts (1992)

Drama

- The Post (2017)
- Lincoln (2012)
- Zero Dark Thirty (2012)
- The Ides of March (2011)
- Recount (2008)
- Frost / Nixon (2008)
- V for Vendetta (2005)
- The West Wing, Seasons #1-7 (1999-2006)

Documentary

- Get Me Roger Stone (2017)
- 13th (2016)
- Weiner (2016)
- Citizenfour (2014)
- Inequality for All (2013)
- Citizen Koch (2013)
- Miss Representation (2011)
- Why We Fight (2006)
- Street Fight (2005)
- The Fog of War (2003)
- The War Room (1993) (on Clinton)