



## TORRANCE UNIFIED SCHOOL DISTRICT

2335 PLAZA DEL AMO  
P.O. BOX 2954  
TORRANCE, CALIFORNIA 90509-2954

TELEPHONE (310) 972-6500  
www.tusd.org

### BOARD OF EDUCATION

MARTHA DEUTSCH  
DON LEE  
TERRY RAGINS  
MARK STEFFEN  
MICHAEL WERMERS

### SUPERINTENDENT OF SCHOOLS

GEORGE W. MANNON, Ed.D.

### Health Education Content Standards for California Public Schools (2009) The California Health Youth Act (Education Code 51930-51939)

Dear 5<sup>th</sup> Grade Parent/Guardian:

The Health Education Content Standards for California Public Schools define the essential skills and knowledge that all students need in order to become “health literate”. They represent a strong consensus of the essential knowledge and skills that students should have at specific grade levels, from kindergarten through grade twelve. (Health Education Content Standards for California Public Schools, 2009)

Growth, Development and Sexual Health instruction encourages students to communicate with parents, guardians or other trusted adults. Instruction must be medically accurate, age-appropriate and inclusive of all students. Essential concepts:

- Explain that puberty and physical development can vary considerably and still be normal
- Identify personal hygiene practices and health and safety issues related to puberty
- Describe the human cycle of reproduction, birth, growth, aging and death
- Explain the structure, function and major parts of the human reproductive system
- Identify the physical, social and emotional changes that occur during puberty
- Define sexually transmitted infections (STIs), including human immunodeficiency virus (HIV) and acquired immunodeficiency syndrome (AIDS)

NOTE: For the instruction, students will be separated by gender, where they will view both videos (girl’s & boy’s) on January 18, 2019.

### **State law allows you to remove your student from part or all of this instruction.....**

- If you do not want your student to participate in comprehensive sexual health instruction, please give a written request to your classroom teacher by January 17, 2019.
- If you want your child to participate in ONLY their gender instruction, but you want your student to opt out of the other gender information, please give a written request to your classroom teacher by January 17, 2018.

**A Parent preview night has been scheduled for Thursday, January 10, 2019 at 5:30 p.m., in Room 32. If you have questions please contact your classroom teacher.**

Sincerely,

Barbara Marks  
Principal