

How to clear your student for all sports

Please note that this is for Fall, Winter, and Spring sports only.

1. You must have a current physical. The school physical examination form is included in this summer packet and can be found on the West High website under “Registration Forms”.

If you don't have a current physical and can't get one from your physician before the start of your athletic season, you can go to Ocean Medical at 1106 S. Pacific Coast Hwy, (310) 316-1661.

2. Go to www.athleticclearance.com
 - a. Select CA
 - b. Select **Register** if you do not have an account. If you have an account select **Login**.
 - c. Select the current school year (19-20)
 - d. Select school: **West Torrance**
 - e. Please remember to select the sports you will be participating in.
3. Fill in all the information from each section.
4. Once you have completed each section (especially the Parent/Guardian info and the Signature sections) you will be able to print out a clearance letter that **you and your student need to sign**. You will need a confirmation letter for each sport that your student participates in.
5. Turn in both the physical and confirmation letter (example on the other side) to the Business Office.