

Please consider the following ESTIMATES when planning your course schedule. Actual times and workloads will vary by teacher and/or student ability.



Please use these time estimates when completing the Time Management Activity worksheet.

HOMEWORK TIME MANAGEMENT

ENGLISH	min/night	nights/wk	hrs/wk
English 1	15-30*	4-5	2
English 2	30*	5	2.5
English 3	15*	5	
English 4	30*	5	2.5
English 1 Honors	30*	5	2.5
English 2 Honors	30*	5	2.5
AP English Language	30*	4	2
AP English Literature	40-60*	2-4	~4

*may include required independent reading

SOCIAL STUDIES	min/night	nights/wk	hrs/wk
World History	30	4-5	2/2.5
AP World History	Time mgd thru week		6-8
US History	35	4-5	3
AP US History	60	4-5	4-5
US Government	30	4-5	2.5
Economics	30	4-5	2.5
AP Gov-Politics	60	4-5	4-5
AP Macroecon	30	4-5	2.5
AP Psychology	30	3	1.5
AP Human Geography	30	5	2.5

WORLD LANGUAGE	min/night	nights/wk	hrs/wk
French 1-4 (regular)	10-20	3-4	1
Japanese 1-4 (regular)	10-20	3-4	<1.5
AP Japanese Language	10-20	3-4	<1.5
Korean 1-4 (regular)	15-20	4	1
Korean 3 Honors	20	4	1.5
Korean 4 Honors	25	4	1.5-2
Korean 5 Honors	25-30	4	1.5-2
Spanish 1-4 (regular)	10-20	4	1-2
Spanish 2 Honors	15-20	4	1.5-2
Spanish 3 Honors	15-25	4	1-2
AP Spanish Language	15-25	5	1.5-2

MATHEMATICS	min/night	nights/wk	hrs/wk
Algebra 1	20-30	5	2.5
Geometry	30	5	2.5
Geometry Honors	30-45	5	2.5-3
Algebra 2	30	5	2.5
Algebra 2 Honors	30	5	2.5
Trigonometry	30	5	2.5
PreCalculus	30	5	2.5
PreCalculus Honors	30-60	5	2.5-5
Probability & Statistics	45-60	4	3-4
AP Calculus AB	45-60	5	2-4
AP Calculus BC	20-40	5	2-3
AP Statistics	30 - 45	5	2.5-3

SCIENCE	min/night	nights/wk	hrs/wk
Biology	30	2 - 3	1 - 1.5
Biology Honors	30 - 60	5	2.5 - 5
AP Biology	60-90	5	5-7.5
Chemistry	30	3	1.5
Chemistry Honors	60	4-5	4-5
AP Chemistry	60-90	5	5-7.5
Earth and Space Sci	20-30	3-5	1 - 2.5
Physics	20-30	4	1.5-2
AP Physics 1	30-45	4-5	2.5-3.5
AP Environmental Sci	45	4-5	3 - 4
Anatomy	20-40	3-4	1-1.5
Anatomy Honors	30-60	5-7	4-5
Marine Science	0-15	5	0-15
Astrobiology	30-60	3-5	1.5-5
Biotechnology	30 - 60	5	2.5-5

CAREER TECH ED	min/night	nights/wk	hrs/wk
Accounting 1	5-30	5	2
Accounting 2	20-45	5	5
Introduction to Business	0-15	1	1
Foods and Nutrition	0-15	1	1
Intro to Engineering	0	5	n/a
Prin of Engineering	0	5	n/a
Engin Design & Devel	0	0	0
AP Computer Science	0-30	0-5	0-2.5

VISUAL/PERF ARTS	min/night	nights/wk	hrs/wk
AP Studio Art	60	5	5
Art 2, 3, 4	20	varies	1-2
Adv. Ceramics	0	0	0
Beg. Ceramics	0	0	0
Costume & Wear Art	0-15	1	1
Treble and Bass Choir	0-15	0-2	0
Aria	0-15	0-2	1
Aristocracy	0-20	0-2	2
AP Music Theory	30	5	5
Int Dance	30	12-31	1.5
Adv Dance		2-3	1-3
Beg Dance	15-30	1-4	1
Theatre Arts 1,2,3	0-15	1-2	1
Theatre Arts 4	30-60	1-2	2

Student Name: _____

WHS ID Number: _____

Grade Level: _____

Time Management Activity

SCHOOL HOURS List your courses for the upcoming school year below and then use the estimates on the back page to calculate homework time	AVERAGE HOURS/WEEK Time spent on homework
Time spent in school (5 days x 7 hours)	35
English:	
Social Studies:	
Math:	
Science:	
Language:	
Other:	
Other:	
Other:	
Total School Hours/Class & Homework Time:	

EXTRA-CURRICULAR ACTIVITIES - School and Community	AVERAGE HOURS/WEEK
Paid Job:	
Community Service/Volunteering:	
Sports (WHS, club team, etc):	
Music/Drama/Performances:	
Hobbies/Interests:	
Clubs/Other:	
Total Extra-Curricular Hours:	

DAILY LIVING ACTIVITIES	AVERAGE HOURS/WEEK
Sleep (7 days x 8 hours):	56
Necessities (eating, showering, chores, etc):	
Family Time:	
Free Time (friends, TV, phone, internet, etc):	
Travel time (to/from school, practices, activities, etc):	
Faith/Religious Activities:	
Total Daily Living Hours:	

Total Hours	
School Hours =	
Extra-Curricular Hours =	
Daily Living Hours =	
YOUR TOTAL WEEKLY HOURS	
7 x 24 hrs = 168 HOURS IN A WEEK	

By signing below, we acknowledge that we reviewed and support the courses and extracurricular activities that my student has selected for the 2019-2020 school year.

 Parent/Guardian Signature Student Signature Date