

West High School



COURSE SELECTION FOR 10TH GRADE

Graduation Requirements



- History/Social Studies – 3 years (30 credits)
 - World History, US History, US Government, and Economics
- English – 4 years (40 credits)
- Mathematics – 2 years (20 credits)
- Science – 2 years – 1 biological, 1 physical (20 credits)
- World Language or Visual Performing Art – 1 year (10 credits)
- Physical Education – 2 years (20 credits)
- Health – 1/2 year (5 credits)
- Electives – 75 credits

Total credits needed to graduate = 220

[Click here for WHS Course Description Handbook](#)

UC/CSU “a-g” Requirements



- a - History/Social Studies – 2 years (US History/World History)
- b - English – 4 years
- c - Mathematics – 3 years (Alg 1, Geometry, Alg 2)
 - 4 years recommended
- d - Science – 2 years lab science
 - 3 years recommended
- e - World Language – 2 years of the same language
 - 3 years recommended
- f - Visual Performing Art – 1 year
- g – College Prep Elective – 1 year

- All of the above must be completed with a **C grade or better** to be eligible

[Link to WHS UC "a-g" approved list](#)

Check Your Credits



- By 2nd semester of freshman year, all students should have a total of **30 credits**
 - Please refer to your “historical grades” in PowerSchool to view your 1st semester grades and credits
- A grade of a **D** or higher will earn credits toward **high school graduation**
- **4-year colleges** recognize a **C** or better as a passing grade
- Determine whether you are on track for graduation and/or fulfilling UC/CSU “a-g” requirements

Summer School 2020



WHS Online Credit Recovery (TBD - pending budget release in April)

- Free online class through WHS
- Courses include: English 1, 2 & 3, Alg 1, Geometry, Algebra 2, Physical Science, World History and US History
- If accepted, students will only be issued a maximum of 5 credits (1 semester class)
- Applications will be emailed in March -- check your eTUSD account

South Bay Enrichment Academy

- Tuition-based summer school program at South High
- For dates, times and registration information, please [click here](#)

Online Providers

- It is the responsibility of the **student/parent** to check if courses are WASC accredited, UC approved and NCAA approved
- Students are allowed to earn up to **40 credits** for advancement from outside educational institutions, however, courses are limited to a maximum of **10 credits** per academic discipline
- Students must submit a Correspondence Course Pre-Approval Request to their counselor prior to taking outside course. To obtain form, [click here](#)
- See your counselor for a list of summer programs

TUSD Summer School Policy



- Students are allowed to earn up to **40 credits for advancement** toward graduation through outside educational institutions over the four years
- Courses are limited to a maximum of **10 credits per academic discipline** if they will be applied towards graduation requirements
- Students must submit the [Correspondence Course Pre Approval Request](#) form to their counselor during their scheduling appointment
- California Ed Code requires all students to be physically enrolled in a PE class during the school year. Therefore, students **cannot take PE for advancement over the summer**

Balance between Course Selection, Activities, Homework and Family



- Choose your sophomore classes thoughtfully
- Everything takes time: clubs, sports, homework, etc
- Don't pick a schedule that you can only accomplish in a "perfect world" – the world is not perfect
- Schedule time for yourself, your family, time to relax, time to unplug, time for what if...
- Before finalizing your course selections, make sure you utilize [the Homework Times Estimates /Time Management form](#). Determine if you have the time you need to meet your academic, extra curricular and family commitments

Please consider the following ESTIMATES when planning your course schedule. Actual times and workloads will vary by teacher and/or student ability.



Please use these time estimates when completing the Time Management Activity worksheet.

HOMework TIME MANAGEMENT

ENGLISH	min/night	nights/wk	hrs/wk
English 1	15-30*	4-5	2
English 2	30*	5	2.5
English 3	15*	5	
English 4	30*	5	2.5
English 1 Honors	30*	5	2.5
English 2 Honors	30*	5	2.5
AP English Language	30*	4	2
AP English Literature	40-60*	2-4	~4

*may include required independent reading

SOCIAL STUDIES	min/night	nights/wk	hrs/wk
World History	30	4-5	2/2.5
AP World History	Time mngd thru week		6-8
US History	35	4-5	3
AP US History	60	4-5	4-5
US Government	30	4-5	2.5
Economics	30	4-5	2.5
AP Gov-Politics	60	4-5	4-5
AP Macroecon	30	4-5	2.5
AP Psychology	30	3	1.5
AP Human Geography	30	5	2.5

WORLD LANGUAGE	min/night	nights/wk	hrs/wk
French 1-4 (regular)	10-20	3-4	1
Japanese 1-4 (regular)	10-20	3-4	<1.5
AP Japanese Language	10-20	3-4	<1.5
Korean 1-4 (regular)	15-20	4	1
Korean 3 Honors	20	4	1.5
Korean 4 Honors	25	4	1.5-2
Korean 5 Honors	25-30	4	1.5-2
Spanish 1-4 (regular)	10-20	4	1-2
Spanish 2 Honors	15-20	4	1.5-2
Spanish 3 Honors	15-25	4	1-2
AP Spanish Language	15-25	5	1.5-2

MATHEMATICS	min/night	nights/wk	hrs/wk
Algebra 1	20-30	5	2.5
Geometry	30	5	2.5
Geometry Honors	30-45	5	2.5-3
Algebra 2	30	5	2.5
Algebra 2 Honors	30	5	2.5
Trigonometry	30	5	2.5
PreCalculus	30	5	2.5
PreCalculus Honors	30-60	5	2.5-5
Probability & Statistics	45-60	4	3-4
AP Calculus AB	45-60	5	2-4
AP Calculus BC	20-40	5	2-3
AP Statistics	30 - 45	5	2.5-3

SCIENCE	min/night	nights/wk	hrs/wk
Biology	30	2 - 3	1 - 1.5
Biology Honors	30 - 60	5	2.5 - 5
AP Biology	60-90	5	5-7.5
Chemistry	30	3	1.5
Chemistry Honors	60	4-5	4-5
AP Chemistry	60-90	5	5-7.5
Earth and Space Sci	20-30	3-5	1 - 2.5
Physics	20-30	4	1.5-2
AP Physics 1	30-45	4-5	2.5-3.5
AP Environmental Sci	45	4-5	3 - 4
Anatomy	20-40	3-4	1-1.5
Anatomy Honors	30-60	5-7	4-5
Marine Science	0-15	5	0-15
Astrobiology	30-60	3-5	1.5-5
Biotechnology	30 - 60	5	2.5-5

CAREER TECH ED	min/night	nights/wk	hrs/wk
Accounting 1	5-30	5	2
Accounting 2	20-45	5	5
Introduction to Business	0-15	1	1
Foods and Nutrition	0-15	1	1
Intro to Engineering	0	5	n/a
Prin of Engineering	0	5	n/a
Engin Design & Devel	0	0	0
AP Computer Science	0-30	0-5	0-2.5

VISUAL/PERF ARTS	min/night	nights/wk	hrs/wk
AP Studio Art	60	5	5
Art 2, 3, 4	20	varies	1-2
Adv. Ceramics	0	0	0
Beg. Ceramics	0	0	0
Costume & Wear Art	0-15	1	1
Treble and Bass Choir	0-15	0-2	0
Aria	0-15	0-2	1
Aristocracy	0-20	0-2	2
AP Music Theory	30	5	5
Int Dance	30	12-31	1.5
Adv Dance		2-3	1-3
Beg Dance	15-30	1-4	1
Theatre Arts 1,2,3	0-15	1-2	1
Theatre Arts 4	30-60	1-2	2

Honors and AP Courses



- You should have an **A** or **high B** in your current class to take an Honors/AP class next year
- Complete TUSD Honors/AP Commitment form
 - [Link to TUSD Honors Commitment form](#)
- If you earned a C or below at semester in the subject area, you must complete a [Request for Placement Form](#)
- (Optional) [Utilize the Homework Times Estimates /Time Management form](#)
 - We encourage students to maintain a healthy balance between your academic, extracurricular and personal endeavors

All Honors/AP classes are a **yearlong commitment.**
Choose wisely.

10th Grade Required Courses

All 10th grade students are required to take a minimum of 6 classes:

- English 2
- Math
- Science
- PE
- World History
- Elective (World Language, Visual & Performing Art, or Career Tech Ed)

[Click here for WHS Course Description Handbook](#)

(a) Social Studies



3 years = WHS Graduation

2 years = UC/CSU

- **World History**

- 30 min per night
- 4-5 nights per week

- **AP World History**

- 6-8 hours per week

(b) English



4 years = WHS Graduation

4 years = UC/CSU

- **English 2**

- 30 min per night
- 5 nights per week

- **English 2 Honors**

- 30 min per night
- 5 nights per week

(c) Mathematics



2 years = WHS Graduation

3 years (4 years recommended) = UC/CSU (Alg 1, Geometry, Alg 2)

- Algebra 1
 - 20-30 min; 5 nights per week
- Geometry
 - 30 min; 5 nights per week
- Algebra 2
 - 30 min; 5 nights per week
- Trigonometry
 - 30 min; 5 nights per week
- Pre-Calculus
 - 30 min; 5 nights per week
- Probability & Statistics
 - 45-60 min; 4 nights per week
- Geometry Honors
 - 30-45 min; 5 nights per week
- Algebra 2 Honors
 - 30 min; 5 nights per week
- Pre-Calculus Honors
 - 30-60 min; 5 nights per week
- AP Calculus AB
 - 45-60 min; 5 nights per week
- AP Calculus BC
 - 20-40 min; 5 nights per week
- AP Statistics
 - 30-45 min; 5 nights per week

In order to advance to the next level, you must earn a grade of a C or better 2nd semester

(d) Science



2 years = WHS Graduation

- 1 year Physical Science
 - Earth and Space Science
20-30 min; 3-5 nights per week
 - Chemistry
30 min; 3 nights per week
 - Physics
20-30 min; 4 nights per week
- 1 year Biological Science
 - Biology
30 min; 2-3 nights per week

2 years = UC/CSU (3 years recommended)

- 2 years Laboratory Science
 - (3 years recommended)
- UC
 - 2 courses from:
Biology, Chemistry, Physics
- CSU
 - 1 Biological; 1 Physical

Refer to Homework Time Management sheet for
homework estimates per course

(e) World Language



WHS Graduation

- To receive a diploma, you must take:

1 year of World Language

OR

1 year of a Visual & Performing Art (VPA)

UC/CSU

“a-g” Requirement

- **2 years** of the same World Language (3 years recommended) = UC/CSU
- In order to advance to the next level, you must earn a grade of a **C or better 2nd semester**

Refer to Homework Time Management sheet for homework estimates per course

(f) Visual and Performing Art



WHS Graduation

- To receive a diploma, you must take:

1 year of a Visual & Performing Art (VPA)

OR

1 year of a World Language

UC/CSU

“a-g” Requirement

- **1 year** of a Visual and Performing Art (VPA) in the same subject
 - Art
 - Advanced Dance
 - AP Music Theory
 - Ceramics
 - Choir
 - Costume & Wearable Art
 - Intermediate Instruments
 - Percussion Ensemble
 - Theatre Arts
 - Wind Ensemble
 - Wood 1

Refer to Homework Time Management sheet for homework estimates per course

(g) Elective



WHS Elective

- Advanced Tech Drafting
- Journalism (Smoke Signals)
- Leadership/ASB
- Opportunity
- SCROC (also has “a-g” approved courses)
- Vocational Cabinetry
- Wood 2
- Yearbook

College-Preparatory Elective

- Academic Decathlon
- Accounting 1 & 2
- AP Computer Science
- AP Human Geography
- Debate
- Design & Architecture
- Fashion 2 & 3
- Foods & Nutrition
- Introduction to Engineering Design
- Principles of Engineering

Physical Education & Health



PE

2 years = WHS Graduation

- PE credits can be earned through:
 - Athletics
 - Cheer
 - Dance
 - Drill Team
 - Fitness and Conditioning
 - PE 9
 - PE Band

Health

1/2 year = WHS Graduation

- All students must earn 5 credits of **Health** for graduation

Career and Technical Education Pathways



Business Finance

- Introduction to Business
- Accounting 1
- Accounting 2

Fashion and Interior Design

- Costume and Wearable Art
- Fashion Design & Merchandising 2
- Fashion Design & Merchandising 3

Architectural Design

- Design and Architecture
- Advanced Design and Architecture

Engineering Design

- PLTW: Intro to Engineering Design
- PLTW: Principles of Engineering
- PLTW: Engineering Design & Development
- PLTW: AP Computer Science Principles

Career and Technical Education Pathways



Art, Media & Entertainment

- Theatre 1
- Theatre 2
- Theatre 3
- Theatre 4

Building & Construction Trades

- Wood 1
- Wood 2
- Voc Cabinetry/Millwork

Education, Child Development & Family Services

- Teen Living
- Personal Family Management

Hospitality, Tourism & Recreation

- Teen Living
- Foods 1

Building your 10th grade courses





1. Use the [10th Grade Course Selection](#) document to help plan your classes. You must choose a minimum of 6 classes.
2. Begin entering your courses into your PowerSchool account today (see instructions to the right)
 - You can make entries and changes until **3 PM on April 3rd, 2020.**

[Link to WHS Class Registration](#)

WEST HIGH CLASS REGISTRATION

2020-2021

Welcome to our new online course request system. Please follow the guidelines discussed by your counselor, and the directions listed below!

- ◆ Login to Torrance.PowerSchool.com using your school ID number and eTUSD password.
- ◆ On the left hand side look for and click on  Class Registration.
- ◆ Starting at the top, review the information provided and use the links for additional expectations, forms, and course info. (highlighted in blue)
- ◆ Next, review the sections, each represents an activity, time period, or subject/course group to choose from.
- ❖ To the far right of the section/course group title, click on the  pencil icon and a list of available courses will appear.
 - Review the available courses and click on the empty white box to the left of the course name. Click here to choose this course & turn the box into a checked box.
 - Finally, scroll the bottom of the window & click  Okay.
- **TIPS!**
 - ◆ Some Sections allow students to make more than one choice! Check out Visual/Perf Arts & Career/Tech Ed!
 - ◆ Click on the words 'Course Description' to sort the list of classes alphabetically!
 - ◆ Some sections have more than one page, scroll to the bottom and click next to see more options!
Look for this → 
 - ◆ To reset all choices, click on Class Registration
- ❖ Once you have chosen your classes you may save your choices by scrolling to the bottom and clicking the submit button.

Documents to Prepare for your Counselor



- Completed [10th Grade Course Selection](#) (minimum of 6 classes)
- Completed and signed [Honors/AP Commitment Form](#), if applicable

If you had an A or B at the semester in the subject area you are requesting an Honors/AP class, you do not need to submit any additional forms. If you already have an Assessing Strengths Form filled out by your teacher(s), you can include it with your Honors Commitment Form.

- If you earned a C or below at semester in the subject area, you **must** submit a [Request for Placement Form](#) (this form is **replacing** the Assessing Strengths Form -- teacher rec) for your Honors/AP course request.
- Completed [Correspondence Course Pre-Approval Form](#), if applicable