2020/2021 HIGH SCHOOL PHYSICAL SCREENING

***Physical must be dated July 1, 2020 or later***

PRE-PHYSICAL HISTORY (Must be completed and signed by parent prior to examination):

SPORT(S): ___________________ SCHOOL: SOUTH HIGH DATE: _______

PRINT Last Name First Name M.I. Grade Age Date of Birth

Address City Zip Code

HEALTH HISTORY (To be completed by student or parent):
Check and give as much information as possible Y = yes, N = no

____ Heart Trouble _____ High Blood Pressure _____ Asthma _____ Diabetes

_____ Kidney Problems _____ Head Trauma _____ Seizures _____ Other (List below)

History of any previous injuries, fractures, serious illnesses or operations (Give year of problem)

Current medications Allergies Last Tetanus Immunization

Signature of Parent or Guardian:

PHYSICAL EXAMINATION (To be completed by physician):

Height: ______ Weight: ______ Temp: ______ Blood Pressure: ______ Pulse: ______ Respirations: ______


( ) Chest Pain ( ) Extreme S.O.B. ( ) Dizziness ( ) Fatigue ( ) Palpitations ( ) Sudden Death of Family Member

10. MUSCULOSKELETAL, ROM, STRENGTH

<table>
<thead>
<tr>
<th>NORMAL</th>
<th>NECK</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. EYES</td>
<td>SPINE</td>
</tr>
<tr>
<td>2. EARS, NOSE, THROAT</td>
<td>SHOULDER</td>
</tr>
<tr>
<td>3. MOUTH AND TEETH</td>
<td>ARMS/HANDS</td>
</tr>
<tr>
<td>4. NECK</td>
<td>HIPS</td>
</tr>
<tr>
<td>5. CARDIOVASCULAR</td>
<td>THIGHS</td>
</tr>
<tr>
<td>6. CHEST AND LUNGS</td>
<td>KNEES</td>
</tr>
<tr>
<td>7. ABDOMEN</td>
<td>ANKLES</td>
</tr>
<tr>
<td>8. SKIN</td>
<td>FEET</td>
</tr>
<tr>
<td>9. GENITAL-HERNIA(MALE)</td>
<td>11. NEUROMUSCULAR</td>
</tr>
</tbody>
</table>

ABNORMAL FINDING:

RECOMMEND: ( ) Full Activity, No Restrictions Recommend: ( ) Vision Evaluation ( ) Tetanus Booster

( ) Accept, Restrictions: ( ) No contact sports ( ) Other: __________________________

( ) Not Participate

EXAMINING PHYSICIAN: __________________________ License#: __________ Date: _______

Address: ____________________________ Doctor’s Stamp here:

Phone #: __________________________

6/15/20