



## What is the 24/7 Nurse Line?

The 24/7 Nurse Line helps you find answers to your questions about health care.

You and your family can get free and private health information over the phone. This service is available to you around the clock, even on evenings, weekends and holidays. You can choose to listen to recorded health topics or talk directly to a nurse.

# Call anytime! 1-888-546-8463



We're here for you — 24 hours a day, 7 days a week — to answer questions you have about your or your family's health.



## Your 24/7 Nurse Line Program



*Around-the-clock answers to your health questions*



# Answers to your frequently asked questions

## What are my 24/7 Nurse Line options?

When you have a question about health care, call the toll-free phone number any time.

## How does the 24/7 Nurse Line work?

### Speaking with a live nurse

When you call the toll-free number, you may choose to speak with a nurse to discuss a current illness or health issue. Our nurses listen to your questions and help you decide the best approach to your health care. Call if you aren't sure if you should see a doctor or go to the Emergency Room, or discuss treatments, lifestyle choices and self-care strategies with the nurse.



## When should I call?

You can call the 24/7 Nurse Line any time you have a question.

The nurses can answer questions such as:

“It’s 2 a.m. and my son has a high fever and a sore throat. Should I take him to see a doctor?”

“I think I just sprained my wrist. Should I have an X-ray?”

“I’ve heard about a new drug for weight loss. Could it help me?”

“My doctor said I need to have surgery. What are my alternatives?”

To access the  
24/7 Nurse Line, call  
**1-888-546-8463**