North High School

Saxon Times

The Principal's Newsletter

Issue No. 8 | February 2025

Elevating our youth, cultivating our future

-Communication & Collaboration-



Congratulations to all the students who participated in our **Poetry Out Loud** competition: **Chloe Ahn**, **Samantha Ajas**, **Shyine Cornwall**, **Fibiana Hanoun**, **Jordyn Ito**, **Meriem Kabir**, **Tommy Lacy**, **Andrew Ly**, **Kylee Mai**, **Benjamin Navarro**, **Jesse Ortiz**, **Yanely Robles**, **Zoey Rosen**, **Anthony Staub**, **Maya Wong**, **Sebastian Zomosa**.

Special shout out to our 2025 winners:
1st Place - **Abigail Campos**
2nd Place - **Natalie Vu**
3rd Place - **Yasiri Samaraweera**



Mr. Mingham's English class engaged in healthy debates including banning of books, technology enhancing relationships, censorship, happiness vs truth, money vs job fulfillment.



Finals Fest provided our Saxon Nation an opportunity to relax after all their hard work and preparation for the Semester 1 Finals.



Congratulations to **Ms. Cabatan** (dill-pickle soup), **Mr. Alejandre** (zesty avocado dip) and **Ms. Rivera** (banana pudding dessert) for winning the **2025 Saxon Faculty Cook-Off**!





PRINCIPAL'S MESSAGE

Dear Saxon Families,

January has been a dynamic month filled with spirited competitions, dance shows, and memorable moments that continue to bring our Saxon community together. Our athletic teams are having incredible seasons, with **Boys Basketball** and **Boys Soccer** both winning the **Pioneer League**, **Girls Basketball and Wrestling** earned impressive **2nd place** finishes in league, the Saxons are ready for the CIF Playoffs!

Our Saxon community showed **Civic Engagement** by donating blood to help save lives. **Poetry Out Loud** highlighted the incredible talent of our student poets, who inspired us with their powerful words. **Therapy Dogs** brought comfort and joy to our students as they provided stress relief in preparation for Semester 1 finals. **Final Fest** was also a success as our students celebrated after final exams. Meanwhile, our **JROTC cadets** participated in a **Leadership Camp**, further developing their skills in teamwork and leadership.

We look forward to celebrating the arts at the upcoming **TUSD Dance Show** and **One Acts**, while expanding our students' learning experiences with a visit from the **Japanese American National Museum** for our U.S. History classes. Our Saxon scholars will also have a chance to explore future opportunities at the **TUSD College Fair** hosted at South High this year.

Stay Safe, Stay Healthy, Stay Saxon Strong! -Principal Nitake

-Leadership & Character-



JROTC held their annual **Leadership Camp** in preparation for our future JROTC leaders to take over the program.



Congratulations to all of our **senior wrestlers** on a wonderful Saxon career demonstrating leadership and character!



Congratulations to our **girls soccer team** on a great season! We wish our seniors all the best!

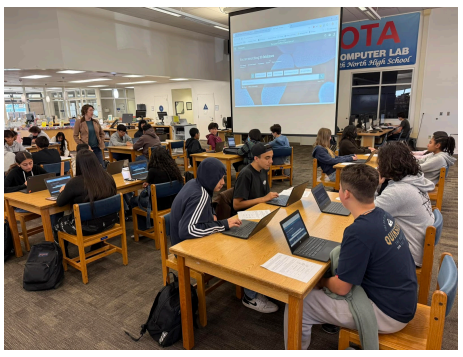




-Growth Mindset & Lifelong Learning-



We're proud of our own **Ms. Oey**, an outstanding teacher who empowers our Juniors and Seniors with the tools they need for financial success. Her **Financial Algebra** course equips students with vital skills like investing in the stock market, budgeting, and more. Go Saxons!



Our Librarian, **Ms. Masters**, presented a lesson to students on how to utilize our library resources and online databases for research purposes.



Are YOU ready for the annual **Saxon MIND MADNESS tournament**?! The winning student team will face our winning teacher team! Form a team and get ready to compete! Or show up in support of your friends and favorite teachers!

Quick Links

- February Calendar
- Monthly Cafeteria Menu
- Librarian Updates
- North Wind Publication
- Facebook & Sammy Saxon
- Video Bulletin
- North High Athletics
- ASB Instagram & Weekly Bulletin
- College & Career Instagram

-Civic Engagement & Global Citizenship-



Ms. Cason was **CAUGHT BEING GOOD** and Championing Student Success as she helps students prepare for interviews, internships, jobs, and the real world!



Thank you **CSM Baker** for your years of service to JROTC and the Saxon community! Congratulations on your well-deserved retirement! Once a Saxon, always a Saxon!



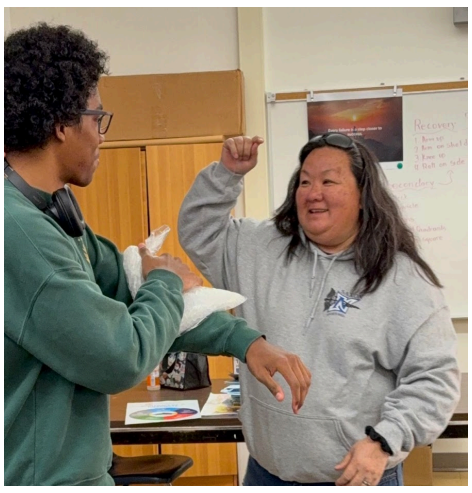
Our students had a blast painting new benches for the campus, making outdoor spaces more inviting for everyone. This project showcases their passion for **Civic Engagement**, through service and creativity, they're making a positive impact on our school community while having fun along the way. Great job, Saxons!

Applications are now open for the **2024–25 Youth Advisory Council** Cohort, available to all California public high school students in grades 9–12 or ages 14–18 as of February 1, 2025.

The deadline for submission is 11:59 p.m. on Monday, February 17, 2025. **CLICK HERE NOW TO APPLY**

Saxon Pride

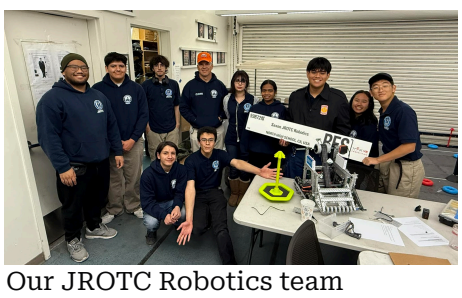
-Healthy Habits & Life Skills-



In Ms. Ikari's class, **kinesiology** students rolled up their sleeves and broke down the art and science in making the perfect ice pack.



In Mr. Gower's **Photography class**, students were emitting light off various 3-D objects to study the art of shadows.



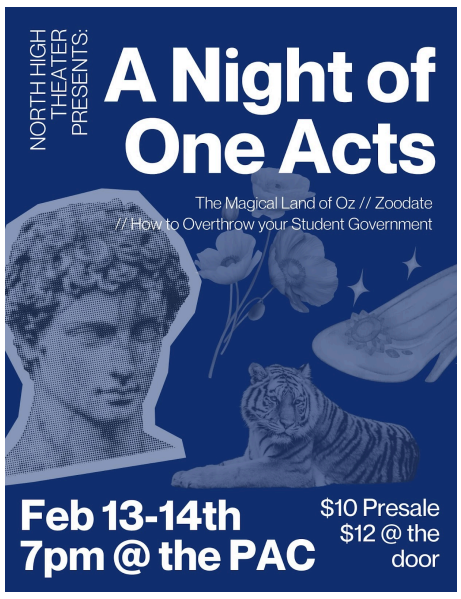
Our JROTC Robotics team competed in a VEX Robotics tournament and qualified for Nationals in Dallas, Texas in May!



SAVE THE DATE



All families are invited to come to the **43rd Annual College and Career Fair** at South High School on Saturday, February 22, from 10:00 a.m. to 1:00 p.m. Check your emails regularly for a list of participating colleges and career options presenting on the day.



Theater students invite you to support this year's *A Night of One Acts* on February 13 and 14 at the PAC. Shows start at 7:00pm. Buy your discounted $10 tickets now or $12 at the door. See you there!

College & Career

Are you ready to take the next step in securing your future? Join us at **El Camino** for **FAFSA/CADAA Workshops** designed to help you unlock financial aid opportunities for college!



Don't miss out on upcoming webinars to help guide you through the FAFSA and CADAA application process. Register at https://csac.ca.gov/c4c for upcoming sessions.



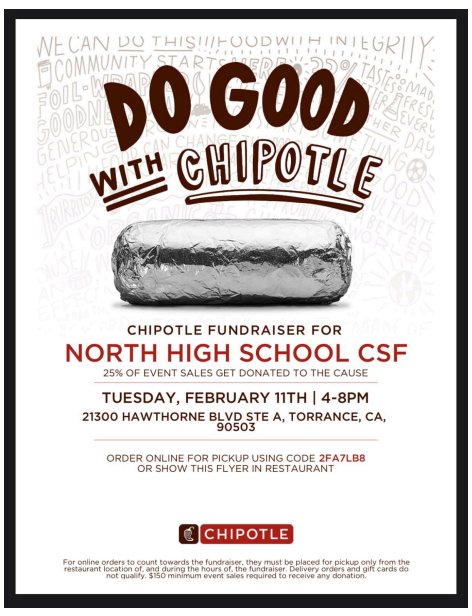
BLACK HISTORY MONTH

February is **Black History Month**. Through the month, we celebrate the contributions and honor the legacy of African Americans throughout history.



ASB WEEKLY BULLETIN

Have you seen the new ASB-produced ***North News***? It's a weekly bulletin designed for our students and their families to keep you updated with ASB activities around campus. Make sure to check it every week to see the latest "Quality Saxon News"!

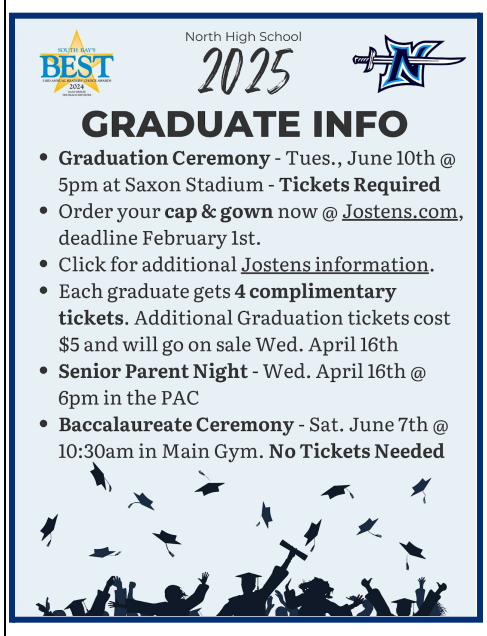




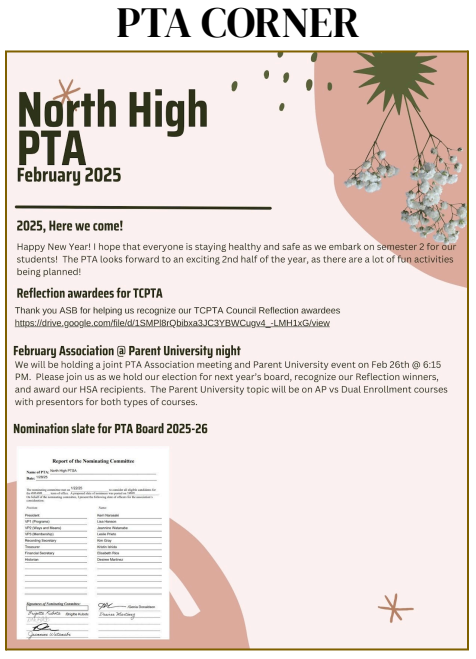
Are you interested in gaining experience in communications? If so, be sure to apply for the **TUSD Communications Department Internship**!



CLASS OF 2025



PTA CORNER



CARE TO SHARE



Calling all avid photographers! Do you like taking pictures of school events? Did you take a cool picture you'd like to be published? Here's your chance!

Submit your extraordinary pictures here.

Who knows, you might just have it published on North High's official Facebook page, Sammy Saxon's post or even this monthly Principal's newsletter!



Saxon Community Resources

STUDENT RESOURCES

Get your **FREE MetroPass tap card**!



Get FREE unlimited rides on any LA Metro transit system to school, parks, work, sports, games, the mall, concerts, and more!

North High School students may request here for their FREE MetroPass tap card (remember to log in using your etusd email account) and pick it up from the Principal's Office anytime during the school day.

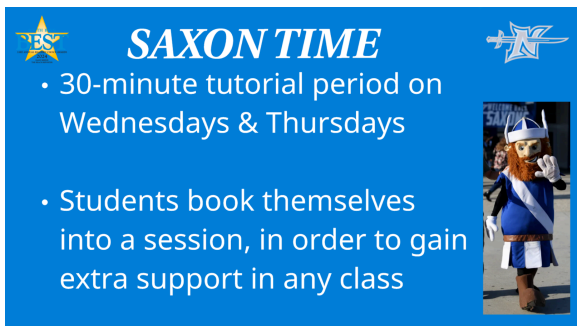
MENTAL HEALTH RESOURCES

Every student can access **FREE** high-quality care from school or home at **NO COST**. Learn more or sign up today, my.hazel.co/tusd.

- Text "LA" to 741-741 to reach the Crisis Text Line.
- Call 988 to reach the National Suicide and Crisis Lifeline.
- Call 1-866-488-7386 for crisis intervention services specific for LGBTQ+ youth.
- Call 1-877-541-2525 for non-emergency support.
- Calendar of free events at allcove Beach Cities! RSVP for a free event now!

TUTORING ASSISTANCE

North High students have a variety of tutoring resources available to them at any time during the week.









PARENT RESOURCES

Serene Pathway Counseling is hosting a free online group parenting program beginning January 8th, 2025. **Spaces are limited and filled on a first-come-first-serve basis.** Please feel free to share with others who may be interested.



COLORFUL MINDS ART THERAPY

Colorful Minds, a free art therapy program offered at the Torrance-South Bay YMCA that could benefit our students.



The program combines creative expression with psychological techniques to support youth mental health and personal growth. Available for both youth (ages 8-12) and teens (ages 13-17), these monthly sessions provide students with valuable tools for emotional expression and self-discovery.

Key Program Benefits:

- ➔ Students explore various art forms while developing self-expression
- ➔ Focus on building self-confidence and communication skills
- ➔ Development of mindfulness and stress-management techniques
- ➔ Peer connection in a supportive, judgment-free environment

Sessions are held weekly:
Youth (ages 8-12): Mondays or Tuesdays, 4:15-5:45 PM
Teens (ages 13-17): Wednesdays, 4:15-5:45 PM
(Starting February 2025)
Location: Torrance-South Bay YMCA 2900 W Sepulveda Boulevard, Torrance, CA 90505

This program is completely FREE for participants. We would greatly appreciate your help in sharing this opportunity with students and families who might benefit from art therapy.

For registration or questions, families can:
Register by scanning QR code on the flyer that is attached to this email.
Contact: Raegen Valdes at raegenvaldes@ymcala.org
Visit: www.ymcaLA.org/tsb
Call: (310) 325-5885



SAY SOMETHING ANONYMOUS REPORTING

As our nation struggles with yet another tragic incident of school violence, we want to remind you again about the important tool we use to help keep our schools secure and our students safe: the *Say Something* Anonymous Reporting System offered through the Sandy Hook Promise.

This life-saving service empowers you, our students, and our community members to anonymously report any concerns, including potential threats, bullying, or individuals who may be at risk of harming themselves or others. There are three ways to make a report:

- Call the 24/7 crisis hotline counselors at 1-844-5-SayNow (1-844-572-9669)
- Download the mobile app at Google Play or Apple Store
- Submit a tip through their secure website

No matter how you report, Say Something ensures that every voice is heard and every concern can be addressed promptly.

We encourage you to remind your children about the importance of speaking up if they see or hear something troubling so that we can partner to address issues before they escalate. By working together, we can create a safer and more supportive environment for everyone.

COMMUNITY UPDATES

PARKING, TRAFFIC & SAFETY



This is a reminder that designated **Disabled Parking spaces** are reserved for vehicles displaying a valid disabled placard at all times, 24/7. It is unlawful to park or leave a vehicle in these spaces without the proper placard, including within school parking lots. We urge you to set a positive example for your children by adhering to these regulations.



New traffic signs have been installed as you exit the 182nd Street parking lot. It is a mandatory **NO LEFT TURN** when exiting during posted hours. Also, please remember the following traffic and safety conditions expected on our 182nd Street parking lot:

- Driveways closest to the Admin building and Edison Elementary are for **entry only** at all times.
- All exiting traffic must **exit from the center driveway**.
- No counterflow traffic, particularly during peak drop off and pick up hours.
- No drop offs beyond the safety cones.

Please do not illegally park in the **red zones** surrounding the school. Torrance Police Department will issue citations. Remind your students they must utilize the crosswalks when crossing the street, jaywalking is dangerous.

We appreciate your cooperation in prioritizing student safety.

FOOD VENDORS & PERSONAL DELIVERIES

Delivery services are **NOT** permitted. Deliveries will be turned away since we do not know what is being passed through our fences and it is too difficult to police. Our campus security and admin team are busy monitoring the safety of our students and faculty. This extends to packages of any kind being delivered to North High. Please let your students know this is unacceptable, we are not responsible for lost or misplaced packages. We will return them or refuse them at the door.



E-BIKE SAFETY

The Torrance Police Department made a presentation on e-bike safety. With 2000+ students and faculty arriving and leaving campus at the same time, traffic is inevitable. However, safety is preventable if we all follow road signs, speed limits, and traffic laws. If interested, take this **online e-bike safety course**. Our goal is to ensure the safety of our entire school community.

