



Torrance
Adult
School



TORRANCE ADULT SCHOOL

Community Education (CE) Catalog

SPRING 2026



COMMUNITY EDUCATION

Spring 2026: March 16 - May 28

Registration Begins February 23

Use the QR Code or Link below to register for classes.



Quick Links:

- [How to Register](#)
- [Register for Community Ed Classes](#)



IMPORTANT INFORMATION

This information applies to

ALL Community Education classes:

- Community Education classes are fully funded by student fees
- **ENROLL EARLY TO ASSURE YOUR CLASS IS OFFERED**
- Classes not meeting minimum enrollments will be canceled prior to the first class session

Visit the [TAS Website](#) for our [Policies & Procedures](#).

IMPORTANT DATES

SPRING 2026 REGISTRATION DATES

- Feb 23: Online Registration Begins
- Mar 4: Walk-In Registration Begins

SCHOOL HOLIDAYS (No Class Meetings)

- Mar 30 - Apr 4: Spring Break
- May 25: Memorial Day
- May 29: Non-Teaching Day

JOIN THE TAS TEAM

Want to teach a
Community Education class at
Torrance Adult School?

To apply or plan for your class, contact the **TAS Principal, Ryan Whetstone:**

- Phone (310) 533-4689 x8380
- Email: Whetstone.Ryan@tusd.org

PARENT/CHILD EDUCATION

IMPORTANT INFORMATION - PLEASE READ CAREFULLY:

- Classes offer great learning activities where parents & children learn and play together.
- Adults come to class with their children.
- The parent, or other adult, attending the classes (with a child) is the student.
- **Registration Forms - Please provide the ADULT'S information.**
- Parents must bring proof of a **negative adult TB test administered after January 1, 2022**, before the first day of class.
- Parents must **provide a copy of the child's immunization record and birth certificate.**
- Only one child can be registered per one adult. Multiple children cannot be accommodated without a corresponding adult registrant for each child.
- **Mandatory Student Participation Waivers** - All adults participating in any Parent/Child Education classes must complete a hard-copy form of the Student Participation Waiver.

ATTENTION: When registering for Parent/Child Education classes, please select the class that matches the correct/appropriate age range for your child.

PARENT/CHILD MUSIC & MOVEMENT (Toddler, ages 1-4 years)

IMPORTANT: No class Mar 31, Apr 3 & 28, May 1.

COURSE DESCRIPTION

- Includes music and movement activities using various instruments and other accessories.
- Parent & child engage in art time & outside playtime designed to encourage curiosity & interest.
- Promotes listening skills, following directions, and body awareness.

Cost	Dates	Schedule	Instructor	Location
\$75.00	Mar 17 - May 19	T 9:30am-11:00am	Cabrera-Mora	Levy Adult Center Room K1
\$75.00	Mar 20 - May 22	F 9:30am-11:00am	Cabrera-Mora	Levy Adult Center Room K1

PARENT/CHILD MUSIC & MOVEMENT (Pre-Schooler, ages 2-4 years)

IMPORTANT: No class Apr 2 & 30.

COURSE DESCRIPTION

- Parents and their pre-schoolers engage in quality enrichment activities, including art, music, and games, with major emphasis on communication and cooperation skills
- Includes music and movement activities using various instruments and other accessories.
- Parent & child engage in art time & outside playtime designed to encourage curiosity & interest.
- Promotes listening skills, following directions, and body awareness.

Cost	Dates	Schedule	Instructor	Location
\$75.00	Mar 19 - May 21	Th 9:30am-11:00am	Cabrera-Mora	Levy Adult Center Room K1

DECORATIVE PAINTING

**IMPORTANT: Only 3 classes - Apr 9, May 7 & 21. All levels and ages welcome!
Course fee does NOT include materials. Teacher will bring materials to each class.**

COURSE DESCRIPTION

- Learn this popular painting technique that shades, highlights, & blends in one stroke of your brush.
- Paint gifts for family and friends or something special for your home.
- Use this fun & easy technique on glass, wood, tin, fabric, furniture, & walls.

Cost	Dates	Schedule	Instructor	Location
\$44.00	Apr 9 - May 21	Th 10:30am-1:30pm	Numamoto	Levy Adult Center Room 2

DRAWING - BASIC TECHNIQUES

IMPORTANT: No class Apr 30.

COURSE DESCRIPTION

- Students must bring a 9"x12" drawing pad (not a sketch pad), #2 pencil, and a pink or white eraser.
- Learn basic drawing techniques.

Cost	Dates	Schedule	Instructor	Location
\$118.00	Apr 9 - May 21	Th 10:00am-12:00pm	Svezia	Levy Adult Center Room 7

GUITAR - LEARNING TO PLAY

IMPORTANT: No class Mar 30. Students must bring their own guitar.

COURSE DESCRIPTION

- Beginners learn basic techniques and simple songs.
- Intermediate students focus on more advanced techniques and apply them to songs.

Cost	Dates	Schedule	Instructor	Location
\$65.00	Mar 16 - May 11	M 7:15pm-8:45pm	Ellis	Levy Adult Center Room 2

UKULELE - LEARNING TO PLAY

CANCELLED

IMPORTANT: No class Mar 30. Students must bring their own "tune-able" ukulele.

COURSE DESCRIPTION

- Learn simple chords, strums, and plucking patterns.
- Apply techniques to fun and simple songs.

Cost	Dates	Schedule	Instructor	Location
\$159.00	Mar 16 - May 11	M 5:40pm-7:10pm	Ellis	Levy Adult Center Room 2

CREATING CASH FLOW WITH REAL ESTATE INVESTING FROM A TO Z

IMPORTANT: Only 2 classes - Apr 23 & 30. IDEAL for both beginner and experienced investors.

COURSE DESCRIPTION

- Join this experienced real estate investor and mortgage broker to learn how you can create passive income with real estate investing.
- Real & current deals are used as examples.
- Topics include Investing for Equity, Investing with \$0 out of pocket, Investing Out-of-State, Small and Big Units, Flipping, Using OPM, and more!
- Class changes every time, so return/repeat students are welcome!

Cost	Dates	Schedule	Instructor	Location
\$53.00	Apr 23 - 30	Th 6:00pm-8:00pm	Paquette	Online

INVESTMENT BOOTCAMP



COURSE DESCRIPTION

- This is a **COMPLIMENTARY / FREE** educational workshop! **Limited Space Available!**
- Students will learn strategies to better manage investments and their financial future.
- Beginners or experienced investors will learn practical techniques to evaluate and judge investment choices.
- Topics will include overviews on the mechanics of the stocks, bonds, mutual funds, annuities, and retirement plans.
- Students will also learn techniques to potentially improve investment portfolios, and decrease risk while maximizing returns.
- This course will include strategies for tax-savings and projecting retirement income goals.

Cost	Dates	Schedule	Instructor	Location
\$0.00	May 12	T 6:00pm-8:00pm	Rakness	Levy Adult Center Room 6

MAXIMIZING RETIREMENT INCOME



IMPORTANT: HIGHLY RECOMMENDED for recently retirees or those contemplating retirement soon.

COURSE DESCRIPTION

- Gain insight to maximize your income in retirement.
- Find out if you can retire comfortably and do the things you want!
- We will discuss how to protect your retirement income, ways to prevent you from outliving your money, and allocation of your investments for maximum income with safety.
- Examine when to apply for Social Security benefits and other investment options, such as stocks, bonds, mutual funds, annuities, and real estate.

Cost	Dates	Schedule	Instructor	Location
\$0.00	May 19	T 6:00pm-8:00pm	Rakness	Levy Adult Center Room 6

WOMEN AND INVESTING



COURSE DESCRIPTION

- This is a **COMPLIMENTARY / FREE** educational workshop! **Limited Space Available!**
- Whether single, widowed, married, employed, or retired, find out how to improve your current financial picture and secure your financial future.
- Learn about the importance of portfolio allocation, how to select an investment advisor and how to select investments for growth, income, and safety.
- This course also includes a forecast of the economy, interest rates, real estate, and the stock market.

Cost	Dates	Schedule	Instructor	Location
\$0.00	May 19	T 10:00am-12:00pm	Rakness	Levy Adult Center Room 2

LANGUAGE

JAPANESE - BEGINNING

COURSE DESCRIPTION

- Whether you're eager to enhance your language skills for travel, improve your conversational abilities, or strengthen your proficiency in reading and writing - this course is designed to support you.
- Join our interactive lessons and unlock the power of Japanese. Let's achieve fluency together!

Cost	Dates	Schedule	Instructor	Location
\$83.00	Apr 10 - May 22	F 10:30am-12:00pm	Yokota	Levy Adult Center Room 6

JAPANESE - INTERMEDIATE 2

IMPORTANT: Textbook required - Genki 1, An Integrated Course in Elementary Japanese 1, 3rd ed. Book not included in course fee - students must purchase the textbook on their own. Teacher will give instructions regarding the textbook on the first day of class.

COURSE DESCRIPTION

- Students should be able to read Hiragana, and preferably Katakana as well (not required/mandatory).
- Join our interactive lessons and unlock the power of Japanese. Let's achieve fluency together!

Cost	Dates	Schedule	Instructor	Location
\$71.00	Apr 7 - May 26	T 10:30am-12:00pm	Yokota	Levy Adult Center Room 6

PHYSICAL FITNESS & WELLNESS

AEROBICS - LOW IMPACT (MORNINGS)

IMPORTANT: No class Mar 30, Apr 1, May 25. Students should wear comfortable clothing & shoes, and bring weights.

COURSE DESCRIPTION

- Emphasizes warm-up, light aerobics, stretching, balance, and strength building.
- Exercises are done standing and seated.

Cost	Dates	Schedule	Instructor	Location
\$100.00	Mar 16 - May 27	M & W 8:00am-9:00am	L. Valentine	Levy Adult Center MPR
\$88.00	Mar 16 - May 27	M & W 9:05am-10:05am	L. Valentine	Levy Adult Center MPR
\$99.00	Mar 16 - May 27	M & W 10:10am-11:10am	L. Valentine	Levy Adult Center MPR

AEROBICS - LOW IMPACT (EVENINGS)

IMPORTANT: No class Mar 30 & 31, Apr 1. Students should wear comfortable clothing & shoes, and bring weights.

COURSE DESCRIPTION

- This class is designed to improve your fitness level, including stamina, strength, and muscle tone.
- Class includes cardio, core work, and stretching.

Cost	Dates	Schedule	Instructor	Location
\$79.00	Mar 16 - May 13	M & W 5:00pm-6:00pm	Rock	Jefferson Middle School Gym
\$56.00	Mar 17 - May 12	T 5:30pm-6:30pm	Rock	Jefferson Middle School Gym

GET FIT FAST

IMPORTANT: No class Mar 31, Apr 2 & 30. Students should bring their own yoga mat and weights.

COURSE DESCRIPTION

- Individualized fitness program helps students assess their own personal muscular weaknesses, provide exercises and movements for strengthening, use their own body weight, and "tweak" movements for their particular needs.
- Learn how to adjust movements from beginning, intermediate, to advanced.
- This course is taught by a 35+ year certified professional trainer.

Cost	Dates	Schedule	Instructor	Location
\$61.00	Mar 17 - May 26	T & Th 9:10am-10:10am	P. Valentine	Levy Adult Center MPR

GET FITTER FASTER

IMPORTANT: No class Mar 31, Apr 2 & 30. Students should bring their own yoga mat and weights.

COURSE DESCRIPTION

- Individualized fitness program helps students assess their own personal muscular weaknesses, provide exercises and movements for strengthening, use their own body weight, and "tweak" movements for their particular needs.
- Learn how to adjust movements from beginning, intermediate, to advanced.
- This course is taught by a 35+ year certified professional trainer.

Cost	Dates	Schedule	Instructor	Location
\$86.00	Mar 17 - May 26	T & Th 8:00am-9:00am	P. Valentine	Levy Adult Center MPR

MUSCLE STRENGTHENING

IMPORTANT: No class Mar 30, Apr 1, May 25. Chair aerobic routine included.

COURSE DESCRIPTION

- Learn safe and proper techniques for upper and lower body strengthening.
- Improve posture, strengthen the back, assist with balance, and avoid bone loss.
- Students use free weights, elastic bands, and other equipment to enhance strength building.

Cost	Dates	Schedule	Instructor	Location
\$99.00	Mar 16 - May 27	M & W 11:15am-12:15pm	L. Valentine	Levy Adult Center MPR

TA'I CHI-QI GONG: BEGINNING

IMPORTANT: Students should be able to stand throughout the entire class, & wear low grip athletic shoes.

COURSE DESCRIPTION

- Increase your strength, endurance, balance, and stress resilience.
- Learn ancient Chinese Qi Gong exercises & the 1st part of T'ai Chi Chu'an 24 short form.

Cost	Dates	Schedule	Instructor	Location
\$35.00	Apr 8 - May 27	W 12:30pm-2:00pm	Guillermo	Levy Adult Center MPR



TA'I CHI-QI GONG: INTERMEDIATE/ADVANCED

IMPORTANT: No class Apr 30. For students who took Ta'i Chi Qi-Gong Beginning. Students should be able to stand throughout the entire class, & wear low grip athletic shoes.

COURSE DESCRIPTION

- Learn the Ta'i Chi Chu'an Short Form, Yang Style Ta'i Chi Chu'an & Qi Gong.
- Improve strength, balance, focus, and relaxation.
- Cultivate life force energy and increase the flow of "chi" throughout the body.
- New postures will be added to the Yang Style Short Form sequence, with continued refinement of the Yang Style Short Form, Long Form, and Fast Forms.

Cost	Dates	Schedule	Instructor	Location
\$74.00	Apr 9 - May 21	Th 11:00am-2:00pm	Guillermo	Levy Adult Center MPR

YOGA - CHAIR

IMPORTANT: No class Mar 31.

COURSE DESCRIPTION

- All levels welcome! This class is for those who need non-floor stretching and strengthening exercises.
- Yoga fitness exercises adapted to seated chair positions.
- Gain greater flexibility & strength through breathing, stretching & relaxation techniques.

Cost	Dates	Schedule	Instructor	Location
\$88.00	Mar 17 - May 26	T 1:00pm-2:00pm	Eichel	Levy Adult Center Music Room

SPECIAL INTERESTS

COMEDY IMPROV ACTING

IMPORTANT: No class Apr 1 & 2.

COURSE DESCRIPTION

- Learn the art of improvisational comedy and acting, where everything said and done is made up on the spot in a safe and supportive environment
- Improv is the art of acting without pre-planning; involving imagination and creativity
- Students will learn improv through theater exercises and games in order to hone listening skills, build confidence, communications skills and have fun!

Cost	Dates	Schedule	Instructor	Location
\$160.00	Mar 25 - May 20	W 6:30pm-8:30pm	Ramirez	Levy Adult Center Music Room
\$160.00	Mar 26 - May 21	Th 6:30pm-8:30pm	Ramirez	Levy Adult Center Music Room

LACTATION & BREASTFEEDING 101



IMPORTANT: Only 2 classes - Apr 16 & 23.

COURSE DESCRIPTION

- This class aims to empower expectant parents with knowledge, skills, tools, and support related to breastfeeding—an evidence-based advantage for long-term infant and maternal health and well-being.
- Breastfeeding offers significant health benefits for both infants and mothers, supporting optimal nutrition, immunity, bonding, cost-savings for the family, and a more ecological approach to feeding children.
- Because many parents lack access to accurate information, hands-on guidance, and supportive education, the instructor's goal is to equip local residents with knowledge for better breastfeeding outcomes.

Cost	Dates	Schedule	Instructor	Location
\$24.00	Apr 16 - 23	Th 6:30pm-7:30pm	Valles	Hamilton Adult Center Room 2

SPECIAL INTERESTS (CONTINUED)

FLORAL DESIGN

IMPORTANT: No class Mar 31-Apr 2, Apr 28-30.
 Each student must bring 1 dozen roses or carnations to the first class. Greens and a container will be provided **for the first class session only**. Students are responsible for bringing their own flowers and supplies for the duration of the course. A list of flowers, supplies, and vendors to purchase from will be provided at the first class session.

COURSE DESCRIPTION

- Learn to make each week's arrangement in a step-by-step demonstration.
- Advanced students will use their imagination to add to their arrangements.
- Learn how to make corsages & boutonnieres ; how to clean and preserve flowers & greens.

Cost	Dates	Schedule	Instructor	Location
\$121.00	Mar 17 - May 19	T 8:30am-11:00am	Perry	Hamilton Adult Center Room 12
\$121.00	Mar 17 - May 19	T 11:30am-2:00pm	Perry	Hamilton Adult Center Room 12
\$121.00	Mar 18 - May 20	W 6:00pm-8:30pm	Perry	Hamilton Adult Center Room 12
\$121.00	Mar 19 - May 21	Th 8:30am-11:00am	Perry	Hamilton Adult Center Room 12



HANDWEAVING ON A LOOM

IMPORTANT: No class Mar 31.

COURSE DESCRIPTION

- Learn to make a one-of-a-kind scarf, table runner, rug or fabric piece for a sewing project.
- Beginning to advanced students are welcome.
- Each student will have a loom to use for the entire session.
- Yarn and extensive instruction will be given to first-time students for the initial project.

Cost	Dates	Schedule	Instructor	Location
\$165.00	Mar 17 - May 12	T 1:00pm-5:00pm	Fleming	Griffith Adult Center Room 5

SPECIAL INTERESTS (CONTINUED)



ATTENTION: Ma Jong tiles are provided in all Ma Jong classes.

MA JONG BEGINNER/INTERMEDIATE (CHINESE NATIONAL STANDARD)

IMPORTANT: No class Apr 1.

COURSE DESCRIPTION

- This traditional tile-based Chinese game is a great way to keep the mind sharp and is often recommended for older adults to maximize brain health.
- Learn the rules of the game step-by-step and play Ma Jong in class to use your new skills.

Cost	Dates	Schedule	Instructor	Location
\$135.00	Mar 18 - May 27	W 9:00am-11:00am	Hsieh	Levy Adult Center Room 1

MA JONG INTERMEDIATE (CHINESE NATIONAL STANDARD)

IMPORTANT: No class Apr 1 & 3. For those who played / have basic Ma Jong knowledge.

COURSE DESCRIPTION

- This traditional tile-based Chinese game is a great way to keep the mind sharp and is often recommended for older adults to maximize brain health.
- Learn the rules of the game step-by-step and play Ma Jong in class to use your new skills.

Cost	Dates	Schedule	Instructor	Location
\$135.00	Mar 18 - May 27	W 11:10am-1:10pm	Hsieh	Levy Adult Center Room 1
\$135.00	Mar 20 - May 29	F 10:00am-12:00pm	Hsieh	Levy Adult Center Room 1

MA JONG ADVANCED (CHINESE NATIONAL STANDARD)

IMPORTANT: No class Apr 1. For those who played / have basic Ma Jong knowledge.

COURSE DESCRIPTION

- This traditional tile-based Chinese game is a great way to keep the mind sharp and is often recommended for older adults to maximize brain health.
- Learn the rules of the game step-by-step and play Ma Jong in class to use your new skills.

Cost	Dates	Schedule	Instructor	Location
\$135.00	Mar 18 - May 27	W 6:00pm-8:00pm	Hsieh	Levy Adult Center Room 1

PAPER REGISTRATION FORM

Student ID # _____



I attended Torrance Adult School Before: Yes No

Community Interest Enrollment Form

Last Name: _____ First Name: _____

Address: _____

City: _____ Zip Code: _____ Phone: (____) _____ - _____
Home Cell or Work

Email: _____

Gender: Male Female Non-Binary Birth Date _____
Month Day Year

Emergency Contact Information:

Contact Name: _____ Relationship: _____ Phone: _____
Home Cell or Work

Where did you hear about us: Friend Work Catalog Drive-By Internet/Web Instagram Twitter
 Facebook Family Member Other _____

Course Selection

Section #1 _____	Class Title _____	Fee Amt \$ _____
Section #2 _____	Class Title _____	Fee Amt \$ _____
Section #3 _____	Class Title _____	Fee Amt \$ _____
		TOTAL AMT \$ _____

By signing this form, I agree to the Internet Agreement on the TAS website and the photo Release Agreement in the catalog. *If you do not agree to the Photo Release agreement, please submit a letter to the Torrance Adult School Administrator. By signing this form, I allow my school information to be shared with other educational/career institutions.

Student Signature: _____ Date: _____

Payment Information: <input type="checkbox"/> Cash <input type="checkbox"/> Check # _____	Credit Card <input type="checkbox"/>  <input type="checkbox"/> 	Expiration Date: ____/____
Card # <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	Card Holder Name: _____	
		Make Checks payable to: TUSD

Entered by _____ Date _____

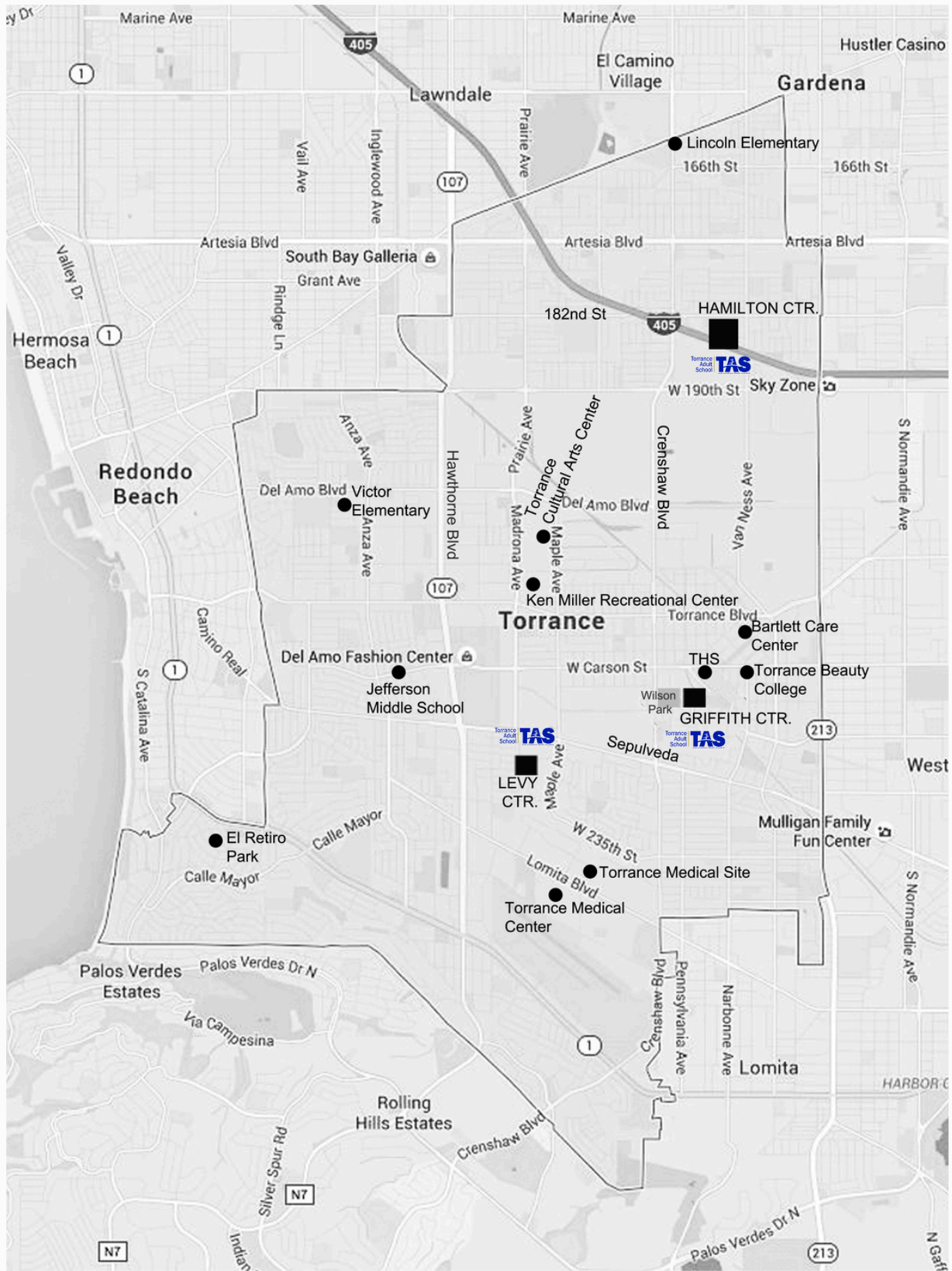
Revised 6/20/2023

TORRANCE ADULT SCHOOL LOCATIONS

HAMILTON CENTER (HAC)
2606 W. 182nd St, 90504
(310) 533-4689 ext. 8400

GRIFFITH CENTER (GAC)
2291 Washington Ave, 90501
(310) 533-4689 ext. 8300

LEVY CENTER (LAC)
3420 W. 229th Pl, 90505
(310) 533-4689 ext. 8200



TAS
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