

Crisis Services / Individual and Family Resources

Domestic Violence Hotline

National - 1-800-799-7233

Illinois Domestic Violence Helpline

1- 877-863-6338

Sexual Assault Hotline

National: 1-800-656-4673

National Suicide Prevention Hotline

Call 1-800-273-TALK (8255)

Active Minds.org-Website

<https://www.activeminds.org/about-mental-health/get-help-now/>

Crisis Hotlines - Free Self Help Webinars

Arab-American Family Services

708-687-2237
9044 S. Octavia, Bridgeview, IL 60455
www.arabamericanfamilyservices.org

South Suburban Family Shelter

708-798-7737
Hotline- 708-335-3028
www.ssfs1.org

Metropolitan Family Services

708-974-2300
10537 S. Roberts Rd., Palos Hills, IL
www.metrofamily.org

Pillars Community Services

708-745-5277
www.pillarscommunity.org

Department of Children and Family Services Support Line

1-800-25-ABUSE (1-800-252-2873)

National Suicide Prevention Hotline - Call 1-800-273-TALK (8255)

- Free 24/7 support for anyone in suicidal crisis
- Call from anywhere in the United States. You will be routed to the closest crisis center in your area. Call for yourself or someone you care about. Your call is free and confidential.
- Never ignore or underestimate remarks about suicide. If you think your child is in immediate danger, do not leave them alone— stay there and call 911 or the lifeline.

Screening, Assessment, and Support Services (SASS) for Children and Adolescents

Who Can Receive SASS Services? Any child or youth in a mental health crisis who may need public funding through the Illinois All Kids Program or Medicaid may receive SASS services.

Crisis Line:

1-800-345-9049

<https://www.dhs.state.il.us/page.aspx?item=92597>