



arbor  
Management, Inc.

2018-2019  
SKOKIE DISTRICT 68  
DECEMBER  
BREAKFAST MENU



Arbor A+ Ingredients

- ✓ Our Entrée Choices are all Whole Grain Rich!
- ✓ Local fruit is served whenever possible!
- ✓ Our Milk is Hormone-free and produced on sustainable farms!

Category 1 Entrée

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Cinnamon French Toast or	Strawberry Pop Tart or	Fruity Yogurt & Graham Bears or	Blueberry Muffin or	Mini Maple Pancakes or
Whole Grain Bagel & Cream Cheese or	Banana Muffin or	Mini Blueberry Waffles or	Strawberry & Yogurt Chex Mix or	Breakfast Donut or
Breakfast Donut	Cereal Bar	Whole Grain Bagel & Cream Cheese	Strawberry Pop Tart	Whole Grain Bagel & Cream Cheese

**Breakfast** \$1.50

"Meal Deal"

We offer a complete Breakfast!  
Entrée

Fruit Serving 1  
Fruit Serving 2  
Milk

You can have all four items but must choose 3 at a minimum and one of those 3 must be fruit!

Category 1 Alternate Entrée

Whole Grain Rich Cereal in a variety of flavors served with Vanilla Graham Bears.

Category 2 - Fruit or Juice

A 1/2 cup serving of 100% Fruit Juice or Fresh, Canned or Frozen Fruit

You may have 2 servings of fruit, but you must have at least 1 serving.



Category 3 - Fruit or Juice

A 1/2 cup serving of 100% Fruit Juice or Fresh, Canned or Frozen Fruit

You may have 2 servings of fruit, but you must have at least 1 serving.

Category 4 - Choice of Milk

1% White or Skim Chocolate



Arbor Management, Inc. is pleased to be the food service provider to School District.

We welcome your comments and suggestions. Marv Barishman, Food Service Director @ 847-568-7586

