



**FEBRUARY 2019
BREAKFAST ALL SCHOOLS
Skokie SD 68**



Arbor A+ Ingredients

- ✓ Our Entrée Choices are all Whole Grain Rich!
- ✓ Local fruit is served whenever possible!
- ✓ Our Milk is Hormone-free and produced on sustainable farms!

Category 1 Entrée

Monday	Tuesday	Wednesday	Thursday	Friday
French Toast Sticks & Syrup	Egg & Cheese Breakfast Sandwich on English Muffin	Chocolate Graham Bears & Cheese Stick	Whole Grain Blueberry Muffin	Buttermilk Pancakes & Syrup
or CHERRY YOGURT & Cinnamon Graham Bears	or Cheese Stick & Cinnamon Graham Bears	or Buttermilk Waffle Sticks	or Whole Grain Banana Muffin	or Cheese Stick & Chocolate Graham Bears
or Cheese Stick & Chocolate Bears	or Whole Grain Bagel & Cream Cheese	or Whole Grain Bagel & Cream Cheese	or Whole Grain Strawberry Pop Tart	or Whole Grain Bagel & Cream Cheese

**Breakfast \$1.50
"Meal Deal"**

We offer a complete Breakfast!
Entrée
Fruit Serving 1
Fruit Serving 2
Milk

You can have all four items but must choose 3 at a minimum and one of those 3 must be fruit!

Category 2 Alternate Entrée Any Day

Whole Grain Rich Reduced Sugar Cereal in a variety of flavors served with Vanilla Graham Bears.

Category 3- Fruit or Juice

A 1/2 cup serving of 100% Fruit Juice or Fresh, Canned or Frozen Fruit

You may have 2 servings of fruit, but you must have at least 1 serving.



BREAKFAST MEAL
-Please select 1 entrée from category 1 or 2.
-Select milk & one or both Fruit and/or juice

Category 4 - Choice of Milk
1% White or Skim Chocolate



Arbor Management, Inc. is pleased to be the food service provider to Skokie School District 68.

We welcome your comments and suggestions. Marv Barishman, Food Service Director @ 847-568-7586

