

Skokie District 68 Elementary Schools

FEBRUARY 2019



Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 2px solid blue; padding: 5px; color: red; text-align: center;"> JOIN US FOR SPECIAL OFFERING of CHERRY YOGURT EVERY MONDAY IN FEBRUARY AT BREAKFAST MEAL </div>				1
				PARENT/TEACHER CONFERENCE DAY NO SCHOOL
4	5	6	7	8
Soft Tacos w/Turkey Taco Meat & Shredded Cheese or Chicken Sandwich on Whole Grain Bun Fruit & Veggies	Chicken Nuggets and Whole Grain Roll or Homemade Mac & Cheese with Garlic Bread Fruit & Veggies	Cheese Pizza With Whole Grain Crust or Turkey Hot Dog on Whole Grain Bun Fruit & Veggies	Whole Grain Buttermilk Pancakes w/Egg Patty or Fresh Cut Fruit Plate with Fruity Yogurt Fruit & Veggies	Fish Fillet Sandwich With Cheese on Whole Grain Bun or Cheese Stuffed Whole Grain Sticks Fruit & Veggies
11	12	13	14	15
Chicken Sandwich on Whole Grain Bun Or Grilled Cheese Sandwich Baked Hash-brown Patty Fruit & Veggies	Nacho Supreme w/Taco Meat & Shredded Cheese or Cheese Stuffed Whole Grain Sticks Fruit & Veggies	Cheesy Garlic Flatbread or Salisbury Steak w/Smashed Potatoes and Gravy & Roll Fruit & Veggies	Baked Pasta with Mozzarella Cheese & Garlic Bread or Cheesy Burger Fruit & Veggies	Cheese Pizza With Whole Grain Crust or Mini Corn Dogs Fruit & Veggies
18	19	20	21	22
PRESIDENTS' DAY NO SCHOOL	Soft Tacos w/Taco Meat & Shredded Cheese or Cheese Pizza With Whole Grain Crust Fruit & Veggies	Homemade Cheese Quesadilla on Whole Grain Tortillas or Mini Corn Dogs BBQ Baked Beans Fruit & Veggies	Chicken Nuggets or Homemade Mac & Cheese Fruit & Veggies	Cheesy Burger on Whole Grain Bun or Strawberry Yogurt with Whole Grain Banana Muffin Fruit & Veggies
25	26	27	28	
Chicken & Whole Grain Waffle Sandwich or Cheesy Garlic Flatbread Fruit & Veggies	Toasted Cheese Sandwich or Chicken Strips With Whole Grain Roll Fruit & Veggies	Chicago Style Hot Dog on Whole Grain Bun or Cheese Pizza With Whole Grain Crust Home Made Coleslaw Fruit & Veggies	Buttermilk Pancakes w/Turkey Sausage Patty or Hummus, Whole Grain Pita And Veggie -Cut Plate Fruit & Veggies	

Lunch
\$2.90
 Milk is Included With Meal

Milk
\$.65
 A variety of Milk is Offered Daily

Questions about the menu?
 Marv Barishman
arbor@skokie68.org
 847-568-7586

For more information or to "Ask the Dietitian", check out our website!



Additional Entrees Available Daily:

- Peanut Butter & Jelly Sandwich
- American Cheese Sandwich
- Meatless Garden Salad with Cheese & Whole Grain Roll
- Turkey Cold-Cut Submarine Sandwich

Choice of 2 Vegetables & Fruit with every meal

Items in Green are the Vegetarian Choice

Menu changes are occasionally necessary. Notice will be given when possible.

This institution is an equal opportunity employer.